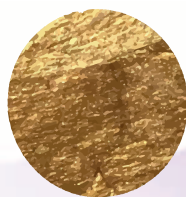




RIGHTS GUIDE

2023

SPIRITUALITY – SELF-HELP / COUNSELLING – BODY IN BALANCE



DEAR COLLEAGUES AND PARTNERS,

We are very happy to present you our Foreign Rights Guide 2023!

Please have a look at this year's titles and get an impression of the whole range of our programme.

For those of you not yet familiar with Schirner Publishing – a brief introduction:

Schirner Verlag GmbH & Co. KG is one of the leading spiritual publishing houses in Germany. This successful family business publishes around 80 non-fiction and fiction books, card decks, CDs, DVDs, and calendars every year. The topics range from »Spirituality« via »Self-help / Counselling« to »Body in Balance«.

Please feel free to contact us for more information about those books and products of particular interest to you or of which you would like to receive review copies.

We look forward to hearing from you.

Kind regards,

Heidi & Markus Schirner



For all Foreign Rights inquiries please contact:

Rudolf Scholz

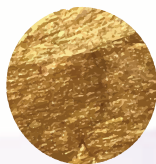
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64295 Darmstadt
Germany

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page 4: Elena Dudina, www.elenadudina.com; page 30: Klaus Holitzka, www.holitzka.de



Spirituality



The return of the dragons

Already more than
3,400 copies sold

Ascended Masters, elves, gods, angels – the realm of spiritual helpers and mentors is vast and diverse. In times of yore, the dragons, the oldest creatures in our universe, connected with these entities. This is how powerful and wise energetic fields were created that have supported us on our way to higher levels of consciousness ever since. Thanks to these 43 impressive cards, you can feel these powerful connections directly. Let yourself be touched by the messages of dragon riders from all times, countries and cultures – such as Kuan Yin, archangel Michael, Mother Mary, planetary god Mars, the Celtic goddess Cerridwen, or Gaia – and of their dragons. They will give you love, courage, abundance, happiness as well as a clear and peaceful view on every situation in life and will connect you deeply with your soul.

- › with enchanting pictures by Elena Dudina, the artist of the successful card deck »Soul Realm Oracle«
- › powerful dragons meet mentoring elves, angels, Ascended Masters, and gods
- › **more than 70,000 copies sold of Arana Fader's card decks**



Christine Arana Fader • Elena Dudina
Dragons and Dragon Riders

card deck
89 x 127 mm
43 cards including guidebook
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9198-3

Publication: March 2023

Rights already sold: English



Christine Arana Fader grew up protected by Spirit from early on and was connected to the dragon energy in 2000. She has been trained by dragons and other lightful beings and by her dedicated work became the »Dragon Woman«. With great commitment and love, she shares her insights about the energies of the dragons, Avalon, and elves and their messages in her workshops, books, and card decks to open up new horizons.
www.goldkamille.de

Christine Arana Fader's works have been translated into 6 languages.

Soul Realm Oracle



A profound introduction for beginners to get started

Sacred Geometry is everywhere: in its origin, the smallest cell, every plant, animal, and human being, each stone and every star is composed of perfect basic shapes. The Platonic solids and the sphere underlie the entire material world. They are the keys with which we can understand our lives' challenges and topics, transform them, and bring them back into perfect harmony of creation and the original matrix.

Jeanne Ruland and Gudrun Ferenz, two experts on the subject of »Sacred Geometry«, make us familiar with the basic elements of creation. They initiate us into the secrets of Metatron's Cube, the Flower of Life, the sphere, and all the Platonic solids – hexahedron (earth), tetrahedron (fire), icosahedron (water), octahedron (air), and dodecahedron (ether) – and show us their practical application. Whether we want to find focus and inner peace, cleanse room energies, access spiritual energy and hidden perspectives, shape our own destiny, or accelerate the light-body process: guided by this book we can dive into the unlimited possibilities that Sacred Geometry provides to us.

- › **the entire Sacred Geometry is based on the Platonic Solids**
- › **describes numerous field reports as well as many practical application possibilities**
- › **more than 162,000 copies sold of Jeanne Ruland's works on the topic of »Sacred Geometry«**



Jeanne Ruland • Gudrun Ferenz

The Sacred Geometry of the Platonic Solids

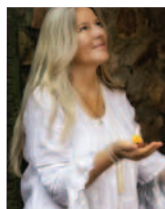
Discovering and applying the basic
elements of creation

gatefolded paperback
170 x 240 mm
200 pages
coloured, with many illustrations

€ 22,00 (GER)

ISBN: 978-3-8434-1540-8

Publication: September 2023



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.

www.shantila.de

Jeanne Ruland's works have been
translated into 8 languages.



For many years, the Hessian **Gudrun Ferenz'** field of expertise has been earth healing in connection with Agnihotra, the primeval fire ritual. She intensively treated and healed her own property in this way and thus paved the ground for a very special seminar centre to be created on lightful earth. There she offers seminars on Sacred Geometry, shamanism, and ancestor work as well as courses on Agnihotra.

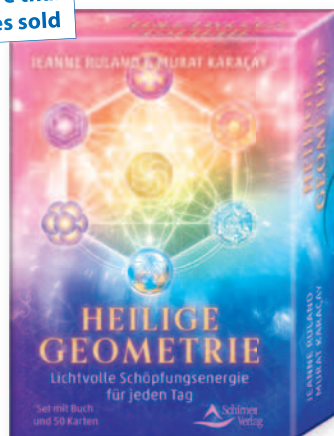
www.haus-der-pyramiden.de

Enter the universal field of creation

Already more than
3,000 copies sold

Sacred Geometry leads us back into unity, perfection, beauty, and harmony. With the help of these 50 highly vibrating cards and profound messages, we gain a unique perspective on the perfect shapes and infinite patterns of creation such as the spiral, Flower of Life, Metatron's cube, or the lemniscate. Sacred Geometry is to be found in all things, from the smallest to the largest. If we align ourselves with it, we get into harmony with the highest light and unfold our creative powers. Embedded in the field of unlimited, harmoniously flowing vital energy, we can allow ourselves to be guided with confidence, let unfold our own divine light, and create paradise on earth in our lives once again.

- › features all well-known and proven patterns and shapes of Sacred Geometry
- › offers valuable background knowledge
- › allows to recharge yourself daily with highly vibrating new energy
- › more than 162,000 copies sold of Jeanne Ruland's works on the topic of »Sacred Geometry«



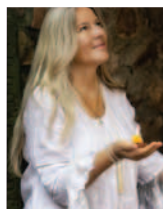
Jeanne Ruland • Murat Karaçay
Oracle of Sacred Geometry
Lightful energy of creation
for every day

card deck
89 x 127 mm
50 cards including guidebook
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9197-6

Publication: February 2023



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.
www.shantila.de

Jeanne Ruland's works have been translated into 8 languages.



For over two decades, the media designer, digital artist, and photographer **Murat Karaçay** has been involved with spirituality, both professionally and privately. He has designed more than 1000 covers for various publishers on a wide range of topics: from A for astrology to Z for Zen Buddhism. Together with his wife Jeanne Ruland, he has realised numerous book, card deck, and audio projects.
www.spiritualmedia.de

Murat Karaçay's works have been translated into 2 languages.

Finding back to our star origin

Do you sometimes raise your eyes to the stars, in hope of finding answers to your life's questions there? Already our ancestors knew that our origin was to be found in space. Based on ancient shamanic traditions, this card deck gives you precious insights into your cosmic connections. Let yourself be enchanted by the amazing images and be carried through the galaxies to your roots. Find out which star civilisations surround you and how you can get in contact with your spirit family. The guidebook provides you with simple exercises to recognise whether you carry Pleiadian, Reptilian, or Arcturian starseed energies and helps you understand their meaning for your life. Furthermore, you will cleanse yourself of foreign energies, activate your »dormant« DNA, and open your consciousness – to receive the wisdom of the vast universe which awaits you!

- › all about our connection to the star civilisations of the Arcturians, Sirians, Orionians, Andromedans, and Pleiadians
- › combines indigenous traditions with modern science
- › with galactically beautiful pictures by Petra Kühne
- › **more than 72,000 copies sold of Lisa Biritz' works on the topic of »shamanic wisdom«**

Already more than
1,500 copies sold



Lisa Biritz • Petra Kühne
Shamanic Starseed Wisdom

card deck
89 x 127 mm
44 cards including guidebook
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9212-6

Publication: September 2023

Rights already sold: English



The successful author **Lisa Biritz** travelled around the world and learned the WHO-approved shamanic work according to both Sandra Ingerman (»core shamanism«) and Sun Bear. After living in Hawaii for many years, she and her family moved back to Vienna, Austria. There she offers seminars and continues to organise group trips to Hawaii.
www.lisarainbow.com

Lisa Biritz' works have been translated into 3 languages.



Petra Kühne studied sociology and worked in publishing houses before devoting herself entirely to her artistic vocation as an independent spiritual artist. Since then, she has created illustrations for many card decks by international spiritual authors, among others Chuck Spezzano. Imaginative archetypal motifs, mostly set in mystical or fairytale-like realms, are characteristic of her work.
www.petralefaye.de

Petra Kühne's works have been translated into 1 language.

Heaven is a place inside of us

Already more than
1,600 copies sold

We all long for fulfillment, joy, and inner peace. We want to find a place in this world where we feel at home, safe, and connected – and from where we can reach for the stars in order to realise our dreams and follow our destiny. Where is this special place? It lies within us, in our centre. Only there we are in true harmony with our soul and our power of creation.

Susanne Hühn, holistic physiotherapist, seminar leader, and well-known guidebook author, shows us with numerous exercises how we can trustfully connect with our centre and let the power of our soul flow into all areas of our being. When we have become aware of being both of human and of spiritual nature at the same time, we are able to turn our lives into heaven on earth: we take good care of ourselves, feel valuable, know and use our strengths, find ingenious solutions, and have loving relationships. Then being truly happy is no longer a distant goal, it becomes a lived reality.

- › provides manifold impulses to discover the creative greatness of your soul
- › well-known international author with a large reading community and fan base



Susanne Hühn
Draw Strength from Your Soul
Fulfilling your life's mission guided by basic trust and self-care

paperback
144 x 205 mm
184 pages
coloured, with illustrations

€ 19,95 (GER)

ISBN: 978-3-8434-1529-3

Publication: May 2023



Understanding and Finally
Overcoming Addictions

BACKLIST



Susanne Hühn lives in Reinheim, Hesse. She is a holistic physiotherapist, seminar leader, and internationally known guidebook author. Her focus is on working with the inner child and on teaching emotional intelligence and inner freedom. Consciously applied self-compassion forms the key element of her method. She shares her knowledge in her numerous books as well as in lectures, tutorials, and seminars – at home, abroad, and online.
www.susannehuehn.de

Susanne Hühn's works have been translated into 8 languages.

One of Jeanne Ruland's earliest works – now carefully revised and enhanced

Already more than
3,100 copies sold

Dreams are reflections of our soul and an expression of our spiritual energy. They send us signs, warn us, and sometimes even grant us a glimpse into the future. In the past dreams were considered sacred, and still are today in some native cultures.

Within this book, Jeanne Ruland reveals the deep wisdom, healing power, and beauty of mankind's dream world: What exactly happens when we dream? What is the purpose of dreams, how do we understand their messages, and what can we learn from them? She describes 40 types of dreams, from waking, symbolic, or karmic dreams to astral projection or temple sleep.

The best-selling author explains the most important symbols and shows how, by conscious interaction with dreams, we can understand the signs and traces of our soul, rediscover our balance, and activate our inherent healing powers. An extensive practical section with sleep rituals and techniques from various spiritual traditions enables us to consciously experience our dreams and gain insights into deeper layers of our being.

- › profound introduction to spiritual dream work
- › everything about dreaming in practice: from successful sleep preparation via conscious intervention while dreaming to etheric and astral projection
- › precious way to gain access to the subconscious



Jeanne Ruland
The Healing Wisdom of Dreams
A spiritual guide through the world of dreams

gatefolded paperback
170 x 240 mm
240 pages
coloured, with many illustrations

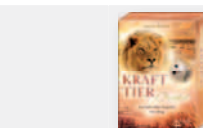
€ 22,00 (GER)

ISBN: 978-3-8434-1528-6

Publication: May 2023



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.
www.shantila.de



Power Animal Oracle

BACKLIST

Jeanne Ruland's works have been translated into 8 languages.

Profound harmony through universal geometry

Already more than
2,300 copies sold

The simple, yet highly powerful symbols of the Transformation Code speak directly to our subconscious and our soul. In this way, they not only harmonise imbalances and dissolve blockages, they also pave our way into the New Age. Visualised, transferred to water, or painted on the body, they enable us to infuse our entire energy system with high frequencies. These will lead to true greatness, expand clairvoyant senses, or set an impulse for self-healing – in ourselves, in others, and even in our children or pets.

In the guidebook, the authors also introduce us to the powerful advanced technique »three-dimensional projection«. Furthermore, this card deck can be combined with the previous deck »Transformation Code I« for even deeper guidance and support on our path to true awareness.

- › working with cosmic symbols is very popular
- › easy to implement without any prior knowledge
- › clear instructions for kinesiological testing
- › very powerful tool for gaining access to universal energies
- › **more than 5,400 copies sold of »Transformation Code I«**



Simone Overath • Katrin Lambert
Transformation Code II
More symbols of the New Age

card deck
89 x 127 mm
45 cards including guidebook
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9202-7

Publication: March 2023



Simone Overath from Sinzig, Rhineland-Palatinate, was born with the ability to write intuitively. During meditations, she discovered early on that in particular visual reception is her way of communicating with Spirit. Thanks to her affinity for geometry, she has a great openness for the symbols of the archangel energy. She uses these two abilities in combination to support people on their path into a conscious spiritual future.

www.simone-overath.com | www.transformation-code.com



Katrin Lambert from Ratingen, North Rhine-Westphalia, is a designer and certified practitioner of New Homeopathy according to Körbler. For many years, she has been working with this repertoire of signs to harmonise the problems of her clients and to increase their energetic frequency. From her enormous wealth of experience, she uses numerous methods in addition to the symbols that serve transformation.

www.quantum-transformation.com | www.transformation-code.com

How to align with the ancient circle of life

The eight traditional Celtic-Germanic seasonal festivals – such as Beltane and the solstices – are deeply rooted in our consciousness still today. When we manage to live in harmony with the rhythms of nature and follow the call of deities like Brigid, Cernunnos, or the Morrigan, we gain a deeper understanding of life itself. Then we can see that every development, every project, every topic goes through phases of sowing and growth, blossoming and harvest, and retreat and preparation for the next cycle.

This card deck shows us whether it is time to start something new or gather our strength, whether we should reflect on ourselves or open up to the outside. Not only on the respective festival day, but at any time of the year we are able to recognise where we are on our life's path and receive confidence, orientation, and strength for our further progress.

- › intuitively finding orientation and developing inner strength
- › vivid watercolours full of inspiration
- › **more than 41,000 copies sold of Antara Reimann's works on Nordic shamanism**

Already more than
1,700 copies sold



Antara Reimann • Peter Eckel •
Grit Rademacher
Wheel of the Year
Oracle of the Celtic seasonal festivals

card deck
89 x 127 mm
48 cards including guidebook
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9200-3

Publication: July 2023



Antara Reimann from Neustadt/Wied, Rhineland-Palatinate, is a certified shamanic healer. Since 1995 she has been running the »Licht-Focus« center. Ever since, the runic powers in particular have been part of her life and work, for which she offers lectures, readings, and workshops. Her other fields of expertise are shamanic coaching, treatments, and rituals.
www.lichtfocus.de

Antara Reimann's works have been translated into 1 language.



Peter Eckel, a native of the Sauerland, North Rhine-Westphalia, has been involved in shamanism and spirituality for more than 20 years. His passions include guided meditations and working with healing stones, especially rock crystals. As an experienced medium, the support and guidance of the spiritual worlds is at his disposal.
www.petereckel.de

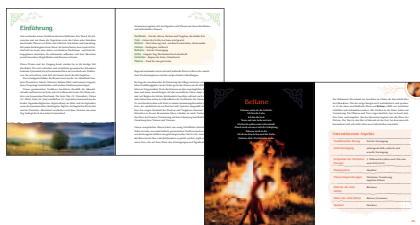
Peter Eckel's works have been translated into 1 language.

Explore the magic of life

Already more than
2,000 copies sold

Our ancestors perceived time as a cyclical phenomenon: the moon, the seasons, and all life undergo phases of rest and activity, growth and gathering; with each ending, something new begins. Every year, Celtic and Germanic tribes honoured this eternal cycle and its changing qualities of time at eight seasonal festivals. For many years, Antara Reimann and Peter Eckel have lived in awareness of the natural cycle of life. Within this book, they share inspiring impulses, traditional knowledge, simple meditations, and ritual instructions as well as seasonal recipe ideas with us. This way, we will be able to experience each period of the year intensively. We learn to understand when it is time to let go of the old or to dare the new, to make plans or to become active. In harmony with the rhythms of nature, we gain confidence and clarity for our path, feel gratitude, and can celebrate Mother Earth and life itself.

- › great interest in pagan traditions
- › unfolding life following the rhythms of nature
- › popular authors on topics of Nordic shamanism



Antara Reimann • Peter Eckel **Celebrating the Wheel of the Year**

How to enrich life with the
energies of the Celtic and
Germanic seasonal festivals

paperback
162 x 220 mm
168 pages
coloured, with many illustrations

€ 19,95 (GER)

ISBN: 978-3-8434-1530-9

Publication: September 2023



Antara Reimann from Neustadt/Wied, Rhineland-Palatinate, is a certified shamanic healer. Since 1995 she has been running the »Licht-Focus« center. Ever since, the runic powers in particular have been part of her life and work, for which she offers lectures, readings, and workshops. Her other fields of expertise are shamanic coaching, treatments, and rituals.
www.lichtfocus.de

Antara Reimann's works have been
translated into 1 language.



Peter Eckel, a native of the Sauerland, North Rhine-Westphalia, has been involved in shamanism and spirituality for more than 20 years. His passions include guided meditations and working with healing stones, especially rock crystals. As an experienced medium, the support and guidance of the spiritual worlds is at his disposal.
www.petereckel.de

Peter Eckel's works have been
translated into 1 language.

Discover the mysterious realms of the wee folk

A flower stretches its head towards you, the branch of a tree beckons you, a feather floats to the ground in front of your feet ... Whoever thinks that these things mean nothing is mistaken: all these inconspicuous signs are messages for you – from the world of nature spirits! They are home in the smallest flowers, on islands or mountains, in rivers or forests, even in volcanoes. Everywhere where nature is still alive and powerful, they guard and preserve its treasures.

Whether mermaids, undines, salamanders, dwarves, goblins, gnomes, elves, fairies, or trolls: this book tells and shows who they are, how and where they live, and in which way they can influence your life. Spiritual journeys and nature rituals will open portals to the realms of the wee folk and bring you into contact with their powers. Once you have opened yourself to their messages, you can witness true miracles! Some experiences with them will be funny, others touch you deeply in the soul. Anyway, they give you the reassuring feeling of being protected and sheltered – always and everywhere.

- › diving deep into the magical life of 58 different nature spirits
- › messages, rituals, and tips providing an intensive connection with the wee folk
- › beautiful pictures by popular artist Petra Arndt

Already more than
1,500 copies sold



Jeanne Ruland • Petra Arndt
Secret World of Nature Spirits
The book of wee folk

gatefolded paperback
162 x 220 mm
304 pages
colour illustrations throughout

€ 24,95 (GER)

ISBN: 978-3-8434-1539-2

Publication: August 2023



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.

www.shantila.de

Jeanne Ruland's works have been translated into 8 languages.



Petra Arndt has been receiving and painting lightful pictures since childhood. She designed and produced fashion and accessories, provided intensive art therapy for sick people, gave painting workshops, and was a lecturer at a cultural and educational centre. She works freelance as a painter, designer, and illustrator.

www.petra-arndt.com

Petra Arndt's works have been translated into 2 languages.

Remember the wisdom you have been given

Already more than
3,100 copies sold

Sometimes we reach a point in life where we ask ourselves: »What next? Where can I find healing? Where happiness? What is my purpose?« Then we want someone to take our hand and say: »This way. This is your path. This is you!«

The 40 atmospheric cards connect you with a part of yourself that you can follow with confidence at any time: the wise inner shamaness. As you listen to her messages, she reminds you of the wisdom of your soul and that there is so much more within you that wants to be revealed and lived. Are you ready? Then set out and begin your journey at the end of which you will reconnect to your true self. And be aware at every step: it is your path, it is your wise shamaness who is speaking to you. It is your soul power that you are going to awaken day by day.

- › intuitively following your soul path
- › usable for shamanic initiation as well as daily impulses
- › **more than 47,000 copies sold of Ina Ruschinski's shamanic novels »Soul Paths«, »Gaia's Call«, and »The Shamaness' Letter«**



Ina Ruschinski • Aaron-João Markos
The Wise Shamaness in You
Awaken your soul power

card deck
89 x 127 mm, XL card box
40 cards including paperback
guidebook (88 pages, 115 x 165 mm)
coloured

€ 29,95 (GER)

ISBN: 978-3-8434-9203-8

Publication: May 2023



Ina Ruschinski is an author, Reiki master, educator, and horse-riding teacher. In her works she shares her many years of experience devoted to energy work and shamanism. She lives in Oldenburg and has been working in a social institution with children and young people as well as horses since 1994.
www.ina-ruschinski.de



Aaron-João Markos is an illustrator and designer. After completing his studies and working in the games industry, he set up his own business as a graphic designer. The focus in his personal creative work is on people whose diversity inspires him again and again. He lives and works in Berlin.
www.artstation.com/aaron-joao

Powerful divine support is just one card away

It is said they are closest to God: the seraphim. These six-winged angels of the highest celestial rank wield and symbolise love, light, and fire and can awaken the powers of creation within you. You may ask the seraphim to carry you to divine spheres and further to the temple of creation. Their loving messages and inspiring impulses support you in all your plans and the realisation of your dreams, wishes, and hopes. Moreover, they enable you to fulfill your destiny. Whether the topics of »faith«, »inner knowledge«, or »lightful healing«, the celestial energies of these cards give you courage, confidence, and trust to pursue your life's path and lead you straight into a new blessed era of being.

- › the most successful card deck on the seraphim
- › by angel expert Melanie Missing



Already more than
1,800 copies sold



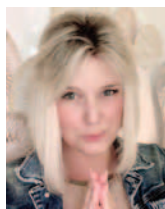
Melanie Missing • Christiane Treichel
The Seraphim Oracle
Receiving messages from the
Temple of Creation

card deck
89 x 127 mm
40 cards including guidebook
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9199-0

Publication: May 2023



In the German-speaking world, **Melanie Missing** is one of the best-known authors on the subject of »unicorns« and, in addition to books, card decks, and audio works, has published her award-winning unicorn essences in her company »Garten Eden« in Kassel, Hesse. Melanie's other fields of expertise are angels, the legacy of Avalon as well as the energies of the holy Marys.
www.einhornessenz.de

Melanie Missing's works have been translated into 2 languages.



Christiane Treichel lives in Schleswig-Holstein. Already in childhood she loved painting and drawing. After an apprenticeship as an advertising technician, she devoted herself primarily to her family – and through this focus she found access to the source of all being again. Today, she is painting in every free minute, inspired by the diversity of the world.
www.lichtbuntebotschaften.de

Christiane Treichel's works have been translated into 1 language.

From the first impulse of creation to blessed completion

Already more than
3,300 copies sold

Since times of yore, the 12 holy nights of Yule have provided us with insights into the web of life. It is a powerful time of guidance by the spirits that enables us to say goodbye to old paths and patterns, be daring to make new beginnings, create visions of our future, and actively set the course for our destinies.

The Twelvenight work becomes even more effective by including the Flower of Life, the vivid pattern of creation. It is the most profound of all energy symbols. Each of its circles holds the golden seed of manifestation and transformation. Through inspiring exercises, meditations, and rituals during the holy nights, we can use the Flower of Life's power to establish 13 powerful energetic spaces to initiate a unique process. Harmony, health, success as well as abundance will grow, develop, and fulfil our lives, thus making our desires and visions unfold.

- › **first book about using the the most powerful symbol of Sacred Geometry in the most magical time of the year**
- › **the Flower of Life is a booster for happiness, harmony, and abundance**
- › **the Twelvenights are the perfect occasion for the manifestation of visions and dreams**



Marion Odile Grübel
The Power of the Flower of Life during the Twelvenights

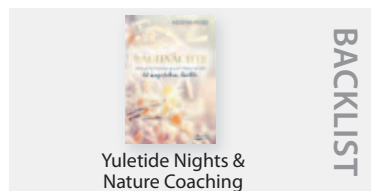
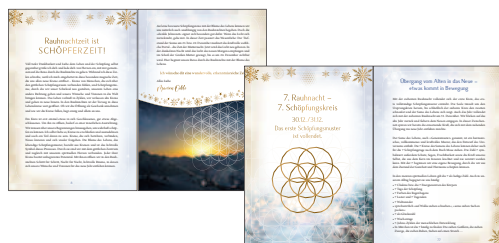
Unfolding your wishes and visions supported by the most popular symbol of Sacred Geometry

paperback
170 x 240 mm
128 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1550-7

Publication: October 2023



BACKLIST

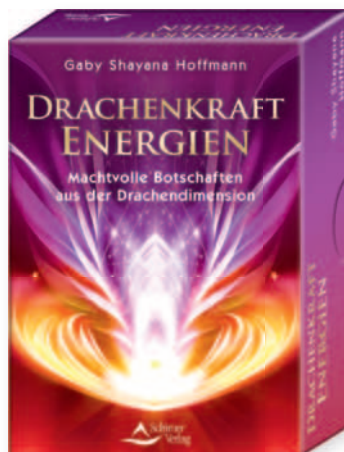


Marion Odile Grübel from Rhineland-Palatinate has felt a deep connection with the mysteries of life since her childhood. She has completed various trainings, among them in Huna, mediumship, Byron Katie's »The Work«, and »Transformation Therapy« according to Robert Betz. For more than a decade she has accompanied people on their way through life crises, grief work, or ended relationships. She offers trainings, international seminars, and workshops on various spiritual topics as well as blessing ceremonies.
www.marion-gruebel.de

Recognising ourselves as self-determined and creative beings

With this card deck, Gaby Shayana Hoffmann created unique multidimensional portals that allow us to immerse ourselves in the powerful energies of the dragon consciousness. If we open ourselves to joy, we experience ease in life. If we come to peace, we receive new energy. If we trust the wise power of the heart, it lovingly guides us on our path. Supported by the intense vibrations and clear messages of the dragons, we can unfold our creative power in everyday life and attain true freedom.

- › dragon power made accessible via energetic art
- › visualising the energies has an immediate effect
- › suitable for therapeutic work
- › **more than 8,000 copies sold of the previous edition**



Gaby Shayana Hoffmann
Dragon Consciousness Oracle
 Powerful messages from the dimension of dragons

card deck
 89 x 127 mm
 50 cards including instruction
 coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9215-7

Publication: August 2023



The Treasury
of Your Soul



I believe in Unicorns



Heavenly & Lightful
Companions



I AM
Light & Love

BACKLIST



Gaby Shayana Hoffmann is a holistic spiritual artist and author. For more than two decades, she has been creating highly energetic mandalas and illustrations as well as powerful images of light-beings that touch heart and soul in her studio »Dolphins DreamDesign«. Her heartfelt desire to remind other people of how unique and wonderful they are flows into the texts and messages of her books and card decks.
www.dolphins-dreamdesign.de

Gaby Hoffmann's works have been translated into 2 languages.

Both a workbook and an introduction

Already more than
1,800 copies sold

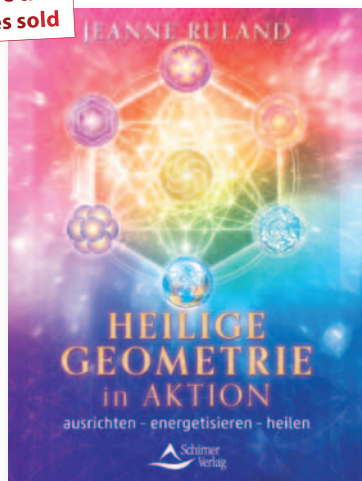
Pyramid, sphere, Flower of Life – you surely know about these symbols and their meanings. But how can they actually be used? Best-selling author Jeanne Ruland compiled a range of exercises and meditations for the most famous patterns of Sacred Geometry which enable you to actively connect with the universal field of creation.

Thanks to this book, you ...

- will understand in depth what Sacred Geometry is,
- how you can work with it intuitively in all areas of life,
- and get into action easily and uncomplicatedly.

For example, let yourself be protected by the pentagram anytime and anywhere, bring harmony into your relationships with the lemniscate, or free rooms from negative energies with the vortex field. Sacred Geometry is as living, moving, and fertile as life itself and probably one of the most powerful energetic tools to forge your life in accordance with the universe.

- › **easy to understand and to apply**
- › **with numerous exercises for everyday use**
- › **written by the expert Jeanne Ruland**
- › **more than 162,000 copies sold of the author's works on the topic of »Sacred Geometry«**



Jeanne Ruland
Sacred Geometry in Action
Aligning, energising, healing

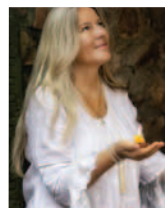
gatefolded paperback
154 x 205 mm
144 pages
coloured illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1535-4

Publication: March 2023

Rights already sold: Italian, Polish



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.
www.shantila.de

Jeanne Ruland's works have been translated into 8 languages.



Archangel Raphael and
the Power of the Green Ray

BACKLIST

Be accompanied by your personal light-bringers

Do you sometimes wonder ... what is still holding you back, when will your wishes finally come true, or what is awaiting you tomorrow? Allow the Angels of the Golden Age to guide you in a gentle way. They are at your side not only to answer precisely these questions: they show you new paths and qualities of time. Even though time may be of great significance to mankind here on earth, it does not matter at all in the world of angels. Through their loving messages, they open light-portals to higher levels of being for you – and give you everything you need to connect with their divine energy and enter a golden future.

- › recognising what is important in life
- › heart-opening angel pictures
- › angel oracles inspire the spiritual community



Already more than
1,400 copies sold



Melanie Missing • Christiane Treichel
Angel Oracle of the Golden Age

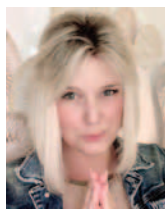
card deck
89 x 127 mm
40 cards including guidebook
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9213-3

Publication: July 2023

Rights already sold: Polish



In the German-speaking world, **Melanie Missing** is one of the best-known authors on the subject of »unicorns« and, in addition to books, card decks, and audio works, has published her award-winning unicorn essences in her company »Garten Eden« in Kassel, Hesse. Melanie's other fields of expertise are angels, the legacy of Avalon as well as the energies of the holy Marys.

www.einhornessenz.de

Melanie Missing's works have been translated into 2 languages.



Christiane Treichel lives in Schleswig-Holstein. Already in childhood she loved painting and drawing. After an apprenticeship as an advertising technician, she devoted herself primarily to her family – and through this focus she found access to the source of all being again. Today, she is painting in every free minute, inspired by the diversity of the world.

www.lichtbuntebotschaften.de

Christiane Treichel's works have been translated into 1 language.

Have faith!

In life, there is always a guardian angel by your side, though maybe unseen. Whether you are facing a new beginning or looking for inspiration, whether you want to maintain your inner balance or transform your patterns of belief, this card deck's inspiring prayers and motivating affirmations make it easy for you to contact your heavenly companion and ask for their support. The radiant, beautiful images and heart-touching messages by the popular angel artist Eva Gach convey divine harmony and love. Due to their sensitive impulses you will always feel reassured of having a protector at your side.

- › with angel prayers that give courage and security at any time
- › a must-have for all angel fanciers
- › ideal everyday companion and wonderful gift



Eva Gach from Niederwinkling, Lower Bavaria, is an artist, occupational therapist, and, above all, a person of heart. Painting and being creative have been part of life for the mother of three since her earliest youth. With her works she wants to touch, inspire as well as convey lightness, hope, and zest for life. Nowadays, she also passes on her knowledge with love in various workshops.
www.magie-auf-reisen.de

Already more than
1,400 copies sold



Eva Gach
Accompanied by Angels Oracle

card deck
 89 x 127 mm
 40 cards including guidebook
 coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9219-5

Publication: November 2023



Oracle of the
Soul Angels

BACKLIST

Eva Gach's works have been
translated into 1 language.

Allow yourself to receive the gifts of healing and salvation

Discover and follow your soul's light! This card deck offers you 40 strengthening and encouraging impulses to open up yourself to the wisdom of your heart and to unveil your light. Inspiring messages and healing affirmations help you remember your true self and overcome the illusion of separateness. In unity with the universe and all beings on earth you will unfold your potential, fulfill your life's tasks, and achieve a higher level of consciousness. Take a deep dive – your personal paradise is awaiting you!

- › opens access to your own soul and universal truth
- › wide range of topics: from gratitude, devotion, and comfort to responsibility, faith, and true love
- › supports you in unfolding your soul's gifts



Ulrike Annyrna Kern
The Soul's Wonderful Light
 Oracle of universal wisdom
 and healing

card deck
 89 x 127 mm
 40 cards including instruction
 coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9214-0

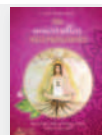
Publication: July 2023



The Healing Power
of Plant Spirits



Oracle of Archangels



The Universal Principles
of Healing



Ulrike Annyrna Kern from Herborn, Hesse, is an artist, author, life counsellor, and teacher of wisdom. For over 15 years, she has been accompanying people on their spiritual paths by helping them to recognise their true selves and bringing their souls' lights into the world. In her seminars and trainings as well as through her books, card decks, and artworks, she teaches about the nature and mode of action of the universal, divine energies.
www.ulrikeannymakern.com

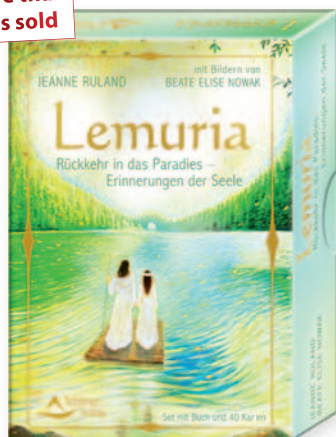
Ulrike Kern's works have been
translated into 1 language.

Embracing the Lemurian consciousness of universal peace

Already more than
1,100 copies sold

We can feel that our world is changing. This awakens memories in us, memories of a time of paradise: Lemuria, where people walked in the light of unity and lived in harmony with the whole universe. We can make this era which is deeply imprinted in our souls come alive again: These 40 highly vibrating cards open us to the Lemurian consciousness of perfect harmony. They enhance our awareness and give us new and lightful impulses of love every day. Thus we get empowered to form our vision of a new time of peace – and become active co-creators of the new Golden Age of humanity.

- › connecting with the original spirit of the divine
- › impulses for a new consciousness
- › more than 10,000 copies sold of the previous edition



Jeanne Ruland • Beate Elise Nowak
The Lemuria Oracle
Memories of the soul –
returning to paradise

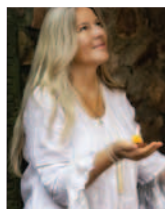
card deck
89 x 127 mm
40 cards including guidebook
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9211-9

Publication: May 2023

© Andrea Kowitz-Vierheller



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.
www.shantila.de

Jeanne Ruland's works have been
translated into 8 languages.



Beate Elise Nowak is an artist living near Freiburg im Breisgau, Baden-Württemberg. Her life has been shaped by painting since childhood. On her way to herself, she made deep light-experiences. Through her works, she makes this heavenly light visible in form and colour spreading it here on earth.
www.beate-elise.de

Make your home feeling »home« again

Your home is the place where you feel secure, find inner peace, and draw new strength. Sometimes, however, you suddenly no longer feel comfortable within your own »four walls«, seemingly without reason. But often there is a reason: stressful energies which have accumulated unnoticed over time. These can derive from yourself, other people such as visitors and former residents, or the environment.

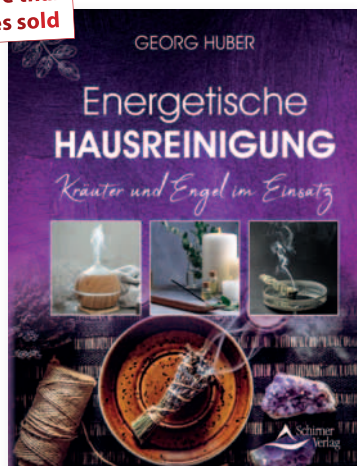
Georg Huber, expert for energetic room cleansing, shows how you can ...

- detect destructive vibrations,
- free your rooms from old burdens by simple means such as incense burning with your garden herbs, home-made energy sprays, or power symbols, and
- afterwards raise and positively charge the energy in your rooms.

This way, you permanently turn your home into your personal place of well-being.

- › **now with 10 new incense substances**
- › **simple step-by-step instructions**
- › **by the well-known incense expert Georg Huber**
- › **a classic: more than 70,000 copies sold since the first publication**

Already more than
2,300 copies sold



Georg Huber **Energetic Room Cleansing**

How to create areas of well-being with herbal and celestial powers

paperback
134 x 175 mm
144 pages
coloured, with illustrations

€ 12,95 (GER)

ISBN: 978-3-8434-1538-5

Publication: April 2023

**Rights already sold:
Hungarian, Polish**



Georg Huber lives near Darmstadt, Hesse, and is a spiritual advisor and Reiki teacher. He devoted himself intensively to energy work, herbal medicine, and aromatherapy as well as traditional incense rituals and has gained practical experience in these fields over many years. He shares his extensive knowledge on the topics of »health«, »spirituality« and »psychology« in his guidebooks, at events, in consultations, and in his novels.
www.jeomra.de

Georg Huber's works have been translated into 3 languages.

Energetic room cleansing via transforming spiritual music

Our home is usually a place of strength, protection, and regeneration. However, through our own emotions and actions, vibrations of other people, or environmental energy fields, the feel-good atmosphere of our home can become impaired. Often then, burdensome energies take hold and disturb the healing energy patterns of the familiar spaces.

When this happened, it is high time for the melodies of this album. The experienced spiritual musician Michael Reimann knows how to implement the almost magical transforming powers of the world of sound. His music makes attachments, blockages, and other energetic clutter evaporate from all spaces – and positive energies that restore harmony and peace will return.

- › **instrumental music only**
- › **more than 43,000 copies sold of the author's »Healing Music« series**
- › **author is an internationally renowned musician and an expert in spiritual music**

**Already more than
2,100 copies sold**



Michael Reimann
**Healing Music for Energetic
Room Cleansing**
Harmony and healing for your home

digipack
140 x 125 mm
running time: 65 minutes

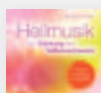
€ 17,95 (GER)

ISBN: 978-3-8434-8443-5

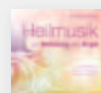
Publication: July 2023



Healing Music for Signs,
Miracles, and Transformation



Healing Music to
Strengthen Self-Confidence



Healing Music for
Liberation from Fear

BACKLIST



Michael Reimann studied conducting and choral conducting at Cologne University of Music and Dance. He became known for his solo concerts as a multi-instrumentalist. He was a lecturer at the Saarbrücken Academy of Music and has been giving seminars all over Europe since 1987. He is interested in the spiritual aspects of music, to which he devotes himself under his label »Acron Music« near Cologne.
www.michaelreimann.de

Michael Reimann's works have been
translated into 2 languages.

How to do traditional incense burning

Already more than
3,000 copies sold

You love the scent of incense sticks? Or you are looking for a simple way to use the fascinating healing powers of nature? Whether to strengthen the immune system, calm the mind, or cleanse from negative energies – the possibilities and effects of incense are manifold. But how exactly does burning loose incense on charcoal work? What utensils are needed and which substances support which life issues?

Incense expert and spiritual publisher Markus Schirner knows the questions of beginners from daily practice and with this guide lets you know how to get started. Over 30 areas of application, numerous recipes for incense blends (such as for house blessing, energetic room cleansing, various health issues, or peace of mind), instructions for creating incense cones or smudge bundles, and a large incense encyclopaedia will awaken your desire to try out and experiment. Explore the purifying, invigorating, and harmonising power of dried plants!

- › many are seeking the healing powers of nature
 - › with numerous tips proven in practice
 - › by the competent and internationally successful author for introductions to spiritual basics
- Markus Schirner



Markus Schirner
Easy Guide to Incense Burning with Resins, Herbs, and Woods
 The best practical tips for beginners

paperback
 144 x 205 mm
 192 pages
 coloured, with many illustrations

€ 14,95 (GER)

ISBN: 978-3-8434-1517-0

Publication: December 2022



The Golden Rules



Meditation Techniques



Breathing Techniques

BACKLIST



Markus Schirner is a trained teacher of kinesiology, »Brain Gym«, and »Touch for Health« as well as a massage therapist. His other fields of expertise include aromatherapy and herbalism, meditation and breathing therapy, and Buddhist philosophy. He is the founder of the Schirner Verlag, which is one of the most important spiritual publishers in Germany.
www.schirner.com

Markus Schirner's works have been translated into 10 languages.

Jeanne Ruland's Legacy

Already more than
5,800 copies sold

The bird as a power animal is a special companion: It embodies lightness and freedom and leads us into the realm of the immortal soul. On its wings, we gain a higher perspective and our attention is drawn to things usually out of focus. Thus, we are enabled to recognise and understand unknown interrelations in life. In addition, each bird spirit has its specific »medicine«, its unique gifts and talents.

Reason enough for Jeanne Ruland and Petra Kühne to dedicate an oracle deck solely to the feathered power animals. Be it eagle, swan, hummingbird, or the phoenix, in this card deck we encounter native, exotic as well as mythical birds that stand by our side as advisors and lightful companions driven by soaring power and curiosity for new experiences.

- › provides precious background information and guiding messages
- › impressively illustrated by the internationally known spiritual artist Petra Kühne
- › written by the dedicated power animal expert Jeanne Ruland
- › **more than 320,000 copies sold of the author's works on the topic of »power animals«**



Jeanne Ruland • Petra Kühne
The Oracle of Birds

card deck
89 x 127 mm
46 cards including guidebook
coloured

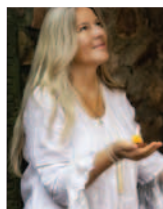
€ 24,95 (GER)

ISBN: 978-3-8434-9176-1

Publication: December 2022

Rights already sold: English

© Andrea Kowitz-Vierheller



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.
www.shantila.de

Jeanne Ruland's works have been translated into 8 languages.



Petra Kühne studied sociology and worked in publishing houses before devoting herself entirely to her artistic vocation as an independent spiritual artist. Since then, she has created illustrations for many card decks by international spiritual authors, among others Chuck Spezzano. Imaginative archetypal motifs, mostly set in mystical or fairytale-like realms, are characteristic of her work.
www.petralefaye.de

Petra Kühne's works have been translated into 1 language.

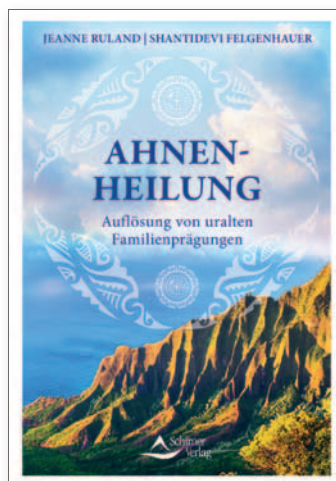
Healing our past, unfolding our future

Nothing shapes us more than our family of origin. But it is not only our parents and grandparents who have influenced who we are, which values we live by, and which talents we develop. Our roots reach much deeper into the past, extending to many more levels than we imagine.

This practice book on ancestor work combines the systemic perspective on our forebearers with the Hawaiian tradition of Huna. It reveals connections between difficult life topics and our ancestral line and at the same time opens our consciousness to the spiritual ancestral realms such as those of animal spirits, plant beings, minerals, angels, or the Ascended Masters.

Numerous exercises and meditations empower us to let healing happen both on genetic and spiritual level and to use the ancestral power, our heritage of light, to unfold our full potential. In this way, old family wounds can finally be healed; we can free ourselves from burdensome aspects of our inheritance and continue to hand down in love all the blessings that are part of our ancestral line.

- › **difficult life challenges often have their origins in your ancestral line**
- › **trauma and shadow work effectively combined with unfolding your true potential**
- › **more than 20,000 copies sold since the first publication**



Jeanne Ruland •
Shantidevi Felgenhauer
Ancestral Healing
Dissolving ancient family patterns

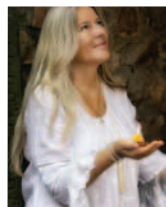
gatefolded paperback
144 x 205 mm
152 pages
coloured, with illustrations

€ 14,95 (GER)

ISBN: 978-3-8434-1438-8

Publication: September 2020

Rights already sold: English, Italian



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.

www.shantila.de

Jeanne Ruland's works have been translated into 8 languages.



Shantidevi Felgenhauer is an alternative practitioner focusing on trauma work according to Peter Levine, systemic constellations, reincarnation therapy, and forgiveness work according to Colin Tipping. With her guided meditations, she accompanies people into the inner center of their being where they can experience themselves as unconditional love.

www.shantidevi.de

Shantidevi's works have been translated into 2 languages.

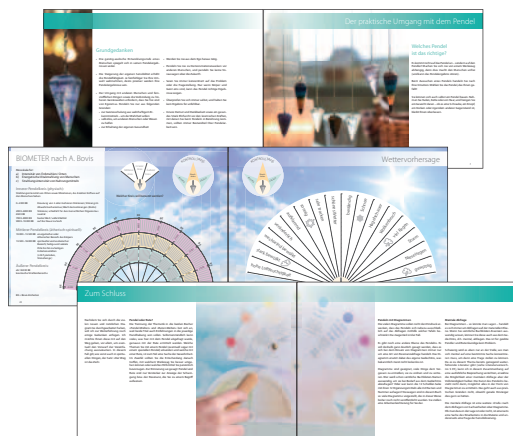
The classic on pendulum work

Everyone can perceive subtle energetic vibrations with the help of a pendulum. Since the pendulum acts as an amplifier for our unconscious sensations, this is a simple way to receive answers to all questions and challenges of life. The manifold charts in this book provide practical overviews of a wide range of topics: from chakras and colours via healing stones and essential oils to tarot cards and power animals.

Featuring a short introduction to pendulum divination, this classic is of great value both for beginners and experienced pendulum users.

- › **lots of different subjects**
- › **suitable for any level of expertise**
- › **a classic: more than 85,000 copies sold since the first publication**

»Connect with the subtle energies of the universe to simplify and enrich your life!«
(Markus Schirner)



Markus Schirner is a trained teacher of kinesiology, »Brain Gym«, and »Touch for Health« as well as a massage therapist. His other fields of expertise include aromatherapy and herbalism, meditation and breathing therapy, and Buddhist philosophy. He is the founder of the Schirner Verlag, which is one of the most important spiritual publishers in Germany.
www.schirner.com



Markus Schirner
The World of Pendulum Divination
The big workbook for beginners and advanced users

paperback
290 x 210 mm
96 pages
coloured, with many illustrations

€ 18,95 (GER)

ISBN: 978-3-8434-0334-4

Publication: May 2018

Rights already sold: Czech, French, Italian, Lithuanian, Polish, Spanish



Pendulum Kit

BACKLIST

Markus Schirner's works have been translated into 10 languages.



Self-Help / Counselling



A gift full of appreciation

Strength, beauty, stubbornness, caring, creativity, intuition, love, determination, spiritual wisdom ... femininity has many facets, and all of them want to be celebrated. Whether as a gift for a best friend, beloved sister, cherished colleague, or ourselves, these 50 cards with encouraging compliments and inspiring messages accompany us on our paths to self-awareness and honour our individualities. The cards celebrate female communion and womanhood itself, yet they also touch us deep inside and help us recognise our diversity and power. The conveyed wisdom reminds us how important it is to understand our own value, to develop ourselves, and to go for our dreams.

- › wonderful gift for a woman in your life you have a special connection to
- › impressively designed images
- › loving impulses that celebrate being a woman



Klaus Holitzka is a professional painter and spiritual artist. His cultural interest has led him from the richly shaped and colourful Old Master painting to Zen-inspired ink painting. He was among the first to explore mandalas in art. His mandala colouring books have enjoyed great popularity for decades. He lives in the Hessian Odenwald area together with his family.
www.holitzka.de



Klaus Holitzka

The Bliss of Being a Woman

Loving compliments of connection for yourself and a friend of the heart

card deck

89 x 127 mm

50 cards including guidebook
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9221-8

Publication: November 2023



Visualise Healing

BACKLIST

Klaus Holitzka's works have been translated into 6 languages.

Humour is our best life coach

Whether it's strokes of fate, private or professional upheavals, global crises, or the completely normal »everyday madness«, it's not at all easy to maintain our zest for life and inner strength in face of all the external and internal challenges we encounter. So how do we deal with these uncertainties?

Coaching expert Sabine Waldmann knows by experience: everything goes easier with humour. With this deck of cards, she directs our attention to the cheerful side of challenging events. Because there always is one! The combination of amusing motifs and targeted coaching questions motivates us to distance ourselves from difficult situations, to recognise the good in the bad, to become aware of our own strengths and potentials, and to become able to act again. Thus, serenity, clarity, and new courage are only a few coaching questions away.

- › **facing the daily demands of family, work, and everyday life with a smile**
- › **gaining clarity about personal goals, values, and potentials**
- › **combinable with the author's other successful coaching card decks**

Already more than
1,600 copies sold



Sabine Waldmann

Giving up is not an option – the best is yet to come!

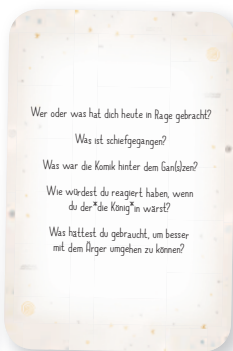
Overcoming all hurdles with humour
A self-coaching programme

card deck
100 x 150 mm
40 cards including instruction
coloured

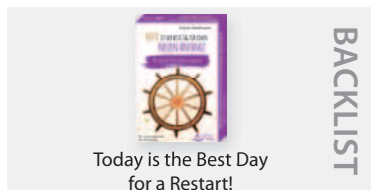
€ 24,95 (GER)

ISBN: 978-3-8434-9204-1

Publication: February 2023



Sabine Waldmann lives in Goldbach, Bavaria, and has been working as a coach and trainer for 20 years. As a certified systemic consultant and organisational consultant (certified by DGSF), she is passionate about supporting people in defining their values and goals, implementing non-violent communication, and making successes visible. Part of her work is focused on her self-painted pictures which help unveil deep-seated desires and needs.
www.coachinglight.de



A nature-coaching guide for the whole year

Mother nature is a great companion, advisor, and teacher. Not only can we recharge our batteries outdoors, nature also reflects our inner processes in a unique and impressive way.

Within this book, you will learn to understand yourself at the core, to come to peace with yourself, and to let your visions become reality. The experienced nature coach and wilderness educator Kerstin Peter accompanies you on your journey, no matter the time of year. Each month you will explore a special topic in short excursions through forest and meadow, such as »expanding perception«, »harmonising emotions«, »considering goals«, »integrating insights into everyday life«, or »overcoming setbacks«.

You hold a whole year's programme in your hands. Numerous exercises, nature rituals, and impulses will strengthen your connection to yourself and lead you step by step to a relaxed approach to your personal challenges as well as to the unfolding of your true self.

- › **an annual programme that can be started at any time of the year**
- › **valuable pool of ideas for coaches and therapists**
- › **more than 20,000 copies sold of Kerstin Peter's titles on outdoor self-coaching**

Already more than
1,600 copies sold



Kerstin Peter

If You Want to Arrive You Have to Start Moving

How to get to know yourself outdoors and realise your visions

gatefolded paperback
170 x 240 mm
192 pages
coloured, with many illustrations

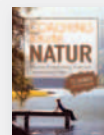
€ 22,95 (GER)

ISBN: 978-3-8434-1521-7

Publication: January 2023



Kerstin Peter lives in Mainz, Rhineland-Palatinate, and trains social assistants and educators in the fields of body movement, experiential education, and relaxation. In 2004, she became an alternative practitioner for psychotherapy and has been leading seminars on self-awareness and self-experience ever since. Through her trainings as nature coach, relaxation trainer, wilderness educator, and CoreDynamic therapist, she has further expanded her toolbox of methods. It is her vision that people find access to their inner truth in nature and live by it.
www.coachingraumnatur.com | www.therapie-coaching-mainz.de



Self-Coaching Outdoors

BACKLIST

Everyone is individual

Whether we are spontaneous and full of drive, orderly and reliable, or free and bubbling over with ideas depends on which energies we nourish in life. The 7 energies featured in this workbook represent our inherent infinite possibilities. Lived in a balanced way, they make our personality shine. In addition, they can be used to open up new facets of our being and unused talents, be it willpower, sense of beauty, or simply a clear head. Thanks to individual exercises, e.g. creativity impulse, yoga sequence or power animal search, we can activate exactly the energy we need most at a given moment.

The *dynamic* energy makes energy and spirit of adventure bubble up.

The *cosy* energy awakens zest of life and enjoyment.

The *versatile* energy makes mentally and physically flexible and open-minded.

The *sensitive* energy strengthens feelings and gives a sense of magic.

The *glamorous* energy raises self-confidence and makes the true potential shine.

The *clear* energy stabilises and sharpens holistic as well as detailed perception.

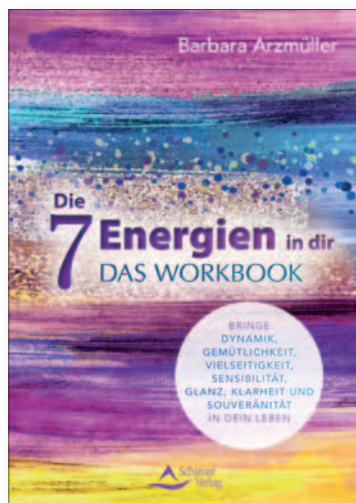
The *sovereign* energy promotes individuality and optimism.

Whether we want to activate a specific energy, (re-)balance it, relax, let go of material and emotional ballast, or simply increase the little moments of happiness in life: This journey through the seven energies invites us to discover, ponder, and try things out – which is fun and allows us to draw strength and experience harmony on all levels.

- › individual exercises for all seven personality types and their needs for an all-round harmonious life
- › describes the exciting interaction between people and their environment



Barbara Arzmüller is an interior designer and author from Gangkofen, Bavaria. Feng Shui, family constellations, and astrology helped her to use her spiritual gifts for her profession. She travelled extensively in the Sahara, and its clarity and beauty touched and inspired her deeply. She writes books, gives consultations and seminars, and paints energetic pictures. Her goal is to make the true beauty of the world and of people visible.
www.barbara-arzmueller.de



Barbara Arzmüller

Your 7 Energies – The Workbook

How to invite dynamism, cosiness, versatility, sensitivity, glamour, clarity, and sovereignty into your life

paperback

170 x 240 mm

144 pages

coloured, with illustrations

€ 18,95 (GER)

ISBN: 978-3-8434-1531-6

Publication: March 2023



Your Home as a Mirror
of Your Soul

BACKLIST

Barbara Arzmüller's works have been translated into 2 languages.

How to take care of yourself

Already more than
1,800 copies sold

Self-care is the key to more energy and joy in life. Taking good care of yourself goes far beyond some little weekend wellness. It means setting healthy boundaries, giving yourself compassion, and paying attention to your very own needs.

The magical creatures on these 40 cards reflect your inner light and remind you to treat yourself lovingly. The clear messages support you in translating the received impulses into direct action, for example taking a time-out or saying no to a request. In this way, self-care becomes an attitude to life by which self-love is celebrated every single day.

- › hot topic in lifestyle magazines and -blogs as well as in social media
- › self-care is the key to more energy and zest for life
- › emotion and mind are addressed simultaneously by the images and messages



Susanne Hühn • Heike Hild

Self-Care

Love your inner light and treat it well

card deck

89 x 127 mm

40 cards including guidebook
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9206-5

Publication: February 2023

© Andrea Kowitz-Vierheller



Susanne Hühn lives in Reinheim, Hesse. She is a holistic physiotherapist, seminar leader, and internationally known guidebook author. Her focus is on working with the inner child and on teaching emotional intelligence and inner freedom. Consciously applied self-compassion forms the key element of her method. She shares her knowledge in her numerous books as well as in lectures, tutorials, and seminars – at home, abroad, and online.
www.susannehuehn.de



Heike Hild lives and works in the greater Stuttgart area. She has been powerfully expressing her fascination for colours through her art since 2007. Among her favourite motifs are angels and magical beings such as fairies, moon and water women, and goddesses. By her works, she wants to colour up the here and now, reawaken the magic in life, and encourage people to be who they really are.
www.heike-hild.de

Susanne Hühn's works have been
translated into 8 languages.

Embracing the marks of life

Already more than
1,000 copies sold

True beauty is not a matter of flawlessness. The Japanese craft of *kintsugi*, which means golden joinery, creates masterpieces out of broken pottery by not only mending yet highlighting the areas of breakage with lacquer mixed with powdered gold. Applying this as a metaphor to our lives, it is precisely our vulnerability respectively all signs of repair left by life that bear potential for unique inner greatness, resilience, and authenticity.

With the help of this card deck, we learn how to recognise injuries, accept adversities, and develop inner strength as well as to honour, bless, and incorporate our cracks and scars. Thus we can reconcile with the past, understand what has carried us through difficult times, and realise that it is the wounds that give depth to our lives and true beauty to ourselves.

- › **first card deck world-wide featuring the philosophy of *kintsugi***
- › **supports you in dealing with minor daily challenges as well as major life crises**
- › ***kintsugi* is about seeing, acknowledging, and appreciating your own uniqueness**



Sandy Taikyu Kuhn Shimu
Kintsugi Yourself

Treating the marks of life with gold to create true inner beauty

card deck
100 x 150 mm
40 cards including instruction
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9220-1

Publication: September 2023



Fear Starts in Your Mind –
as well as Courage and Zest for Life

BACKLIST



Sandy Taikyu Kuhn Shimu is a writer, artist, and teacher. She lives, writes, and teaches both in the Zurich highlands and Sri Lanka. She has been involved with Eastern movement and life arts for over 30 years. In 1998, she and her husband founded the WULIN Academy, the leading training institute in Switzerland for a holistic and authentic way of body cultivation and personality development.
www.taikyu.ch | www.wulin.ch

Sandy Kuhn's works have been translated into 7 languages.

For a farewell providing new faith and energy

Already more than
1,000 copies sold

Goodbyes are inevitable turning points in our lives, be it the end of a partnership, leaving a familiar home, or the loss of a loved one. In all these situations we easily lose our footing. Then it is valuable to know and feel that we are not alone.

This book is a touching journey through the mystery of life. Jeanne Ruland shows us that farewells are an inseparable part of life and that we are always connected to everything. We learn about small rituals and blessing ceremonies that have helped herself to better cope with experiences of separation and death. She sensitively takes us by the hand and teaches us how we can accept what has happened, let go, and consciously say goodbye.

Within this book we not only find comfort in difficult times, but also courage to be able to regain strength for life »thereafter«. It is an inspiring companion for anyone who is looking for hope and healing in times of pain, mourning, and grief.

- › the most touching exercises, meditations, and blessing ceremonies to say goodbye
- › the subjects of »letting go« and »death« affect everyone
- › different ways of coping with loss and grief



Jeanne Ruland **Farewell to You**

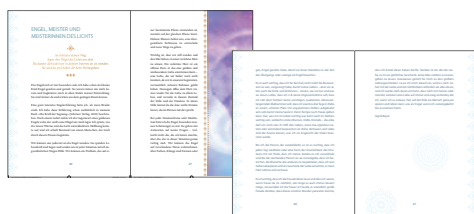
Blessing ceremonies for letting go, finding peace, and drawing new strength

paperback
154 x 205 mm
128 pages
coloured, with illustrations

€ 14,95 (GER)

ISBN: 978-3-8434-1541-5

Publication: September 2023



Jeanne Ruland was an author, teacher, international seminar leader, angel medium, and pioneer of the New Age. She taught about nature spirits, angels, Ascended Masters, light-working, and Huna as well as Sacred Geometry. She was happy to pass on her profound knowledge and wisdom in order to remind and awaken. She herself, her work, and her vision of a better world will remain unforgotten.
www.shantila.de

Jeanne Ruland's works have been translated into 8 languages.



Getting Married
with Light & Love

BACKLIST

The classic on freeing your self step by step

Already more than
1,900 copies sold

We want to enjoy life to the fullest. But too often something unconsciously holds us back: it is the inner child that has never forgotten the painful experiences of our childhood. Its fear of being abandoned or hurt and its shame of not being good enough prevent us from devoting ourselves to our needs and from taking care of our own well-being.

Susanne Hühn, expert and pioneer on the topic of the »inner child«, shows how we can compassionately turn to this part of ourselves and give it the security, protection, and unconditional love for which it has longed for so much and so long. She presents numerous exercises, inner journeys, and coaching tools which allow us to build a lifelong intimate relationship with the child within us and guide it into healing. Then it can fill us with its imagination, its light-heartedness, and its laughter, and we become happier, freer, and more content every day.

The book has been thoroughly revised from the 2017 edition and reflects all the new insights the author has gained over the last few years. The structure of the content is completely new, and there are also new exercises. The content is more compact and to the point, less spiritual, more psychological, and still very empathetic.

- › by the expert and pioneer on working with the inner child Susanne Hühn
- › valuable, effective method to make peace with your childhood
- › a wounded inner child can cause loneliness, being unloved, self-sabotage, addictions, or co-dependencies
- › a classic: more than 52,000 copies sold since the first publication



Susanne Hühn

Healing the Inner Child

Becoming truly free through self-compassion and inner nest warmth

paperback

144 x 205 mm

184 pages

coloured, with illustrations

€ 19,95 (GER)

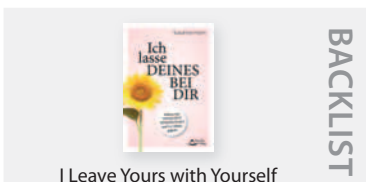
ISBN: 978-3-8434-1536-1

Publication: March 2023

Rights already sold: Czech, Dutch, French, Polish



Susanne Hühn lives in Reinheim, Hesse. She is a holistic physiotherapist, seminar leader, and internationally known guidebook author. Her focus is on working with the inner child and on teaching emotional intelligence and inner freedom. Consciously applied self-compassion forms the key element of her method. She shares her knowledge in her numerous books as well as in lectures, tutorials, and seminars – at home, abroad, and online.
www.susannehuehn.de



I Leave Yours with Yourself

Susanne Hühn's works have been translated into 8 languages.

Energetic self-protection

Sometimes we feel thin-skinned, vulnerable, or not resilient enough. On days like these, we long for ways to protect and strengthen ourselves. This card deck offers 40 easy-to-implement impulses and powerful rituals. From setting clear time limits to loving care for our inner child further to consciously separating ourselves from negative energies, these cards in hand-lettering style are precious and helpful companions. They encourage us to sense ourselves, think our own thoughts, and really appreciate our feelings. And thus, instead of being distracted by the emotional hustle and bustle of our environment, we can stay with ourselves and let our soul guide us trustfully.

- » card deck matching the popular book
»Emotional Protection«
- » energetic quick help, e.g. against energy theft
- » well-known author with a large fan base



Already more than
1,500 copies sold



Susanne Hühn
A Cloak of Protection for Your Soul
Oracle with strengthening rituals for
anytime and everywhere

card deck
100 x 150 mm
40 cards including instruction
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9216-4

Publication: October 2023



Emotional Protection

BACKLIST



Susanne Hühn lives in Reinheim, Hesse. She is a holistic physiotherapist, seminar leader, and internationally known guidebook author. Her focus is on working with the inner child and on teaching emotional intelligence and inner freedom. Consciously applied self-compassion forms the key element of her method. She shares her knowledge in her numerous books as well as in lectures, tutorials, and seminars – at home, abroad, and online.
www.susannehuehn.de

Susanne Hühn's works have been
translated into 8 languages.

Listen to the best coach ever

There is an enlightened Buddha in everyone of us: the voice of our hearts that offers us support and advice in all important matters. Whether it is about the overall situation in life, interpersonal relationships, or our personality, the solutions are never to be found in the outside, but always within ourselves.

This card deck provides us with 44 valuable maxims and accompanying short coaching messages by popular coach and Zen master Sandy Taikyu Kuhn Shimu. They give us the power to adjust our thoughts and actions and to take the severity out of any situation. By listening to our inner Buddha, we will find true inner peace, lasting happiness, mental calm, and unshakable self-confidence.

- › true change always begins in your own thinking
- › direct access to the wisdom of the heart
- › short coaching sessions help to implement the inner knowledge in everyday life
- › **more than 12,000 copies sold since the first publication**



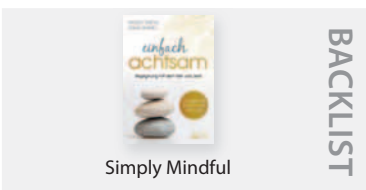
Sandy Taikyu Kuhn Shimu
Your Inner Buddha
 Unveil your heart's messages

card deck
 75 x 110 mm
 44 cards including instruction
 coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9218-8

Publication: August 2023



Simply Mindful



Sandy Taikyu Kuhn Shimu is a writer, artist, and teacher. She lives, writes, and teaches both in the Zurich highlands and Sri Lanka. She has been involved with Eastern movement and life arts for over 30 years. In 1998, she and her husband founded the WULIN Academy, the leading training institute in Swiss for a holistic and authentic way of body cultivation and personality development.
www.taikyu.ch | www.wulin.ch

Sandy Kuhn's works have been translated into 5 languages.

Claim your birthright!

Already more than
1,100 copies sold

We all strive for a fulfilled life: full of prosperity, health, love, and friendship. Despite this, many people feel unhappy and deprived. Based on seven principles from Hawaiian shamanism, Ulrich Emil Duprée shows us that wealth in all areas is a birthright. However, negative emotions, destructive beliefs and subconscious self-sabotage can prevent us from experiencing life in abundance. Step by step, the best-selling author guides us to open ourselves again to plentifulness, connectedness, and zest for life. When we allow ourselves and others this wealth, we will enter and stay within the flow of abundance – and become blessed with unlimited abilities, beauty, energy, wisdom, and material treasures.

- › with many approaches, exercises, and rituals
- › finally learning to accept material goods with a peace of conscience
- › by the expert and pioneer on Hawaiian techniques and philosophy Ulrich E. Duprée



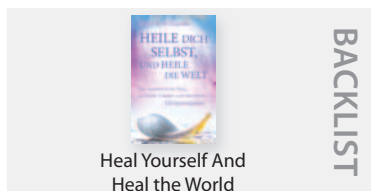
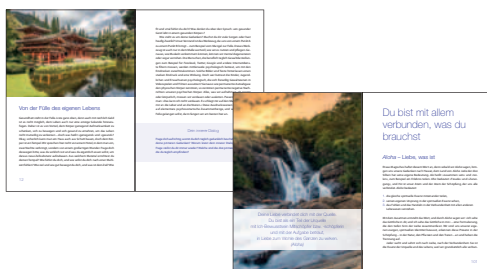
Ulrich E. Duprée
The Secret of Abundance
Playfully attaining material and spiritual wealth

paperback
170 x 240 mm
136 pages
coloured, with illustrations

€ 18,95 (GER)

ISBN: 978-3-8434-1537-8

Publication: May 2023



BACKLIST

Heal Yourself And
Heal the World



Ulrich Emil Duprée is a spiritual entrepreneur, teacher, author, as well as therapist. He studied philosophy and completed trainings in Yoga and metaphysics. From 2005 to 2008, he lived as a monk in a Hindu monastery. His bestseller »Ho'oponopono« is already in its 41st edition and has been published in 14 languages on 4 continents.
www.heile-dein-herz.de

Ulrich E. Duprée's works have been translated into 14 languages.

Balm for the soul

Already more than
3,300 copies sold

Incense burning is a blessing for the senses and directly increases the sense of well-being. Within this book, incense expert Annemarie Herzog shares her extensive traditional knowledge about the versatile use of herbs, woods, and resins with us. She sensitively guides us through applications for the most common mental and psychological issues of our modern times. With tried and tested incense blends, we can develop inner balance, mental strength, and self-love, or gently counteract fears, burn-out, and addictions. Affirmations and healing stones additionally strengthen the effect of the incense recipes.

Immerse yourself in the fascinating world of incense. Gain new strength, zest for life, and lightness and breathe a sigh of relief.

- › proven incense blends for spiritual well-being
- › with an extensive register of mind and soul topics and matching incense substances
- › focus on indigenous plants you can collect yourself
- › **more than 47,000 copies sold of Annemarie Herzog's titles on incense burning**



Annemarie Herzog
Incense Burning for Your Soul
Back to inner balance and
contentment through nature's powers

gatefolded paperback
134 x 175 mm
152 pages
coloured, with many illustrations

€ 16,95 (GER)

ISBN: 978-3-8434-1543-9

Publication: September 2023



Annemarie Herzog lives in Carinthia, Austria, where she also runs an incense factory. She was taught how to use healing plants by her ancestors and passes on this knowledge in her books and audio works. Incense burning is a traditional European art of healing, and she wishes to spread it anew in order for it to continue to exist.
www.malusa.at



Incense Burning
for Your Soul

BACKLIST

Annemarie Herzog's works have been
translated into 1 language.

Writing can be me-time, serve as therapy, and fulfil your dreams

The world of writing is not just for professional writers. Intuitive writing is a powerful creative tool for shaping your life positively; and you need just 15 minutes a day. The impulses, questions, and writing prompts on these cards open up access to the subconscious and let you intuitively gain insights. This is how you learn about the creative magic of a blank page, can press the pause button and take a relaxing breath in stressful situations, or draft a liberating letter of complaint to the »Complaints Department for the Circumstances of your Life«.

Writing trainer and coach PhD Kira Klenke shows you how to find solution ideas for difficult situations circumventing the intellect. Thus, nothing will stand in the way of fulfilling your heart's desires.

- › **gaining new ideas and intuitive insights**
- › **creative writing provides access to subconscious and subtle energetic levels**
- › **author is an experienced and well-known writing trainer and coach**



Kira Klenke, PhD in the sciences, is a successful author of self-help guides from Lower Saxony. She supports people in activating their inner guidance in order to enable them to find tailor-made solutions for their challenges and questions in life. Intuitive writing has been her passion for more than 35 years.
www.kiraklenke.de

**Already more than
1,500 copies sold**



PhD Kira Klenke

Write Your Way into Happiness

Amazing writing ideas for gaining inner strength and reorientation

card deck
100 x 150 mm
40 cards including instruction
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9205-8

Publication: February 2023



How to Implement Good
Resolutions Successfully

BACKLIST

Loving reminders on your feminity

Celebrate your feminity, give yourself the love you deserve, and draw strength from it. For the New Era, feminine qualities such as intuition, warm-heartedness, or sensitivity are crucial. These cards tenderly remind you to pamper your feminine part. The luminous images lovingly accompany you through daily life and bathe everything around you in a radiant light. Whether you take a well-deserved time-out, focus on the beauty in the world, or move into your inner soul home – with these impulses it will be easy for you to explore your true self and enjoy your womaness.

- › impulses for celebrating and living femininity and working with your inner woman
- › hot topic female empowerment



Janina Restel
Wonderfully Feminine
 Celebrate your womaness with loving reminders

card deck
 89 x 127 mm
 40 cards including guidebook
 coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9209-6

Publication: March 2023



Soul Sisters Oracle



Goddess Rituals



The Return
of the Marys



Living Original
Female Power

BACKLIST



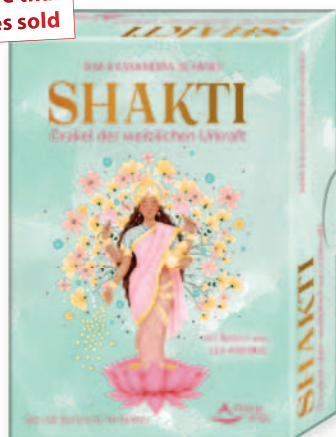
The art historian **Janina Restel** lives in Baden, South Germany. She works as a graphic designer and yoga teacher. Since 2013, through the consciousness-expanding effects of yoga, she has been receiving visions of the divine light that exists as soul light in everyone of us. Her wish is to make these beautiful, radiant impulses accessible for all by means of loving words and images. The female figures in her works convey a feeling of the sacred feminine.
www.seelenlichtbilder.de

Allowing womaness to unfold

Already more than
2,600 copies sold

Shakti, the great mother goddess, unites all goddesses in herself. She is the source of female creativity, the origin of all being – and a part of you. This card deck features multi-faceted companions who are at your side to support you in unleashing your Shakti aspects. You will be as imaginative as the Mexican painter Frida Kahlo, seductive like Aphrodite of ancient Greek, as courageous as the Hindu goddess Kali, or shrouded in mystery like the Mexican folk saint Santa Muerte. Within the guidebook you will find descriptions of essential oils, crystals, and journaling exercises which help you anchor their energies deeply in your being. Awaken all facets of the goddess inside of you and discover a life of creativity, sensuality, and spiritual wisdom!

- › intuitive way to awaken the Shakti energy, the divine female power
- › 44 impulses for a positive transformation of your life
- › with affirmations, awareness exercises, and tips



Kim Kassandra Schmid • Lea Androić
Shakti Oracle
Divine female power of creation

card deck
89 x 127 mm
44 cards including guidebook
coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9217-1

Publication: September 2023



Kim Kassandra Schmid lives in Saarland and works as a yoga teacher, seminar leader, and business mentor for spiritual entrepreneurs. Together with her husband Mark Schmid, she founded the brand »Yogimobil«, a community for yoga, coaching, and modern spirituality, and trains yoga teachers and spiritual guides. She wholeheartedly enjoys passing on her profound knowledge and many years of experience to remind people of their inexhaustible potential on a physical, mental, and spiritual level.
www.yogimobil.de



Lea Androić lives in Croatia and is a well-known social media artist (more than 150,000 followers on Instagram) and illustrator. In her artwork, she immortalises self-confident female figures in delicate colours. She gets her inspiration from the enchanting women who surround her in everyday life and her own boundless creative potential. She seeks to inspire women all over the world to find strength and peace within themselves.
www.leaandroicart.com

Experience unforgettable moments of communion and insight

Animals are loyal companions and show a deep wisdom of the soul. With their zest for life, they enrich every day and open our hearts. In this enchanting and lovingly illustrated card deck, the experienced animal communicator Christiane Krieg compiled 40 messages from the fascinating world of animals.

Every card sensitises us to the thoughts and emotions of our pets, be it a dog, a cat, a guinea pig, or even other animal companions such as a sparrow or a butterfly. With the help of the empathetic impulses and perspectives that our animal friends share with us, we discover new ways and possibilities to go through life more consciously and mindfully. Then we grow together with our animals, live in an even more intimate relationship with each other, understand ourselves better, and lead a happier life.

- › at least one pet in every third household in Europe
- › establishing and improving a mindful and empathetic human-animal relationship
- › valuable supplement to the popular card deck
»Communicating with Animals«



Christiane Krieg • Sabine Waldmann
Messages from Our Animals
 Loving impulses to support the human-animal relationship

card deck
 100 x 150 mm
 40 cards including guidebook
 coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9201-0

Publication: July 2023



Christiane Krieg lives near Hamburg with her husband and their animals and is a trained animal communicator and holistic coach. Training in Jin Shin Jyutsu, shamanism, and quantum healing complete her repertoire with which she works as an animal interpreter, medium, and life counsellor. It is her mission to unveil and strengthen the light of each individual's soul, which often lies concealed behind beliefs and old injuries.
www.christianekrieg.com



Sabine Waldmann lives in Goldbach, Bavaria, and has been working as a coach and trainer for 20 years. As a certified systemic consultant and organisational consultant (certified by DGSF), she is passionate about supporting people in defining their values and goals, implementing non-violent communication, and making successes visible. Part of her work is focused on her self-painted pictures which help unveil deep-seated desires and needs.
www.coachinglight.de

How to improve your communication – in private as well as in working life

Your every word triggers a clear response in your conversation partners: If you meet them with impatience and (subliminal) aggression, they react accordingly in an unfriendly way. If you express appreciation and mindfulness in your communication, you will receive this in return.

With this deck of cards, communication trainer Claudia Fabian makes it easy for you to cultivate a new and empathetic way of dealing with your fellow human beings. Intuitively, you will choose the cards that address your issues: Avoiding excuses, expressing your own feelings truthfully, formulating a request correctly, etc. Thanks to brief explanations and clear tips, you can quickly recognise stressful patterns and will soon resolve them.

- › versatile conversation strategies that will help to solve issues and create harmony
- › valuable step-by-step instructions
- › improved communication is an important soft skill for private and professional life



Claudia Fabian lives in Oberstaufen, Bavarian Swabia, and is a trainer for appreciative communication according to Marshall B. Rosenberg as well as a medial, holistic life counsellor and lecturer in an alternative practitioner school. Empathy and mindfulness in the interpersonal sphere are her great fields of expertise. She passes on her knowledge in seminars and coaching sessions.
www.claudia-fabian.de



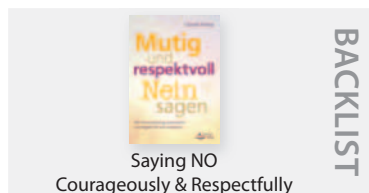
Claudia Fabian
**Communicating with Appreciation
Is Being Mindful of Each Other**
Empathy as the key to happiness
and success

card deck
150 x 100 mm
40 exercise cards including instruction
coloured

€ 24,95 (GER)

ISBN: 978-3-8434-9208-9

Publication: March 2023



Saying NO
Courageously & Respectfully

BACKLIST

OWL you need to make your day

Be it in times of troubles and worries or just in the everyday chaos, these cute little owls know how to face any situation or challenge with love, ease, and wit. And they don't mind to charmingly share their attitude with you. This card deck puts a smile back on your face within a second – whenever and wherever you need it!

- › wonderful gift for all ages and purposes
- › enchanting images appealing to everyone
- › more than 85,000 copies sold of Martina Trimpin's joyful card decks – of which more than 50 % have been copies of »Owl Happiness«



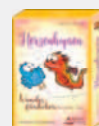
Martina Trimpin
Owl Happines
 Love and joy in everyday life

card deck
 75 x 110 mm
 44 cards including instruction
 coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9088-7

Publication: May 2017



Happy Heart Bounces

BACKLIST



Martina Trimpin has dedicated herself entirely to the messages that want to come into the world through her. She is a bringer of joy, an ambassador of happiness, and directly touches people in their hearts with her funny and cheerful creatures.
www.martina-trimpin.de

Martina Trimpin's works have been translated into 1 language.

Use your superpower: thoughts

Be it a job that inspires us, a harmonious partnership, or financial freedom, anything is possible if we believe in it! But what if doubts, worries, and fears block our path to a fulfilled life? Then we need a »thought update«.

NLP hypnosis coach Tanja Kohl shows us how to say goodbye to limiting blockades or patterns of belief and instead invite joyful, supporting thoughts. With numerous exercises for self-reflection, personal examples, and tips, she guides us through our inner labyrinth: we get on the track of our »programming«, strengthen our power of thought and learn to use it purposefully. In this way, we can finally realise everything we have always dreamed of.

- »self-esteem« and »self-realisation« have gotten more and more important
- step-by-step instructions for a self-determined life

»Thought power is a superpower we all have at service!«
(Tanja Kohl)



Tanja Kohl is a Reiki teacher and NLP hypnosis coach in private practice. She lives with her family and her dogs in Lower Saxony. With her books and audio works, she has been touching people for many years and supporting them to courageously go their own way.
www.energie-zentrum-kohl.de

Already more than
1,700 copies sold



Tanja Kohl
You Are Far More than You Think You Are

Discover yourself and your true greatness and unfold a self-determined life

paperback
144 x 205 mm
152 pages
coloured, with illustrations

€ 16,00 (GER)

ISBN: 978-3-8434-1520-0

Publication: January 2023



Healing Hands

BACKLIST

SELF-HELP / COUNSELLING – BACKLIST



Body in

Balance



Like visiting a traditional herb garden

Woodland strawberry, St. John's wort, lady's mantle ... Nature endows us with numerous treasures: wild herbs which hold fantastic healing powers and convey personal messages. Within this card deck, kinesiologist and herbalist Michaela Hörl features 32 native herbs and their holistic effects. We get to know their properties and strengthening powers for body, mind, and soul. Furthermore, we receive instructions for magical rituals and recipes for processing herbs, e.g. for making essences and mother tinctures. In addition, the author shows how we can connect with the plant beings, the devas. Guided by this card deck, we can immerse ourselves in the world of plants at any time of the year to draw new energy.

- › holistic treatment of body and soul
- › experiencing the healing and balancing powers of nature all year round
- › for fanciers of naturopathy and spiritual herbalists



Michaela Hörl lives in Vienna and Lower Austria. She works as a psycho-kinesiologist, herbalist, and author. A holistic, conscious, and respectful collaboration with nature is a special concern of hers. In her seminars and works, she seeks to make people use the forces of nature on the energetic as well as on the material level for self-healing and self-realisation. She also shares her impulses for a spiritual and holistic experience of nature in her popular newsletter »Jahreskreispost«.

www.mitchis-kunstwerk.com



Michaela Hörl
How to Receive Plant Messages
 Working holistically with herbs

card deck
 89 x 127 mm, XL card box
 32 cards including paperback
 guidebook (96 pages, 115 x 165 mm)
 coloured

€ 26,95 (GER)

ISBN: 978-3-8434-9210-2

Publication: April 2023



Oracle of the
Bach Flowers

BACKLIST

Open yourself to sesame

Already more than
1,000 copies sold

Sesame is a true all-rounder. The golden or black seeds are not only extraordinarily tasty, but also rich in vitamins, minerals, and secondary plant substances, above all calcium, vitamin E, and valuable antioxidants, some of which are found exclusively in sesame. Sesame helps with nervousness, lowers cholesterol, protects against cardiovascular diseases, counteracts hair loss, and can even prevent cancer.

The delicious sesame recipes by nutrition expert Barbara Simonsohn will convince you of the holistic effect of this power seed. Homemade natural cosmetics made from sesame oil will make your complexion glow and your hair shine. Enrich your life with sesame, the »spice of the gods«, and stay enjoyably healthy and vital!

- › power food nourishing bones, skin, and hair
- › scientifically proven to promote health
- › by the sought-after health and nutrition expert Barbara Simonsohn
- › more than 16,000 copies sold of the author's books on the topic of »super foods«



Barbara Simonsohn
**Sesame Seed –
A Nutrient-Rich Powerhouse**

paperback
134 x 175 mm
144 pages
coloured, with illustrations

€ 12,95 (GER)

ISBN: 978-3-8434-1534-7

Publication: April 2023



Fasting Made Easy



Siberian Cedar Nuts



Natural Acidosis Therapy



The 5 Tibetan Rites
Easily Done

BACKLIST



Barbara Simonsohn is a sought-after expert and best-selling author on the topics of »nutrition« and »health«. Her speciality is natural foods that optimally nourish the body: superfoods. For 10 years, the social science graduate lived with the Findhorn community in the north of Scotland, the pioneers of sustainable agriculture. She has been practising Reiki for over 30 years and still teaches it at home and abroad.
www.barbara-simonsohn.de

Barbara Simonsohn's works have been translated into 2 languages.

Every second adult suffers from visual impairment

Already more than
1,400 copies sold

No longer having to rely on glasses or contact lenses – wouldn't that be nice? With simple exercises, everyone can make full use of their visual potential and improve their eyesight. Caroline Ebert, experienced vision coach, master optician, eye kinesiologist, and head of the eye training center »Eyeland«, shows how this is achieved. With her own method, which is based on the teachings of William H. Bates, the founder of holistic eye training, she has already helped many clients with defective vision.

Using the author's 9-step programme, you will learn how to relax and effectively train your eyes. Whether long-sightedness, short-sightedness, astigmatism or strabismus, with these proven exercises you can increase and maintain the performance of your eyes in a natural way.

- › improve vision sustainably
- › author is a master optician as well as an eye trainer according to Bates
- › more than 47,000 copies sold of Caroline Ebert's works on the topic »eye health«



Caroline Ebert

Holistic Eye Training

Effective visual exercises according to William H. Bates

paperback
134 x 175 mm
144 pages
coloured, with illustrations

€ 12,95 (GER)

ISBN: 978-3-8434-1532-3

Publication: April 2023



Eyes open!



How Diseases Reflect
in Your Eyes



Eyes Love Herbs



Aromatherapy for the Eyes

BACKLIST



Caroline Ebert is a master optician, holistic vision coach and eye kinesiologist. With the methods she teaches, she was able to successfully treat and cure her own short-sightedness. She runs the »Eyeland« vision school in the Rhön region, where she has already been able to help numerous patients, and regularly gives eye health training courses in companies.
www.augenschule-eyeland.de

Caroline Ebert's works have been translated into 1 language.

The face always reflects the state of health

Already more than 2,100 copies sold

We often recognise a healthy lifestyle at first glance: Clear skin, alert eyes, fresh complexion ... In this regard, the supply in specific minerals and vitamins as well as a well-functioning metabolism play a major role. However, we do not always supply our body sufficiently with all the nutrients it needs. It is usually a sign of undersupply when we notice swelling, redness, paleness, or skin blemishes on the face. Then, quite common, we have already witnessed other symptoms such as reduced performance, malaise, sleep and concentration disorders, or constipation, too.

Eric Standop is an expert in the art of face reading and knows the typical facial features and changes that indicate mineral or vitamin deficiencies or certain metabolic weaknesses. Whether dark circles around the eyes as a sign of iron deficiency or torn corners of the mouth as an expression of too little vitamin B₂: thanks to sample photos, we recognise easily an existing deficit ourselves. Then we can compensate for it with simple nutritional strategies and regain our health, which will be mirrored in our faces.

- › now with a chapter on vitamin deficiency
- › connection between deficiency symptoms and facial features explained simply and with the help of numerous illustrations
- › by the world's best-known face reading master Eric Standop
- › more than 80,000 copies sold of the author's books on the topic of »Face Reading«



Eric Standop
Face Reading – Vitamins, Mineral Nutrients, Metabolism
 Spotting and balancing deficiency and weakness

paperback
 134 x 175 mm
 144 pages
 coloured, with many illustrations

€ 14,95 (GER)

ISBN: 978-3-8434-1547-7

Publication: June 2023

Rights already sold: Czech



The Meaning of Hands in the Face



Recognising Lies



Character & Personality



Detecting & Understanding Diseases



The Karlsruhe native Eric Standop, founder of the »Facereading Academy«, began his career in the entertainment industry, where he held several leading positions. However, he withdrew due to severe health problems and dedicated himself to holism from then on. Today, he advises and teaches people all over the world as a face reader. He is the only expert worldwide who combines all known traditions of face reading in his work.
www.readtheface.com

Eric Standop's works have been translated into 3 languages.

BACKLIST

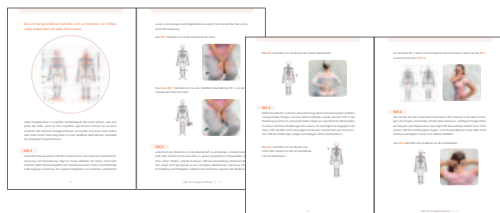
Discovering the healing powers of the hands

Already more than
1,500 copies sold

Jin Shin Jyutsu is a gentle way of harmonising your body's energies, strengthening your self-healing capacities, and giving your immune system a boost. Simply by applying the hands. All you need to do in order to improve health, ease off any ailments, or initiate an all-encompassing healing process is to hold certain spots of the body.

The internationally known author and expert Jin Shin Jyutsu practitioner Tina Stümpfig introduces you to the details of this traditional technique. With the help of easy-to-follow explanations and numerous pictures, she shows you how to apply the grips and holds – to treat yourself and others in an all-natural way.

- › **fast, natural help through activation of the self-healing powers**
- › **usable without prior knowledge and also preventively**
- › **more than 48,000 copies sold of the author's books on the topic of »Jin Shin Jyutsu«**



Tina Stümpfig **Jin Shin Jyutsu for Everyday Ailments**

Instant help from A for abscess to
Z for zest for life

paperback
170 x 240 mm
168 pages
coloured, with many illustrations

€ 19,95 (GER)

ISBN: 978-3-8434-1545-3

Publication: July 2023

Rights already sold: English, Polish



Jin Shin Jyutsu
for Dogs



Jin Shin Jyutsu
for Cats



Jin Shin Jyutsu
During the Menopause



Jin Shin Jyutsu
to Ease Pain

BACKLIST



Tina Stümpfig, psychologist and special needs teacher, lives in the Allgäu and has been working as a Jin Shin Jyutsu practitioner with people and animals for many years. Both in individual treatments and in group seminars, she shows that everything we need to be healthy and happy lies in ourselves. She is the internationally known author of several successful books on the subject of »Jin Shin Jyutsu«.
www.tinastuempfig.de

Tina Stümpfig's works have been
translated into 7 languages.

Explore the colour combination of your soul

Immerse yourself in the world of colours, fragrances, crystals, plants as well as subtle energies and discover how Aura-Soma can accompany you on your path of unfolding your self. The core of Aura-Soma are the Equilibrium bottles, which reveal our true talents and potentials. The current 123 energised oil-water blends reflect in their different colours the needs of our soul – and new combinations appear regularly.

As one of the world's leading Aura-Soma experts, Barbara Heider-Rauter made it her task to clearly present the most important facts about the message and application of each and every of these unique essences. In addition to the physical, psychological, and spiritual meaning you will also find a valuable affirmation for each bottle.

- › everything important about the Equilibrium bottles
- › has always been up-to-date for over 10 years
- › more than 60,000 copies sold of Barbara Heider-Rauter's books on the topic of »Aura-Soma«



Already more than
1,300 copies sold



Barbara Heider-Rauter
Aura-Soma Equilibrium
Bottled light for your soul

paperback
115 x 165 mm
136 pages
colour illustrations throughout

€ 10,00 (GER)

ISBN: 978-3-8434-1549-1

Publication: October 2023



Colours – The Gate
to Your Soul



Unfolding the Light-Body



The Power of
the Lemniscate



Flower of Life Oracle

BACKLIST



Barbara Heider-Rauter from Salsburg, Austria, is a trained educator, therapist with years of practical experience, and one of the leading Aura-Soma experts worldwide. Her work is always focused on the well-being as well as the highest development possibility of each individual. She offers meditation evenings, courses for personal development, and seminar trips to England and Ireland.
www.avalon-spirit.com |
www.barbara-heider-rauter.com

Barbara Heider-Rauter's works have
been translated into 4 languages.

A gift from heaven!

Some traditional essential oils have been used since biblical times, e.g. for body care or treatment of illnesses, for anointing newborns or the dying: myrrh, frankincense, sandalwood, hyssop... In the Holy Scriptures there are numerous references to noble plant essences, called bible oils, whose particularly fine vibrations and profound effects make them true treasures. The oils expert Karin Opitz-Kreher and the alternative practitioner Johannes Huber show you how to use the precious bible oils for rituals, as perfume, for aromatherapy, or as medicine. Embark on a fragrant journey of discovery to restore harmony on all levels and connect with the divine!

- › **the 12 most traditional essential oils**
- › **providing responsible alternatives to four endangered bible-oil plants due to environmental factors and overharvesting**
- › **aromatherapy is trending on social media**
- › **more than 14,000 copies sold of the previous edition**



Karin Opitz-Kreher • Johannes Huber
Powerful Essential Oils of the Bible

paperback
134 x 175 mm
144 pages
coloured, with illustrations

€ 12,95 (GER)

ISBN: 978-3-8434-1548-4

Publication: October 2023

Rights already sold: English



For over two decades, **Johannes Huber** has been working in his own healing practice in Munich. His main areas of expertise are drainage procedures, dark field microscope blood testing, osteopathy, cranial osteopathy, and Dorn therapy. He uses essential oils in therapy, especially in the care of sick and elderly people and in trauma work.

www.heilpraktiker-johannes-huber.de



Karin Opitz-Kreher is trained in Aura Soma, Aura Soma bodywork, and foot reflexology. She works in her own wellness practice near Augsburg, Bavaria, with a focus on stress reduction and harmonisation. Since 2013, she has also been using the traditional knowledge of essential oils and passes it on in workshops.

www.lebeenergetisch.de

Karin Opitz-Kreher's works have been translated into 2 languages.

Discover Reiki, the art of laying-on of hands!

This gentle healing art of Japanese tradition is finding more and more followers worldwide: With Reiki, you can harmonise body, mind, and soul and experience amazing changes. Not only do you activate your self-healing powers, but you also increase vitality, overcome negative emotions, and raise your consciousness to a higher level. You will even learn how to add a new dimension to your relationship, protect animals and plants, or peacefully accompany the dying with this method.

Barbara Simonsohn, one of the most respected Reiki teachers in Germany, guides you through all hand positions with clear instructions and vivid photos. Soon you will be able to let universal energy and unconditional love flow into every life situation and do good for yourself, others, and the world at any time.

- › **traditional method for profound harmony on physical, emotional, mental, and spiritual level**
- › **Barbara Simonsohn has been teaching authentic Reiki for over 30 years**
- › **clear pictured instructions for all 12 hand positions**



Barbara Simonsohn is a sought-after expert and best-selling author on the topics of »nutrition« and »health«. Her speciality is natural foods that optimally nourish the body: superfoods. For 10 years, the social science graduate lived with the Findhorn community in the north of Scotland, the pioneers of sustainable agriculture. She has been practising Reiki for over 30 years and still teaches it at home and abroad.
www.barbara-simonsohn.de



Barbara Simonsohn

Simply Reiki

Activating self-healing, raising energy level, and harmonising body, mind, and soul by laying-on of hands

paperback
 154 x 205 mm
 144 pages
 coloured, with illustrations

€ 16,95 (GER)

ISBN: 978-3-8434-1546-0

Publication: October 2023



Reiki –
 Inner Healing & Spiritual Growth

BACKLIST

Barbara Simonsohn's works have been translated into 2 languages.

Activation of self-healing without words

We experience self-healing again and again: when a wound closes, we recover from mental exertion, or we start a new day with fresh courage to face life. But stress, strokes of fate, or our own behaviour can negatively influence body, mind, and soul and thus impair our wonderful self-healing powers. Regeneration gets blocked. Then the melodies of this CD by healing-music expert Michael Reimann prove to be a true blessing: Based on the ideal basic tuning of 429 Hz, they bring our vital force back into a harmonious flow. We find our way back to our original vital self, face everyday life with deep inner peace, and experience healing on all levels!

- › **instrumental music only**
- › **more than 45,000 copies sold of the author's »Healing Music« series**
- › **author is an internationally renowned musician und an expert in spiritual music**

Already more than
1,700 copies sold



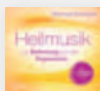
Michael Reimann
Healing Music to Activate Your Self-Healing Powers

digipack
140 x 125 mm
running time: 71 minutes

€ 17,95 (GER)

ISBN: 978-3-8434-8442-8

Publication: March 2023



Healing Music for
Liberation from Depression



Healing Music for
Relaxation and Regeneration



Healing Music for
Falling and Staying Asleep

BACKLIST



Michael Reimann studied conducting and choral conducting at Cologne University of Music and Dance. He became known for his solo concerts as a multi-instrumentalist. He was a lecturer at the Saarbrücken Academy of Music and has been giving seminars all over Europe since 1987. He is interested in the spiritual aspects of music, to which he devotes himself under his label »Acron Music« near Cologne.
www.michaelreimann.de

Michael Reimann's works have been translated into 2 languages.

The workbook on energetic testing

A tensor, the one-handed dowsing rod, is a simple and with a little practice reliable means of getting answers from your own body. Checking the compatibility of food, identifying disturbances in organs, or discovering the optimal position of your bed for the night's rest: whatever is not accessible to the conscious mind, your inner wisdom will show via the direction of movement of the rod. Plus, it is even possible to transmit beneficial energies with this tool. Everything important about preparation, attunement, and questioning technique as well as numerous examples of practical application easily enable you to protect yourself from negative influences, increase your well-being, and stay healthy in the long term.

- › listening to the body made easy
- › future classic with clear instructions and many testing templates
- › profound background information by the internationally known expert Markus Schirner
- › more than 450,000 copies sold of the author's works on the topics of »pendulum divination« and »one-handed red dowsing«

»The tensor will simplify your life!«
(Markus Schirner)



Markus Schirner

The World of Tensor Divination

The praxis book on the one-handed dowsing rod

paperback

290 x 210 mm

96 pages

coloured, with many illustrations

€ 22,00 (GER)

ISBN: 978-3-8434-1542-2

Publication: March 2024



First-Aid Acupoints



Breathing Techniques



Applying Essential Oils

BACKLIST



Markus Schirner is a trained teacher of kinesiology, »Brain Gym«, and »Touch for Health« as well as a massage therapist. His other fields of expertise include aromatherapy and herbalism, meditation and breathing therapy, and Buddhist philosophy. He is the founder of the Schirner Verlag, which is one of the most important spiritual publishers in Germany.
www.schirner.com

Markus Schirner's works have been translated into 10 languages.

The rediscovered superfood

Already more than
3,000 copies sold

Oats are a real all-rounder: the native, gluten-free grain ensures hormonal balance and mental equilibrium, lowers blood pressure, promotes digestion and healthy sleep as well as a strong cardiovascular system. Because of its high content of important amino acids, vitamins, and fibre it really boosts our metabolism. An oat diet can even kind of reset the pancreas and counteract diabetes. In addition, this diet allows you to lose weight in a healthy, sustainable way without any yo-yo effect. All you need are just two »oat days« a month. Delicious recipes such as courgette oat burgers, juicy oat cakes, or crunchy crispbread will further convince you of the health miracle of oats.

- » **widespread super food recommended for its nutritional value and health benefits**
- » **with healthy oatmeal recipes from sweet to savoury**
- » **oats are in high fashion**



Karin Opitz-Kreher
Slim and Healthy with Oats
Stimulating metabolism, regulating hormones, losing weight healthily

paperback
134 x 175 mm
144 pages
coloured, with many illustrations

€ 12,95 (GER)

ISBN: 978-3-8434-1524-8

Publication: January 2023

BODY IN BALANCE – BACKLIST



Golden Milk



Facial Oils



Holistic Detoxification



Essential Oils for Healthy
and Pain-Free Teeth

BACKLIST



Karin Opitz-Kreher is trained in Aura Soma, Aura Soma bodywork, and foot reflexology. She works in her own wellness practice near Augsburg, Bavaria, with a focus on stress reduction and harmonisation. Since 2013, she has also been using the traditional knowledge of essential oils and passes it on in workshops.
www.lebeenergetisch.de

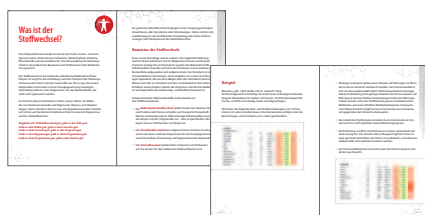
Karin Opitz-Kreher's works have been translated into 2 languages.

Give your metabolism a boost!

There are many, many guidebooks on optimal nutrition. But all their approaches have a flaw: they rather refer to the food than to the eater! In a clear and easy-to-understand way, the expert in naturopathy Lothar Ursinus explains why the latter is by far the more important consideration. By taking into account individual aspects such as blood group, metabolic characteristics, and combustion type, he provides you with specific recommendations for improving your metabolism – because dairy products or a vegan diet are not suitable for everyone.

Here you can find out which foods put a strain on your body, what the causes of food intolerances are, how diseases such as diabetes, arteriosclerosis, dementia, or autoimmune diseases develop, and what measures you can take to boost your metabolism. This is how you vitalise body and mind!

- › supports both physical and mental health by optimising your metabolism
- › also suitable for alternative practitioners, therapists, and nutritionists
- › author is among the leading experts on naturopathy in the German-speaking world
- › **more than 130,000 copies sold of Lothar Ursinus' books on the topics of »health« and »nutrition«**



Lothar Ursinus **The Way to a Healthy Metabolism – Easily Explained**

Understanding and consciously optimizing our cell activity – for a healthy life full of ease

paperback
144 x 205 mm
144 pages
coloured, with illustrations

€ 12,95 (GER)

ISBN: 978-3-8434-1377-0

Publication: May 2019

Rights already sold:
Czech, Dutch, English, Polish



For more than 35 years, **Lothar Ursinus** has been among the leading experts in naturopathy in Germany. His extensive knowledge in the field of holistic vitality and metabolism analysis, which he passes on to alternative practitioners and doctors in numerous seminars and lectures, is also the basis of his individual nutrition programme »gesund + aktiv«, which has been successful for more than two decades.
www.ursinus.de

Lothar Ursinus' works have been translated into 6 languages.

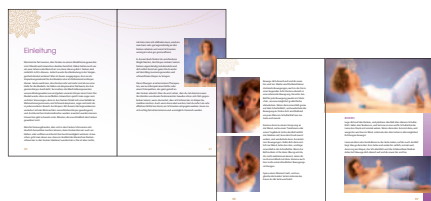
From the author of the »Yoga Book of the Year 2011« and the »Yoga Book of the Year 2014«



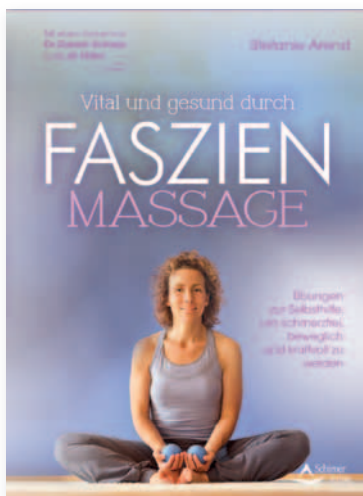
Fasciae: they build a fibrous network that runs through our body from head to toe, giving it its shape, stabilising it, and improving its self-awareness and coordination. However, due to lack of movement or one-sided muscle strain, they can clump together and harden, which often leads to back and neck pain as well as aching shoulders and joints.

Yin-Yoga expert Stefanie Arend shows us gentle and highly effective exercises with which we can strengthen our fasciae and improve their elasticity. Instead of a fascia roller, fascia balls are used; these have a more targeted effect and enable the treatment of even particularly stubborn trigger points. Many illustrations make it easy for you to do these exercises at home. Yin-Yoga sequences that are perfectly adapted to the needs of the fasciae, instructions for massage techniques such as cupping therapy as well as nutrition tips round off this valuable guide.

- › **improving body awareness and agility**
- › **trend training »fasciae massage« revolutionised the fitness sector**
- › **elastic fasciae are the key to health, fitness, and good looks**
- › **more than 83,000 copies sold of Stefanie Arend's books on the topic of »yoga«**



Stefanie Arend lives in Wiehl, North Rhine-Westphalia. Since 2007, she has been running her own yoga school and is experienced in teaching in Germany and abroad. She is an approved yoga teacher and learned Yin Yoga from the co-founders and leading yoga experts Paul Grilley and Sarah Powers. Furthermore, she completed a training in nutritional counselling.
www.yin-yoga.de



Stefanie Arend **Vitality and Health through Fasciae Massage**

Self-help exercises for gaining strength and agility and becoming free of pain

paperback
162 x 220 mm
168 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1424-1

Publication: April 2020

**Rights already sold:
Dutch, Italian, Spanish**

Stefanie Arend's works have been translated into 5 languages.

Selected Titles – SUCCESSFULLY LICENSED

Bestseller



Ulrich Emil Duprée
Ho'oponopono
Small Series (March 2011,
Relaunch May 2018)

Rights sold: Croatian, Czech,
Dutch, English, French,
Hungarian, Italian, Polish,
Portuguese, Russian, Slovenian,
Spanish, Turkish, Vietnamese



Lothar Ursinus
The Organ Clock
Compact Series (November 2009,
Relaunch July 2016)

Rights sold: Czech, Dutch, English,
Hungarian, Italian, Spanish



Markus Schirner
Breathing Techniques
Paperback (October 2000,
Relaunch July 2020)

Rights sold: Czech, Dutch,
French, Italian, Polish, Spanish



Markus Schirner
Pendulum Worlds
Paperback (April 1995,
Relaunch May 2018)

Rights sold: Czech, French, Italian,
Lithuanian, Polish, Spanish



Sandy Taikyu Kuhn Shimu
What Makes Your Energy Flow
Paperback (February 2013,
Relaunch May 2021)

Rights sold: Czech, English,
Italian, Polish, Vietnamese



Ulli Felber
Forest Bathing
Small Series (March 2018)

Rights sold: Czech, French,
Italian, Polish, Spanish



Alexandra Molina •
Stefanie Köster
I am Myself
Card Deck with Guidebook
(March 2022)

Rights sold: Danish, French,
Italian, Spanish, Swedish



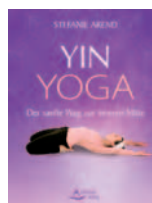
Lothar Ursinus
Your Way to a Healthy Metabolism
Paperback (May 2019)

Rights sold: Czech, Dutch, English,
Polish



Susanne Hühn
Healing the Inner Child
Paperback (February 2008, June 2017,
Relaunch March 2023)

Rights sold: Czech, Dutch,
French, Polish



Stefanie Arend
Yin Yoga
Paperback (October 2011)

Rights sold: Czech, Dutch,
French, Italian

Selected Titles – SUCCESSFULLY LICENSED

Bestseller



Jeanne Ruland
Power Animals
Accompany your Life
Softcover (May 2004,
Relaunch March 2017)

Rights sold: Czech, Dutch, Polish



Tina Stümpfig
Jin Shin Jyutsu for
Resilience and Bliss
Paperback (August 2017)

Rights sold: French, Italian,
Spanish



Lisa Biritz
Shamanic Fasting
Paperback (March 2015)

Rights sold: Czech, French, Polish

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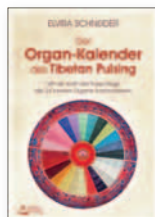
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