



RIGHTS GUIDE

2021



DEAR COLLEAGUES AND PARTNERS,

We are very happy to present you our Foreign Rights Guide 2021!

Please have a look at this year's titles and get an impression of the whole range of our programme.

For those of you not yet familiar with the Schirner Publishing House – a brief introduction:

Schirner Verlag GmbH & Co. KG is one of the leading spiritual publishing houses in Germany. This successful family business publishes around 100 non-fiction and fiction books, card decks, CDs, DVDs and calendars every year. The topics range from »spirituality« via »self-help / counselling« to »body in balance«.

Please feel free to contact us for more information about those books and products of particular interest to you or of which you would like to receive review copies.

We look forward to hearing from you.

Kind regards,

Heidi & Markus Schirner



For all Foreign Rights inquiries please contact:

Rudolf Scholz

Schirner Verlag GmbH & Co. KG
Birkenweg 14a
64295 Darmstadt
Germany

rudolf.scholz@schirner.com
rights@schirner.com





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Spirituality

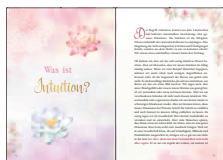
Learning to trust intuition

Already more than
1,100 copies sold

How do we get through a severe crisis? What's the meaning of life? What can we do when we are constantly faced with self-doubt, unhealthy relationships and chronic fatigue?

Those who ask themselves these questions are often looking for answers »outside«. But true harmony always begins »inside«. This book shows why it is so important in current times to calm down the overactive, always outwardly directed Yang energy and to give space to Yin, the gentle, feeling, accepting force within us. Simple exercises for more empathy, clear feelings, focus and self-love allow our soul's forces to awaken. We learn to endure silence again, to release physical and mental blockages and to promote sensitivity and inner balance by harmonizing the chakras. With unshakable trust in our own intuition, old beliefs, negative thoughts or destructive behaviours no longer determine our life, instead the tender voice of our soul shows us the way to a satisfied, fulfilling existence.

- › **getting deeply in touch with your inner voice**
- › **with exercises from 3 up to 40 minutes length**
- › **for everyone who is looking for clarity in daily life**



Marija Schwarz **Your Soul Speaks to You**

A journey to the miraculous powers inside yourself

paperback
144 x 205 mm
176 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1469-2

Publication: February 2021

Rights already sold: Czech



Discover Your Intuitive Energy

BACKLIST



Marija Schwarz started practicing yoga and meditating at an early age in order to find access to divine power. This made her clairvoyant and highly sensitive, and she can see energies in other people. In Kassel she gives courses and seminars in sat yoga, classic hatha and yin yoga and dynamic yoga. She is also an artist of spiritual images.

www.marija-schwarz.de | www.meditation-yoga-kassel.de

»Unleash your inner strength, let your soul shine ...

... and follow your unique path of the heart.« Modern impressive collages to inspire our souls. Elements from mythology, astrology and Eastern teachings were combined to form expressive pictures which allow us to recognize deep-going connections in life. Ann-Sophie Bunting shows clearly how we can grow internally, heal shadow issues and bring harmony into the world. Small tasks, touching affirmations and ingenious questions for reflection allow us to create the life we long for.

- › **unusual, yet impressive imagery**
- › **»letting go«, »accepting«, »creating« and many other topics are explained in an easy-to-understand way**
- › **active author with high social media presence**



»Hidden Portal«



»Empathy«

**Already more than
1,800 copies sold**



Ann-Sophie Bunting
Let Your Soul Shine
 Cards for inner strength and growth

card deck
 89 x 127 mm
 50 cards including guidebook
 coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9161-7

Publication: March 2021



EarthAngel

BACKLIST



Ann-Sophie Bunting, born in Hamburg, has been interested in art and design since her childhood. She works as a studied graphic designer, yoga teacher and Reiki master, recently in Gran Canaria, following love. It is particularly important to her to remind people of their inner strength and to let them understand that everything is connected with everything.
www.inbalance-healing.com

Individual, personal, special

Already more than
1,000 copies sold

Modern wedding ceremonies are becoming increasingly popular as an alternative to traditional weddings. Whether newly engaged or with the wish to renew the marriage: Touching blessing ceremonies to seal the love can be designed completely freely and unique.

Jeanne Ruland and Sabine Brändle-Ender have already led numerous blessing ceremonies and have incorporated all of their experience into this book: What is the significance of marriage regarding the circle of life? What happens on the energetic level? And what keeps love young for a lifetime?

In addition to an in-depth look at the different aspects of what is perhaps the most sacred promise in life, you will learn how you can design your own, very personal blessing ritual. A Hawaiian wedding on the beach, a ceremony in the forest or a colourful boho wedding – the possibilities are endless. Numerous ideas and unique rituals serve for your inspiration and can be put together freely. In addition, tried and tested tips and checklists ensure stress-free planning and a smooth processing. The »yes« to each other has never been more blessed!

- › the very special »wedding planner«
- › also for those who say »yes« for a second time
- › individual blessing ceremonies, usable for very small or large groups
- › free weddings are becoming increasingly popular



Jeanne Ruland &
Sabine Brändle-Ender
**Getting Married with Light
and Love**

Rituals and blessings for a free
wedding ceremony

paperback
144 x 205 mm
128 pages
colour illustrations throughout

€ 12,95 (GER)

ISBN: 978-3-8434-1459-3

Publication: February 2021



Jeanne Ruland is one of Schirner's best-selling authors. The mother of three lives in Darmstadt and is an angel medium, Huna teacher, seminar leader and travel guide for international spiritual journeys, covering a wide range of themes. She teaches studies in nature, angels and light-working as well as Ascended Master studies and sacred geometry.
www.shantila.de

Jeanne Ruland's works have been
translated into 8 languages.



Sabine Brändle-Ender from Hohenems (Austria) is a qualified mental trainer. Her professional path led her through the classic profiles of commercial activities, from insurance to financial business, until during a break her interest on energetic topic was aroused. Today she supports her clients by means of various methods in activating their self-healing powers.
www.energetischebalance.at

Guided by the heavens

Already more than
3,200 copies sold

In the world of angels, time is irrelevant; but to us humans here on earth, time is of great importance. Whether looking at the past, thinking about a current topic or wishing for a bright future, we keep asking ourselves: What do I have to do next? When will particular chances and possibilities arise? What is still holding me back? When is the right time?

The Angels of the Golden Age provide answers to exactly these questions. They are heralds of new ways in life and time qualities, and our personal light-bearers. They are always by our side with gentle messages, and open portals ablazed with light into higher levels of being.

- › puts the focus on different turning points and time qualities in life
- › with fantastically beautiful pictures
- › for fanciers of angel oracles



»Heart Communication«

»New Reality«



Melanie Missing & Christiane Treichel **Angel Oracle of the Golden Age**

card deck
89 x 127 mm
40 cards including guidebook
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9158-7

Publication: May 2021



Melanie Missing is among the most popular authors concerned with the topic of »unicorns« in the German-speaking countries. She has published several books, card decks and CDs and is the creator of the prize-winning »unicorn essences«, which she distributes through her own firm »Garten Eden« located in Kassel (Hesse). Among her further areas of expertise are »the legacy of Avalon« and »the energy of the Marys«.

www.einhornessenz.de



Christiane Treichel lives close to Flensburg. Since her childhood she has loved painting and drawing. Today, the trained advertising technician paints in every spare minute, inspired by the diversity of the world. Her art is mainly based on her belief in God and her own emotional world.

www.lichtbuntebotschaften.de

A signpost on your path to wisdom

The mala, a prayer string made of 108 beads, has been part of Buddhist philosophy since ancient times. It has a deep spiritual and philosophical meaning: Each of its beads stands for an insight on the path to enlightenment.

The experienced Zen practitioner Korai Peter Stemmann brings to you the mala knowledge in entertaining and meaningful lessons, for example how to turn from envy to sympathy, from aimlessness to goal realisation and from domination to appreciation. This book is a comprehensive introduction to timeless Buddhism, yet you can also intuitively flip it open at a random page in order to gain an illuminating insight.

- › **comprehensive presentation of the Buddhist spiritual teaching**
- › **the meanings of all 108 beads of the mala are explained**
- › **well-known Buddhist coach who is also successful in the business sector**



Already more than
1,500 copies sold



Korai Peter Stemmann
The Mala's 108 Pearls
 The wisdom of the Buddhist
 prayer string

paperback
 162 x 220 mm
 248 pages
 colour illustrations throughout

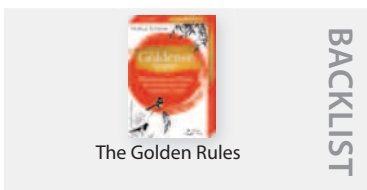
€ 19,95 (GER)

ISBN: 978-3-8434-1460-9

Publication: March 2021



Korai Peter Stemmann lives in Schleswig-Holstein and has been working as a coach for entrepreneurs, managers and teams for over 30 years. He has developed a combination of western and eastern coaching models, which he calls the east-meets-west mentality. He is the author of numerous books and CDs on the subjects of »eastern teachings« and »coaching methods«.
www.korai.eu



BACKLIST

Reconnection to the female aspects of life

Already more than
2,000 copies sold

In everyone of us, there is a gushing source of strength. It recharges us and lovingly supports us in all situations – the feminine creativity, the original femininity. It gives security, heals old wounds and supports us in all of our projects. If we open up to it and learn to love ourselves again, we can carry this power into our life and thereby influence our environment positively.

Elke Kirchner, shaman and medial healer, shows us how to reconnect with the female primary force and follow the path of wise women in everyday life, by using numerous affirmations, rituals and healing journeys. Now is the time to make way for the loving power and thereby make the world a better place!

- › the entity of the feminine and the masculine represents a comprehensive source of strength on the way to the new age
- › numerous exercises and rituals for the (re-) connection to the female primary force
- › healing violations of female identity and experiencing wholeness



Elke Kirchner

Living Original Female Power

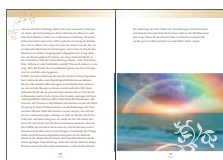
The path of wise women to intuition, self-empowerment and healing

paperback
144 x 205 mm
192 pages

€ 16,95 (GER)

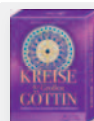
ISBN: 978-3-8434-1461-6

Publication: May 2021



Elke Kirchner lives in Rehlingen, Lower Saxony, is clairvoyant and follows the path of the shamaness. She is a channel for Uriel, an angelic being, and is in contact with light beings and power animals. She has been leading angel and shaman seminars for 12 years and is co-founder of the »Vision of Love Center« for spiritual growth, mental healing and clairvoyance.

www.vision-of-love.de



Circles of the
Great Goddess

BACKLIST

May healing happen on all levels!

Already more than
6,700 copies sold

Archangel Raphael is the angel of healing and development. With this card deck we can call him at our side whenever we need him and ask him to gently guide us on our path to healing. 40 heavenly messages connect us intensely with his energy. Beneficial affirmations and exercises also activate our healing powers and allow us, inspired by Raphael's cheerfulness and ease, to reconnect ourselves with the zest for life.

- › 40 impulses and exercises for healing on all levels
- › ideal companion and wonderful gift
- › by angel expert and best-selling author
Jeanne Ruland



Jeanne Ruland
Archangel Raphael and the Healing Powers of the Green Ray

card deck
100 x 150 mm
40 impulse cards including instruction
coloured

€ 19,95 (GER)

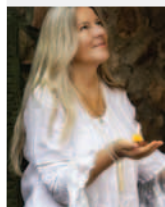
ISBN: 978-3-8434-9162-4

Publication: May 2021



»Forgiveness and self-forgiveness
are the keys to healing.«

Jeanne Ruland's works have been
translated into 8 languages.



Jeanne Ruland is one of Schirner's best-selling authors. The mother of three lives in Darmstadt and is an angel medium, Huna teacher, seminar leader and travel guide for international spiritual journeys, covering a wide range of themes. She teaches studies in nature, angels and light-working as well as Ascended Master studies and sacred geometry.
www.shantila.de



The Lightful Power
of Angels



Sacred Geometry
in Action

BACKLIST

New and unique working tool for Aura-Soma counsellors

Already more than
1,700 copies sold

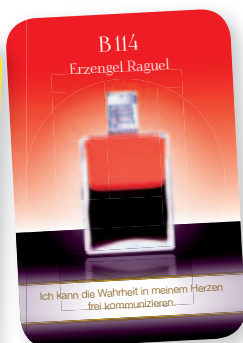
The colours we have chosen in life show us who we are; that is the simple principle behind Aura-Soma. Each of the different colour combinations of the Equilibrium bottles holds a message for our personal journey through life towards an awakened consciousness.

»What is my purpose on earth? What energy is the focus of my life? Where do I stand right now, and what are my next steps on the path to unfold my highest potential?«
The aura-soma soul-mirror cards, which can be used intuitively like an oracle card deck, reveal answers to these and many other important questions and support and strengthen our affords with simple exercises. Trust in your omniscient soul, remember your colourful uniqueness, and become a shining star for the well-being of the world.

- » colours open the doors to our soul!
- » intuitive colour selection now possible without Equilibrium bottles
- » author is one of the world's leading experts in aura-soma



»Garden of Gethsemane«



»Archangel Raguel«



Barbara Heider-Rauter
Aura-Soma Soul Mirror
How to unfold your highest potential

card deck
89 x 127 mm, XL card box
120 cards including paperback
guidebook (160 pages, 115 x 165 mm)
coloured

€ 45,00 (GER)

ISBN: 978-3-8434-9166-2

Publication: July 2021

Barbara Heider-Rauter's works have
been translated into 4 languages.



Barbara Heider-Rauter is a qualified pedagogue and therapist with years of practical experience and one of the world's leading Aura Soma experts. In her work, the wellbeing and highest development potential of every student or client has always been her primary concern. She offers meditation evenings, holds seminars for personal growth and organises seminar trips to England and Ireland. In Salzburg, Austria, she has been operating a shop specializing in spirituality for more than 20 years.

www.avalon-spirit.com | www.barbara-heider-rauter.com

How to live in harmony with mother nature's powers

Already more than
2,600 copies sold

Our ancestors lived in close contact with the elemental forces, whose powers and influence were omnipresent. If we pay the same level of attention to the elements nowadays, we too will gain a deep connection with mother nature and intuitive access to her potential:

- The earth holds and nourishes us.
- The fire warms and drives us.
- The water cleanses us and enables movement.
- The air inspires us and connects us with one another.
- And finally all of these natural forces come together in the aether, which grants us access to higher dimensions.

Antara Reimann and Peter Eckel show you how the traditional perception of the elements enriches and deepens all areas of life – private and professional relationships, nutrition, health or self-development. Find out which nature spirits, plants, runes and minerals can strengthen your connection to the respective primary substance. By producing power objects, erecting a house altar, and executing beneficial rituals, you will achieve comprehensive healing, happiness and inner connectedness.



Antara Reimann & Peter Eckel
Earth, Fire, Air and Water

Traditional knowledge and rituals
for everyday life

paperback
162 x 220 mm
168 pages
colour illustrations throughout

€ 17,95 (GER)

ISBN: 978-3-8434-1434-0

Publication: May 2021



Antara Reimann from Neustadt (Wied) in Rhineland-Palatinate is a certified shamanic healer according to the guidelines of the T.C.O.T.S. Shamanic Healing of the »Bridget Healing Centre« in Glastonbury, UK, and a healer approved by the German »Dachverband Geistiges Heilen e.V.«. Since 1995 she has been running the »Licht-Focus« center. Her activities include shamanic coaching, treatments and rituals, recovery through energetic alignment, rune oracles and workshops as well as guided trips to Southern England.
www.lichtfocus.de



Peter Eckel, a native of the Sauerland, has been dealing with shamanism, spirituality and indigenous healing knowledge for more than 20 years. His passions include guided meditations and working with healing stones, especially rock crystals. As an experienced medium, the support and guidance of the spiritual worlds is available to him, among other things through the powers of the runes.

The holistic Hawaiian way of healing

The healing knowledge of the Kahunas, the wise men and healers among the native inhabitants of Hawaii, is a holistic art of healing that has been handed down over many centuries. Herbal essences, mental techniques, methods of energy work and spiritual exercises, of which many were unknown to us, serve both prevention and the (re-) activation of self-healing powers.

Suzan H. Wiegel was initiated into this knowledge by Kahunas, and she made it accessible to us by her book. With its comprehensive introduction to the secrets of the Hawaiian healers and numerous practical instructions, it is a valuable companion for everyday life. If we dive deeply into this knowledge, ways back to extensive harmony, health and zest for life will unfold before us.

- › easy to understand and modern access to the comprehensive healing knowledge of the Kahunas
- › methods serve both the prevention and the cure of diseases
- › for everyone who is looking for an alternative or supplement to conventional medicine



Already more than
1,900 copies sold



Suzan H. Wiegel

The Healing Knowledge of the Hawaiian Shamans

Wisdom and natural remedies of the Kahunas

paperback
144 x 205 mm
200 pages
coloured, with illustrations

€ 16,95 (GER)

ISBN: 978-3-8434-1462-3

Publication: May 2021



Heal Yourself, and
Heal the World

BACKLIST

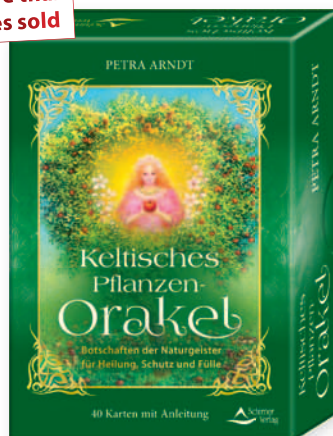
Suzan H. Wiegel was a naturopath, therapist and author. In 1991 she was introduced by the Kahunas of Hawaii to their ancient wisdom and authorized to pass on this knowledge in word and in writing.

Poppy seeds, forget-me-nots, woodruff ...

With her loving and mystical pictures, the spiritual artist Petra Arndt visualises the souls of the 40 most important Celtic plants to our eyes. They all have magical powers, give consolation and strength; and every plant has a spirit, a deva, who guards it. These beautiful cards let our soul garden bloom anew, whenever our soul needs inspiration or healing.

- › living Celtic spirituality means recognizing the divine in everything
- › exciting background knowledge about the magical plants of the Celts
- › intuitive access to the powers of the realms of nature

Already more than
2,800 copies sold



Petra Arndt **Celtic Plant Oracle**

The deva's messages for healing, protection and abundance

card deck
89 x 127 mm
40 cards including guidebook
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9168-6

Publication: July 2021



»Maple.
Listen to the voice of nature.«



»Nettle.
Sorrows fly away.«



Since her childhood, **Petra Arndt** has been receiving and painting light pictures. She works as a freelance painter, designer and illustrator, offers intensive art therapy for patients, conducts painting classes and is a lecturer at the Sasel-Haus in Hamburg, a center for culture and education. Once a week she draws the »Little Angel« for the »Bild der Frau« magazine.
www.petra-arndt.de

Petra Arndt's works have been
translated into 1 language.



Avalon

»All answers lie within you, but you have to find them yourself.«

When you know your medicine name, you can easily experience inner healing and live your destiny. Because then you gain access to your »medicine«, which in shamanism is the term for the original power and the individual gifts and talents. The impressive images and traditional shamanic exercises of this card deck give you access to your mystical aspects. At the same time, they give you many suggestions for your inner search for answers to all of your life's questions.

- › exceptional soul-shamanic access to your inherent powers
- › finding your medicine name unfolds ways to fulfillment, peace and healing



»The Four Elements«



»Medicine Name«

Already more than
2,100 copies sold



Lisa Biritz & Petra Arndt

Your Medicine Name

Discover your hidden magical self to find healing

card deck

89 x 127 mm

44 cards including guidebook
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9157-0

Publication: June 2021



Lisa Biritz travelled around the world and has learned the shamanic work according to Sandra Ingerman (Core Shamanism) and Sun Bear. She is trained in shamanic ancestors' constellations, Shiatsu, Reiki and is also a certified Hatha Yoga teacher. The mother of twins lives in Vienna (Austria). She also holds shamanic seminars and offers guided encounters with dolphins and whales out at sea in Hawaii. www.LisaRainbow.com

Lisa Biritz's works have
been translated into 4 languages.



Since her childhood, **Petra Arndt** has been receiving and painting light pictures. She works as a freelance painter, designer und illustrator, offers intensive art therapy for patients, conducts painting classes and is a lecturer at the Sasel-Haus in Hamburg, a center for culture and education. Once a week she draws the »Little Angel« for the »Bild der Frau« magazine. www.petra-arndt.de

Petra Arndt's works have been
translated into 1 language.

An indispensable reference book for every incense burning enthusiast!

Already more than
2,600 copies sold

Strengthen your memory with inula, get creative with copal, evoke visions with laurel and find your inner balance with cypress – the possibilities of incense burning are immeasurable. The well-known expert Franz X.J. Huber, who has been importing exquisite incense from all over the world for over 30 years, explains what the different flowers, herbs, woods and resins do. He also presents powerful mixtures that have proven themselves for relaxation, energetic cleansing, as love spells or in the twelve nights of Christmas.

- › lexicon on 94 incense substances and their effects
- › 80 recipes for every occasion and every life issue
- › step-by-step instructions for your own incense burning practice
- › exciting background knowledge
- › **more than 10,000 copies sold since the first publication**

»Incense is a powerful tool. The spirit of the plant, which reveals itself in the smoke, makes us deeply alive and has a holistic healing effect, because fragrances develop their effect on different levels of our being: physically, mentally and emotionally.«

(Franz X. J. Huber)



Franz X. J. Huber & Anja Schmidt
The Big Book on Incense Burning

softcover
162 x 220 mm
272 pages
colour illustrations throughout

€ 24,95 (GER)

ISBN: 978-3-8434-1499-9

Publication: August 2021



Franz X. J. Huber has intensively concerned himself for decades with medicinal herbs and incense burning traditions in east and west. Due to his own creations – incense blends for meditations, rituals or simply improving our wellbeing – he is considered to be a connoisseur of the ancient art of incense burning within Germany's borders and beyond. Moreover, he has been importing exquisite incense specialties from all over the world ever since the early nineties.
www.fa-monbijou.de



Anja Schmidt lives in Munich and works as a freelance editor, journalist and copywriter specializing in the topics »spirituality«, »holistic health« and »psychology«.

Messages and impulses for your awakening

Already more than
6,200 copies sold

What is your destiny? Where are you going? And what is the only true path of your soul? Have you already been looking for it for a longer time? Does your heart yearn to rediscover hidden knowledge from other incarnations? These cards will awaken your past, present and future priesthoods. Step by step, you will find all of the answers that you long for so dearly. Messages, rituals and exercises will awaken an ancient wealth of knowledge in you. You will recognize how you can draw from this treasure in everyday life, and live the wisdom of your heart and your destiny.

May you serve as a priestess of the New World of Love, and may these cards ennoble you to a blessing for all beings, in all worlds, in all times and in all dimensions.

- › messages from the circle of wise priestesses
- › strengthens the topics of »self-discovery«, »femininity« and »creativity«
- › magically beautiful and modern cards



»High transformation calls for double strength.«

»This is your breakthrough on your path to destiny.«



Christine Arana Fader
Destiny

Awaken the priestess within you and discover your soul's path

card deck
89 x 127 mm
44 cards including guidebook
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9165-5

Publication: July 2021



Soul Realm

BACKLIST



Christine Arana Fader has grown up protected by the spiritual world, which has prepared her for her task from early on. Within the last years she has made a name for herself with her dragon work and is therefore known as the »dragon woman«. With great commitment and love, she makes the energy of dragons, Avalon and the New Time accessible to the people in her workshops and thus opens up new possibilities and horizons.
www.goldkamille.de

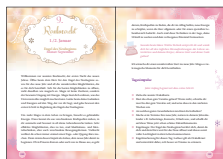
Christine Arana Fader's works have been translated into 5 languages.

Your twelvenights have never been more heavenly!

Already more than
7,300 copies sold

The twelvenights have always been a time of light and hope – qualities that we closely associate with the angels. Let the heavenly helpers accompany you on the 12 holy nights and turn the time you share with them to your personal time of miracles and blessings. Be it the Angel of Silence who is representing January, the Angel of Abundance who is representing May, or the Angel of Peace who is representing November, thanks to heavenly invocations and prayers, magical rituals, meditations and helpful tips for communicating and working with the angels you can design and spend this time completely consciously. Listen to the angels' messages, say goodbye to the times past, and sow the golden seeds of a bright future.

- › the topics of »angels« and »the twelvenights« combined for the first time
- › messages, rituals and meditations for every single holy night
- › Melanie Missing is an expert on lightful heavenly energies



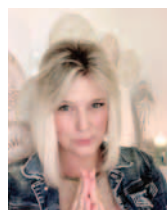
Melanie Missing
Through the Twelve Holy Nights of Christmas Guided by the Angels
Rituals, messages and meditations for the twelvenights

gatefolded paperback
144 x 205 mm
160 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1480-7

Publication: October 2021



Melanie Missing is among the most popular authors concerned with the topic of »unicorns« in the German-speaking countries. She has published several books, card decks and CDs and is the creator of the prize-winning »unicorn essences«, which she distributes through her own firm »Garten Eden« located in Kassel (Hesse). Among her further areas of expertise are »the legacy of Avalon« and »the energy of the Marys«.
www.einhornessenz.de



Oracle of the
Soul Angels

BACKLIST

Living your true self with the power of the I AM

I AM free. I AM brave. I AM valuable. The »I AM« influences and steers many areas of our life. Even though we are not always aware of it, it is a truly powerful expression that has a focusing effect and awakens our creativity. With 44 strong I AM affirmations, this card deck allows us to rediscover ourselves as the miracle that we ourselves are, live the truth of our heart and develop our inner light and love, at every moment. Multidimensional energy images make visible all the wonderful facets of our being, immediately and tangible. Thus every single card reminds us that we are beloved, luminous, unique and powerful beings.

- › looking at the energy images relaxes and realigns
- › I AM affirmations are particularly powerful
- › also suitable for therapeutic purposes



»I AM all«



»I AM home«

Already more than
2,200 copies sold



Gaby Shayana Hoffmann
I AM Light and Love
Remember your true self

card deck
89 x 127 mm
44 cards including guidebook
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9167-9

Publication: October 2021



The Treasury
of Your Soul

BACKLIST



Gaby Shayana Hoffmann is a holistic spiritual artist and author. Under the label of »Dolphins DreamDesign«, she has been creating art since 2002 – among others mandalas, pictures of light beings and power images that touch the heart and the soul. It's her central concern to remind other people how unique and wonderful they are, which is reflected in her texts and messages.
www.dolphins-dreamdesign.de

Unique impulses for daily light-working

Already more than
1,400 copies sold

The light-body, with which everyone is born, is the shining perfect shell around our physical body. All of our earthly issues, be it blockages or challenges, and also their solutions are stored in it. If we tread the path of awakening and spiritual growth, we can gradually dissolve these entanglements and live our true essence, e.g. our gifts, our talents and all of our luminous abilities.

Barbara Heider-Rauter, one of the world's leading aura-soma and color experts, supports people every day in developing towards their highest potential. Her book is a unique collection of powerful exercises, rituals and tips for the development of the light-body. The topics range from the protection of the energy field, the liberation from blockages and the strengthening of the inner sources of power to the development of unconditional love and the unleashing of your own creative power further to the connection to the All One. Barbara shows us that true spiritual development takes place in everyday life and can also be easy and bring joy.

- › **more and more people are discovering their spirituality**
- › **author of the successful card decks**
»The Horizontal Eight« and »Flower of Life«



Barbara Heider-Rauter **Unfolding the Light-Body**

A companion for the spiritual development

paperback
144 x 205 mm
152 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1484-5

Publication: September 2021

Barbara Heider-Rauter's works have been translated into 4 languages.



Flower of Life



The Horizontal Eight

BACKLIST



Barbara Heider-Rauter is a qualified pedagogue and therapist with years of practical experience and one of the world's leading Aura Soma experts. In her work, the wellbeing and highest development potential of every student or client has always been her primary concern. She offers meditation evenings, holds seminars for personal growth and organises seminar trips to England and Ireland. In Salzburg, Austria, she has been operating a shop specializing in spirituality for more than 20 years.

www.avalon-spirit.com | www.barbara-heider-rauter.com

Individually designing and building up places full of magic

Already more than
1,600 copies sold

A place that we consecrate and hold sacred radiates a very special power. We can use this power to direct energy towards what is important to us: a goal, a ritual or simply the desire for a peaceful rest. Whatever intention we bear in us upon creating, the energy of our personal soul place will follow it, reinforce it and support us.

Antara Reimann has been working with altars and the like for over 20 years and presents all types and their effects. Whether a simple cloth with a candle, a leaf mandala in the forest or a corner for our soul at home: From the basic structure to the choice of suitable objects to energetic charging, we learn everything we need to know to create our own sacred power places.

- › soul places help bringing spiritual issues to the material level
- › with numerous ideas and tips for individual design
- › author has more than 20 years of experience in setting up power places



Antara Reimann
Power Places for Your Soul
How to create sacred sites of your own

gatefolded paperback
162 x 220 mm
152 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1482-1

Publication: November 2021



Runes Oracle



The Twelvenights and
the Power of Runes



Glastonbury



Goddesses Rituals

BACKLIST



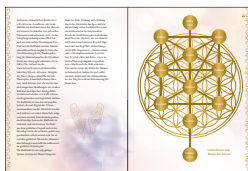
Antara Reimann from Neustadt (Wied) in Rhineland-Palatinate is a certified shamanic healer according to the guidelines of the T.C.O.T.S. Shamanic Healing of the »Bridget Healing Centre« in Glastonbury, UK, and a healer approved by the German »Dachverband Geistiges Heilen e.V.«. Since 1995 she has been running the »Licht-Focus« center. Her activities include shamanic coaching, treatments and rituals, recovery through energetic alignment, rune oracles and workshops as well as guided trips to Southern England.
www.lichtfocus.de

Heavenly, full of light, graceful ...

Already more than
4,100 copies sold

Angels have always fascinated us! In this unique compendium we learn everything about their activities, their nature and the meaning of these heavenly companions for us and our development. What kind of angels are there? Who do we turn to with what concerns? And how can we get in touch with the angel of our choice? The extensive practical part with prayers, meditations and rituals and the lexicon with over 1800 angel names make this book indispensable for everyone who wants to learn about the angels and find a very personal approach to them.

- › the topic of »angels« is more fascinating than ever
- › more than 47,000 copies sold of the previous editions
- › a classic featuring a large practical part
- › with a unique angel name dictionary



Jeanne Ruland

The Big Book of Angels

Everything about the celestial guides
and how to connect to them

gatefolded paperback
162 x 220 mm
344 pages
colour illustrations throughout

€ 24,95 (GER)

ISBN: 978-3-8434-1481-4

Publication: November 2021

Rights already sold: Czech, Polish

Jeanne Ruland's works have been
translated into 8 languages.

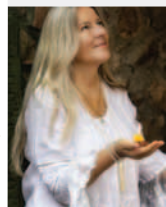


My Oracle of the
Twelve Nights



The Lightful Power
of Angels

BACKLIST



Jeanne Ruland is one of Schirner's best-selling authors. The mother of three lives in Darmstadt and is an angel medium, Huna teacher, seminar leader and travel guide for international spiritual journeys, covering a wide range of themes. She teaches studies in nature, angels and light-working as well as Ascended Master studies and sacred geometry.
www.shantila.de

The background of the image is a scenic landscape. In the foreground, there is a field of tall, green grass with some yellow wildflowers. The middle ground shows rolling hills covered in similar vegetation, leading towards a range of mountains in the distance. The sky is filled with soft, orange and yellow clouds, suggesting a sunset or sunrise. The sun is visible as a bright, glowing orb behind the mountains, casting a warm light over the entire scene.

Self-Help / Counselling

Get out of your relationship addiction

Already more than
3,200 copies sold

Are you struggling to always please your parents? Do you think friends' problems are more important than your own ones? Can't you say »no« to your partner?

If this applies to you, then you are likely trapped in codependency. Affected people perceive themselves almost exclusively through their relationships with others. Whether these are good or harmful is secondary to them, the main thing is that there is some kind of relationship at all.

Susanne Hühn knows from her coaching practice what it is like to be stuck in co-dependent structures. In this book, she explains what codependency is and how you can tell if you are in a toxic relationship. Further, she shows you how to ditch this self-damaging behaviour step by step. In this way you regain your self-determination and then can take care of yourself as well as be there for others to a healthy extent.

- › powerful 12-step programme with effective exercises and tips
- › more than 25,000 copies sold of the previous edition
- › new edition with a stronger psychological focus
- › active author with high social media presence



Susanne Hühn

I Leave Yours with You

Putting an end to toxic relationships and codependency!

paperback
144 x 205 mm
192 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1463-0

Publication: February 2021

Rights already sold: Dutch

Susanne Hühn's works have been translated into 8 languages.



Staying True
to Myself



Emotional Protection

BACKLIST



Susanne Hühn lives in Reinheim (Hesse) and is a trained life coach, holistic physiotherapist and a successful author of spiritual self-help books. Since 1986 she has been supporting people on their way to a fulfilled life. With her numerous books and CDs she is among Schirner's best-selling authors. Furthermore, she conveys her knowledge in speeches and seminars in Germany, abroad and online.
www.susannehuehn.de

Sometimes we lack the courage to believe in ourselves ...

The same goes for the little elephant girl Elsa. She lives in the circus and dreams of being in nature and playing freely together with other elephants. But the other circus animals think she dreams way too big. Fortunately, she will soon be visited by a butterfly that encourages her to listen to her heart and to believe in herself – because then anything is possible.

The giraffe Amelie, the penguin Lulu and the sea turtle Emilie learn important things as well. For example: Everyone carries within a shining treasure that makes them happy. All feelings are okay, even those that make us become particularly loud or very quiet. And it is VERY important to take care of the planet earth.

Six heartwarming and lovingly illustrated stories convey valuable messages to a child such as »Believe in yourself«, »All feelings are important«, »You are valuable, no matter what others say«, »Listen to your heart«. In this way, the child can develop trust, strength, confidence and a beastly lot of courage for a happy, confident life.

- › for children of age 4 up to 6 years
- › strengthens self-confidence and self-love
- › spirituality conveyed in a child-friendly manner in short stories
- › lovingly illustrated

Already more than
3,400 copies sold



Alexandra Molina & Stefanie Köster
The Self-Assured Little Elephant
 Animal stories about courage, faith, strength and the unique gift within oneself

hardcover
 170 x 240 mm
 80 pages
 colour illustrations throughout

€ 12,95 (GER)

ISBN: 978-3-8434-1465-4

Publication: May 2021

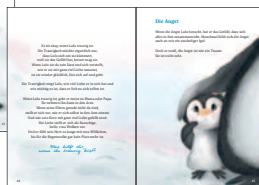
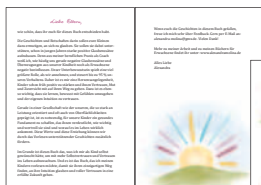


Alexandra Molina from North Rhine-Westphalia worked for several years in the personnel management and marketing division of an international corporation. Following her interest in psychology, personality development and spirituality she completed trainings as a certified staff and business coach, as a Journey Practitioner according to Brandon Bays as well as a children and youth coach. She supports women in reconnecting with their intuition, building trust, gaining inner freedom and finding their soul's purpose.
www.amo-coaching.de



Stefanie Köster completed an apprenticeship as a media designer for digital and print media and studied communication design. Since 2018 she has been working as an independent art director and communication designer in Hilden, North Rhine-Westphalia. With many years of professional experience, she develops and designs ideas and communication solutions for customers of all kinds. She sees design as a method of communication that simplifies and enriches daily life.
www.stefanie-koester.de

Alexandra Molina & Stefanie Köster
The Self-Assured Little Elephant



A simple method to cope with everyday's stress

A life that is determined by meaning and happiness – even when things get turbulent: You can achieve this through mindfulness! With a lot of empathy, the experienced alternative practitioner for psychotherapy Christine Wunderlich shows you how you can take control of your life in six powerful steps – thanks to numerous everyday exercises. With inner calm, serenity, self-determination, mind control, body awareness and zest for life, excessive demands and burn-out no longer have a chance. It is always you who decides whereon you focus your attention!

- › three out of four suffer from stress (in Germany)
- › 6-step programme for high motivation to try it out and stick with it
- › large selection of exercises in which everyone will find something suitable



Christine Wunderlich
Handling Stress in 6 Steps
 A mindfulness programme towards serenity and zest for life

paperback
 135 x 215 mm
 184 pages
 colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1478-4

Publication: May 2021



Finally Finding
 Peace of Mind

BACKLIST



Christine Wunderlich is a mindfulness trainer and alternative practitioner (psychotherapy) who works in her own practice near Nuremberg. She also holds training courses in companies and is a lecturer in alternative practitioner training for psychotherapy. As she found with many of her clients, brooding is a main reason for a lack of zest for life. This prompted her to develop a large repertoire of techniques for dealing with one's own thoughts in a health-promoting way.
www.christine-wunderlich-coaching.de

A lot depends on ...

Already more than
1,400 copies sold

... your ability to let go and listen to your heart: happiness, good relationships, zest for life and health. The enlightening words of wisdom by the popular coaching duo Ronald Schweppe and Aljoscha Long make you realise: You yourself make the decisions in your life. Whether goals that are not your own or the belief that you are not entitled to something, simply shake off the past and whatever no longer suits you! Your heart shows you the way, and with this card deck it will be very easy for you to follow your heart's voice.

- › **Aljoscha Long and Ronald Schweppe have been writing advisory textbooks together, all of which have become bestsellers**
- › **trending topics »mindfulness« and »leaving behind ballast«**



»You don't have to do anything!«



»Everything is perfect the way it is, including yourself.«



Ronald Schweppe & Aljoscha Long
Let go, and Listen to Your Heart
Impulses for more easiness and
zest for life

card deck
100 x 150 mm
40 wisdom cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9169-3

Publication: September 2021



Ronald Schweppe is an orchestral musician and author of numerous books in the fields of psychology, the art of living, and spirituality. He completed an apprenticeship in NLP and for many years dealt with Far Eastern philosophy, Zen Buddhism and mindfulness procedures. He has been interviewed frequently on radio and television as an expert in meditation and mindfulness. He lives in Munich with his wife and three children.



After studying psychology, philosophy, linguistics and music education, **Aljoscha Long** worked as an author, composer, therapist and Taijiquan and Qigong teacher. In 1989, he and Ronald Schweppe, with whom he had already produced music, they wrote the first book together; and many more have followed. He lives with his wife, the Chinese healer Fei Long, in Munich and Guangzhou.

www.longschweppe.de

Dog textbook, life guide and heart opener in one

This book is a declaration of love to all dog souls in the world. The experienced animal healer Susanne Orrù-Benterbusch invites you to rediscover the relationship with your four-legged companion. You will learn everything you need to know about the subject of dog health, from optimal nutrition to dealing with parasites and environmental toxins further to energy work. Your dog is far more than a loyal friend: As your »soul dog« he is at the same time a companion accompanying your intellectual and spiritual growth. Embark on the dog adventure, and enjoy the best time of your life!

- › **naturopathic and holistic specialist knowledge on all important topics in dog ownership**
- › **unique view of the human-dog relationship as a soul partnership**
- › **for dog owners, animal health practitioners and veterinarians**

»Having a dog by your side brings an indescribable feeling of connectedness and being-loved.«
(Susanne Orrù-Benterbusch)

Already more than
1,400 copies sold



Susanne Orrù-Benterbusch
Your Soul Dog Leads You the Way
Practical guidelines for a healthy and happy human-dog relationship

gatefolded paperback
162 x 220 mm
272 pages
colour illustrations throughout

€ 22,95 (GER)

ISBN: 978-3-8434-1500-2

Publication: June 2021



The Message of
Your Soul Dog



Cats – Soulmates
and Charmers



Sleeping like
an Angel



What My Heart
Wants to Tell You

BACKLIST



Susanne Orrù-Benterbusch is a trained veterinary practitioner who works in her own practice. Since the late nineties she has been intensively concerning herself with the field of »alternative medicine«. A matter particularly close to her heart is conveying her naturopathic knowledge to pet owners in order to help them act on their own responsibility and thus preserve the animal's health.

www.susanne-orru-benterbusch.jimdo.com

Coaching has never been so easy and fun

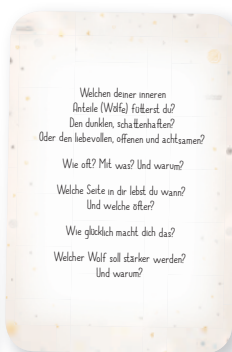
Already more than
5,100 copies sold

Dissatisfied? Stressed? Or do you maybe fancy something new? Then these humorous coaching cards are made right for you! Simply draw a card, let the picture and slogan inspire you and answer the reflection questions on the back – and then you can see clearly again, recognize the next step and take it cheerfully. It's as easy as it sounds! Those who know their values, desires and needs can realize them and get happy. This cheerful, colourful card deck is based on concentrated coaching experience which makes it a must-have for everyone who wants to advance further.

- › for everyone who is looking for new ways in coaching
- › the images reveal hidden wishes, specific questions lead to success
- › approaching important topics such as »freedom«, »self-love« and »serenity« with a good pinch of humour



»It's up to you
which wolf you feed.«



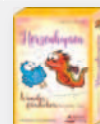
Sabine Waldmann
I could get angry every hour – but I don't have to
The self-coaching programme

card deck
100 x 150 mm
40 cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9163-1

Publication: February 2021



Happy Heart Bounces

BACKLIST



Sabine Waldmann lives in Goldbach (Bavaria) and has been working as a freelance coach and trainer for 18 years. As a systemic consultant and organizational consultant (certified by DGSF e. V.), it is her passion to support people in defining their values and goals, implementing non-violent communication and making successes visible. In doing so, she works specifically with self-painted pictures in order to bring to light deep-seated desires and needs that otherwise remain hidden.
www.coachinglight.de

Eating, smoking, drugs, social media, relationships, sex, sport, work ...

There are many things we can be addicted to. We develop dependencies because we are all looking for unconditional love, constant security, unreserved support. If we don't find these, we try to numb the pain and fill the inner void by other means. Susanne Hühn, holistic physiotherapist, seminar leader and well-known guidebook author, has been dealing with this topic for many years. She shows us a way out of the addiction: a twelve step programme. It provides us with coaching questions and therapeutic exercises which let us fathom the addiction and find out what makes it »tick«. Then we get to know how we can counter the addiction and detach ourselves from it step by step – with a goal clearly in mind: finally becoming in-dependent!

- › for everyone who wants to get out of their addiction
- › one in five adults has an addiction problem
- › powerful 12-step programme with effective exercises and tips
- › author is one of Schirner's best-selling authors
- › extended new edition

Already more than
1,600 copies sold



Susanne Hühn
**Understanding and Finally
Releasing Addictions**
How to become in-dependent
in 12 steps

paperback
144 x 205 mm
184 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1491-3

Publication: August 2021

Susanne Hühn's works have been
translated into 8 languages.



Susanne Hühn lives in Reinheim (Hesse) and is a trained life coach, holistic physiotherapist and a successful author of spiritual self-help books. Since 1986 she has been supporting people on their way to a fulfilled life. With her numerous books and CDs she is among Schirner's best-selling authors. Furthermore, she conveys her knowledge in speeches and seminars in Germany, abroad and online.
www.susannehuehn.de



Staying True
to Myself



What Gives You
New Strength

BACKLIST

Becoming an author is not that difficult

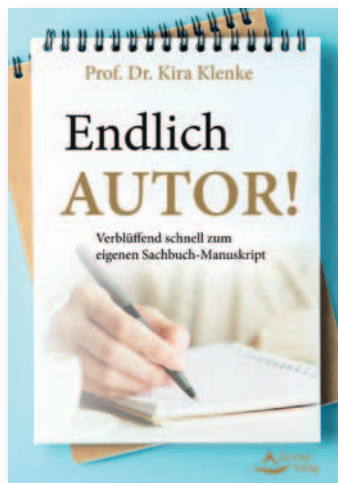
Is there a new manuscript waiting in your drawer, too? Have your inner weaker self and your inner critic triumphed at some point, and since then the »Becoming an Author« project has been on hold?

There is another way! The experienced and successful author Dr. Kira Klenke knows exactly what obstructive beliefs about book-writing are keeping most of tomorrow's writers from turning their ideas and notes into a completed book. She shows you how you can use intuitive and creative writing techniques to overcome any blockages and boost your motivation the way that you cannot be stopped any longer. One thing is for certain: You have something unique to say, because of your very own experience, your know-how and your »voice«, and the readers are waiting for YOUR book! Thanks to numerous exercises, tips and tricks, your specialist knowledge will take on book form in a surprisingly short time.

- › **quickly and effectively to the finished manuscript**
- › **many people would like to write books but don't dare to**
- › **with numerous exercises that bring writing into the flow**



Dr. Kira Klenke from Lower-Saxony is a retired professor and a successful author of self-help guides. She supports people in activating their inner guidance in order to find tailor-made solutions for problems and answers to questions in all situations. Intuitive writing has been her passion for 35 years.
www.kiraklenke.de



Dr. Kira Klenke
Finally an Author

Get done your own non-fiction manuscript amazingly quickly

paperback
 144 x 205 mm
 136 pages
 colour illustrations throughout

€ 12,95 (GER)

ISBN: 978-3-8434-1464-7

Publication: February 2021



Being a Muse

BACKLIST

Experience the world of your imagination

Conscious timeouts from everyday life grant you serenity and zest for life. Let the imaginary journeys in this book invite you to dream, let go and relax and lead you to peaceful places and sources of strength. Whether you experience the magic of the northern lights in Scotland, are completely weightless on an excursion into space or let the waves at the Caribbean beach wash away your worries: Just a few minutes of a conscious journey into your imagination give body and soul so much energy and recreation like a couple of hours of sleep. The imaginary trips are also a wonderful addition to relaxation therapy or yoga classes. Treat yourself with little moments of wellbeing in everyday life, and enjoy more peace of mind, strength and inner balance.

- › **conscious time-outs in everyday life have been proven to lead to more serenity and zest for life**
- › **contains imaginary journeys of length 4 up to 11 minutes**
- › **for beginners and advanced users**
- › **also for relaxation trainers**



Already more than
1,600 copies sold



Michèle Voigt

I Narrate , You Dream

Relaxing imaginary journeys to distant places

paperback

144 x 205 mm

136 pages

colour illustrations throughout

€ 12,95 (GER)

ISBN: 978-3-8434-1471-5

Publication: January 2021



At a Calm Lake ...

BACKLIST



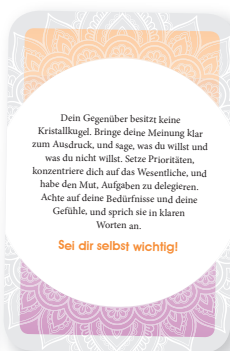
Michèle Voigt lives with her family in the Odenwald. She is a physiotherapist and works with relaxation techniques on a daily basis. Since 2008 she has also been the owner of a foot care and massage studio. It is her passion to help people relax, calm down and slow down their lives.
michele.voigt.digital

Strength and trust in times of crisis

There are moments when life demands a lot from us and drags us outside of our comfort zone. Often then, we feel lost or powerless and our thoughts revolve around the question: How will we go on now?

These impulse cards with clear messages and thought-provoking impulses show us where our very own sources of strength lie and how we can draw new energy and zest for life from them. Strengthened in this way, we face challenging times full of trust and confidence and can even grow with the crisis.

- › clear tips and impulses which lead to more vitality and self-confidence
- › author is a psychological-spiritual advisor and Zen master



»Learn to set limits.
Say no!«

Already more than
1,000 copies sold



Sandy Taikyu Kuhn Shimu
My Sources of Strength
Cards boosting the zest for life

card deck
100 x 150 mm
40 impulse cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9164-8

Publication: February 2021

Sandy Taikyu Kuhn Shimu's works
have been translated into 5 languages.



Sandy Taikyu Kuhn Shimu, born and raised in Zurich, is a Swiss author, Zen master and teacher for Asian arts of life and movement. She writes and teaches in Switzerland and abroad and lives and works in alignment with the WULIN principle she developed herself.
www.taikyu.ch | www.wulin.ch



Courage Starts
in Your Mind



Be Yourself

BACKLIST

Let your soul grow in harmony with the inner child

Already more than
1,900 copies sold

All challenges that we encounter in life are laid down in our soul plan and serve our development. When we come to earth, however, we forget what we have agreed to on the soul level. Thus we don't understand why we experience fear, pain, and loss. Especially the inner child, which is our most sensitive part, suffers from the effects of our soul contracts.

Susanne Hühn coaches us to recognize our contracts and to come to peace with and to grow from what we have experienced. She presents us numerous exercises with which we succeed in giving our inner child the love and security that it longs for so much. Only then we are able to fulfill our soul contracts and entrust ourselves to the loving stream of creation.

- › **Susanne Hühn is one of the most experienced and renowned experts regarding the spiritual work with the inner child**
- › **numerous problems in life are based on unfulfilled mental agreements**
- › **extended new edition**



Susanne Hühn **How to Recognise and Fulfill Soul Contracts**

Giving confidence and peace to your inner child

paperback
144 x 205 mm
144 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1479-1

Publication: May 2021



Susanne Hühn's works have been translated into 8 languages.



Shamanic Journeys



Healing the Inner Child

BACKLIST



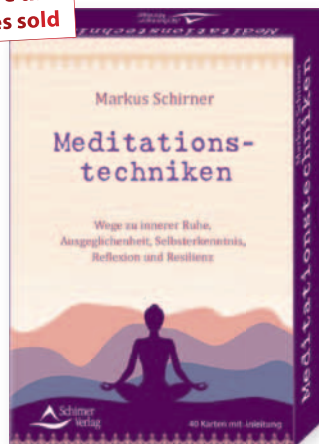
Susanne Hühn lives in Reinheim (Hesse) and is a trained life coach, holistic physiotherapist and a successful author of spiritual self-help books. Since 1986 she has been supporting people on their way to a fulfilled life. With her numerous books and CDs she is among Schirner's best-selling authors. Furthermore, she conveys her knowledge in speeches and seminars in Germany, abroad and online.
www.susannehuehn.de

All paths lead inside

Meditation lets us come to rest, relax and feel good; it gives us physical and mental strength and boosts our self-healing powers. Thanks to meditation, we can get to know ourselves better, get insights into the secrets of life, develop mindfulness and sense of union. This card set offers you an easy-to-understand introduction to the most common types of meditation. Be it to focus on the breath or the body, to let go, or to recharge your batteries – you can try out every technique and learn it quickly. You are guaranteed to find your favourite meditation(s)!

- › **author of the internationally successful books »Breathing Techniques« and »Pendulum Worlds«**
- › **fast way to your suiting meditation technique**
- › **simple instructions to get you started**

Already more than
1,700 copies sold



SELF-HELP / COUNSELLING

Markus Schirner

Meditation Techniques

Ways to peace of mind, inner harmony, knowledge and resilience

card deck

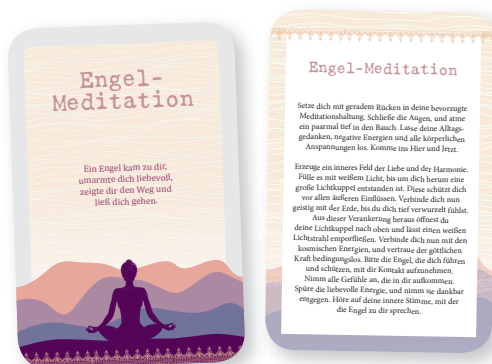
100 x 150 mm

40 cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9160-0

Publication: April 2021



»Angel Meditation.
An angel came to you,
hugged you lovingly,
showed you the way,
and let you go. «



Pendulum Worlds

BACKLIST



Markus Schirner is a trained teacher for kinesiology, »Brain Gym« and »Touch for Health« as well as a massage therapist. Among his further areas of expertise are aroma and herbal lore, meditation and breathing therapy as well as Buddhist philosophy. The Schirner Verlag, founded by Markus Schirner and his wife Heidi Schirner, is among the most important spiritually oriented publishing houses in Germany.
www.schirner.com

Markus Schirner's works have been
translated into 9 languages.

Are you just aware, or are you already soulful?

Living with all your soul is actually very easy: Unleash your intuition! Your soul, heart, mind and body immediately get in harmony again, and you feel faithfully carried by life. Yet there is always an inner voice that warns you: »You are not good enough. What will the others think of you? Life is not on your side.« But whose voice is that? Not the one of your soul!

This book is more than a guide to improve your intuition, it is a personal spiritual coaching for your soulfulness! In three steps you will find out why you cannot find true happiness in the outside, how you can finally free yourself from the ego's fears and limiting beliefs and how you – in connection with your soul – can really recognize yourself and develop your unique potential. In an encouraging, authentic and loving way, personal coach Alexandra Molina is at your side – with numerous exercises and selected examples from her coaching practice – and reminds you again and again: Everything you need for a fulfilled and happy life is already within you.

- › **modern combination of spirituality and personal development**
- › **with many exercises and meditations to strengthen self-compassion**

»Within yourself lies the world where your wishes and visions arise and you meet yourself. It is a world full of freedom, love, light and happiness.«
(Alexandra Molina)

Already more than
2,200 copies sold



Alexandra Molina
Soulfulness
Living with all your soul

softcover
170 x 240 mm
224 pages
colour illustrations throughout

€ 19,95 (GER)

ISBN: 978-3-8434-1466-1

Publication: April 2021



Live more, love more,
laugh more



Live more, love more,
laugh more

BACKLIST



Alexandra Molina from North Rhine-Westphalia worked for several years in the personnel management and marketing division of an international corporation. Following her interest in psychology, personality development and spirituality she completed trainings as a certified staff and business coach, as a Journey Practitioner according to Brandon Bays as well as a children and youth coach. She supports women in reconnecting with their intuition, building trust, gaining inner freedom and finding their soul's purpose.
www.amo-coaching.de

Come on, a great new beginning is waiting!

Already more than
1,800 copies sold

Whether it's a long-cherished wish, a professional reorientation or a complete restart – sometimes it's just time to change something. But what if your doubts prevail or you get overwhelmed by too many options? The cheerful, colourful aquarelles of this card deck give you the impulse to finally leave behind what no longer fits you. Humorous sayings and targeted coaching questions ...

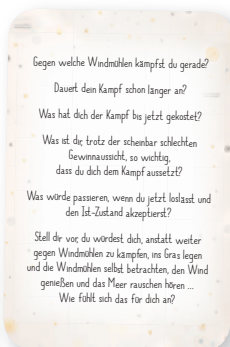
- open your heart and mind to new perspectives,
- give you courage to leave familiar settings and to enter new situations,
- and show you that it doesn't have to be challenging to give up pretended certainty.

Once the ifs and buts are overboard, you can resolutely set sails for your goal. Then all that remains is to implement the plan step by step.

- › **proven concept of encouraging images and coaching questions**
- › **applicable to all areas of life**
- › **Sabine Waldmann has been accompanying people in their reorientation for 18 years**



»Be careful that what cannot be changed does not change you.«



Sabine Waldmann
Today is the Best Day for a Restart!
Finding self-orientation and courage

card deck
100 x 150 mm
40 cards including instruction
coloured

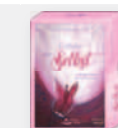
€ 19,95 (GER)

ISBN: 978-3-8434-9171-6

Publication: September 2021



Sabine Waldmann lives in Goldbach (Bavaria) and has been working as a freelance coach and trainer for 18 years. As a systemic consultant and organizational consultant (certified by DGSF e. V.), it is her passion to support people in defining their values and goals, implementing non-violent communication and making successes visible. In doing so, she works specifically with self-painted pictures in order to bring to light deep-seated desires and needs that otherwise remain hidden.
www.coachinglight.de



Unfold Your Self

BACKLIST

Using the elements' wisdom

Already more than
1,900 copies sold

When your heart is ready for a new love, but your head advises you to stay single first? When your gut feeling says that it is time for a professional reorientation, but your mind prefers security? What should you do then? It is often difficult to make the right decision.

This card deck offers you a simple and ingenious way to gain clarity: using the wisdom of the elements. The elements open up a space for you to delve deeply into questions of life, to look at your topics from all perspectives and to encounter the answers within you. You experience yourself in a new equilibrium and thus can make coherent decisions for yourself in every respect.

- › the ideal addition to »The Compass of Life«
- › modern, intuitive way of working with the medicine wheel
- › also usable as oracle deck



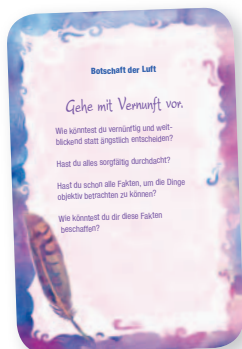
Susanne Hühn &
Anna-Rahel Morgentau
Compass of Life – the Coacing Cards
Finding to inner clarity guided by
the power of the elements

card deck
100 x 150 mm
40 cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9170-9

Publication: November 2021



»Use common sense.«



»This path is of
importance to you.«



Susanne Hühn lives in Reinheim (Hesse) and is a trained life coach, holistic physiotherapist and a successful author of spiritual self-help books. Since 1986 she has been supporting people on their way to a fulfilled life. With her numerous books and CDs she is among Schirner's best-selling authors. Furthermore, she conveys her knowledge in speeches, seminars and web seminars in Germany and abroad.
www.susannehuehn.de

Susanne Hühn's works have been
translated into 8 languages.



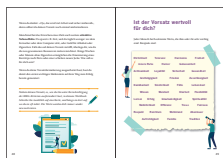
Anna-Rahel Morgentau lives in Gundelfingen (Baden-Wuerttemberg). She studied psychology and works in the management of a psychosocial online crisis counselling service. She loves to create new worlds with art.
www.anna-morgentau.de

Finding your individual path to success

Taking more time for friends, finally losing weight, living more environmentally conscious, doing yoga every day: We like to make good resolutions, especially for the New Year or for upheavals in life. But 80 percent of them are regularly thrown overboard after a few weeks. No wonder, since the goals often correspond to the wishes of someone else: our family doctor, our partner, or our boss ... It makes a huge difference if wishes are of our heart.

Kira Klenke shows us how we can formulate our plans constructively and convert annoying self-discipline into gratifying growth opportunities. Numerous self-coaching tools, proven motivational aids, mental techniques from brain research and a »fast lane« through the book for those in a hurry ensure that we will soon be able to say out proudly: »This time I really did it!«

- › 80 percent of all plans are not adhered to
- › numerous tried and tested tools for developing an individual success strategy
- › achieving goals with vigor and willpower



Dr. Kira Klenke
How to Successfully Implement Good Resolutions!

paperback
 144 x 205 mm
 152 pages
 colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1488-3

Publication: November 2021



Just for today

BACKLIST



Dr. Kira Klenke from Lower-Saxony is a retired professor and a successful author of self-help guides. She supports people in activating their inner guidance in order to find tailor-made solutions for problems and answers to questions in all situations. Intuitive writing has been her passion for 35 years.
www.kiraklenke.de

The power of good feelings

Already more than
1,100 copies sold

Feelings are like a compass that guides us through life. What scares us, we avoid, what we are angry about, we change, what gives us pleasure, we repeat. Theoretically. In reality, feelings often decelerate us, drag us down or are just exhausting.

Yet suppression of feelings is not the solution. Because everything we suppress sooner or later comes back to the surface with doubled force. Awareness coach and seminar leader Susanne Steidl shows us a better way, from changing the posture to realigning thoughts to working with the chakras. She gives us numerous tips and exercises with which we are able to accept unpleasant feelings and positively to act on them. This makes it easier for us to leave the lows of mood behind us and set a new course that will lead us to a happy life.

- › suppressed feelings can cause illnesses
- › many people are not at peace with their emotional world
- › extended new edition - now with a special on chakra work



Susanne Steidl
How to Handle Negative Feelings in a Positive Way

Ideas to make you happy

paperback
144 x 205 mm
128 pages
colour illustrations throughout

€ 12,95 (GER)

ISBN: 978-3-8434-1490-6

Publication: September 2021



Chakra Energy



Chakra Energy –
Guidebook for Everyday

BACKLIST



Susanne Steidl from St. Lorenzen (Austria) has been working as a trainer and coach in the fields of energy work, awareness-raising and personal development since 2003. She passes on her experiences in seminars and individual counselling. She works for and with people who take care of themselves and their heart's desires, willing to develop and take their lives into their own hands.

www.susanne-steidl.com

The best exercises for inner balance and happiness

Already more than
1,100 copies sold

Being mindful, living more consciously, communicating appreciatively ... Everyone has heard about that this is important. Mindfulness gives us more self-esteem and inner peace, yet even more than that: Those who live mindfully also lead happier relationships, are healthier and are less guided by their emotions! The popular Zen master and psychological-spiritual advisor Sandy Taikyu Kuhn Shimu shows us how to achieve this, with valuable tips for everyday life and numerous exercises for body and mind. This way we learn the secret of a happy and contented life!

- › making life easier with small changes
- › valuable lessons for all areas of life from a Zen master
- › mindfulness promotes inner strength and boosts self-worth



Sandy Taikyu Kuhn Shimu
Simply Mindful
Real life is the encounter with the here and now

paperback
144 x 205 mm
160 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1489-0

Publication: November 2021

Sandy Taikyu Kuhn Shimu's works
have been translated into 5 languages.



Serenity Made Easy



Courage

BACKLIST



Sandy Taikyu Kuhn Shimu, born and raised in Zurich, is a Swiss author, Zen master and teacher for Asian arts of life and movement. She writes and teaches in Switzerland and abroad and lives and works in alignment with the WULIN principle she developed herself.
www.taikyu.ch | www.wulin.ch

Have faith in life

Feeling inner security, living trustingly and knowing that you are well guided – wouldn't that be nice? If we follow our intuition, which is the wisdom of our soul, this wish can become reality. This card deck invites you to pause every now and then and consciously connect with your inner satnav. From affirmations to mudras further to visualisation exercises, a lot of various inspiring impulses help you to stay with yourself, to overcome doubts and to trust your inspiration. In this way, your intuition can reliably guide you towards happiness, self-development and satisfaction even in stormy times.

- › 40 exercises and tips that have been tried and tested in practice
- › for everyone who wants to trust their intuition
- › ideal addition to the book of the same title



»I was born with
the power of intuition.«



Alexandra Christina Bauer
Connect with Your Intuition
The inner satnav to happiness

card deck
100 x 150 mm
40 cards including instruction
coloured

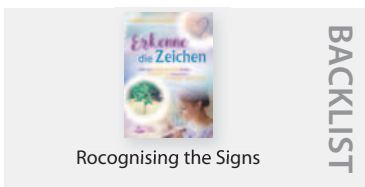
€ 19,95 (GER)

ISBN: 978-3-8434-9172-3

Publication: November 2021



Alexandra Christina Bauer lives in the heart of her hometown Munich. After several attempts to pursue a conventional career she turned her passion into her profession: that is accompanying other people in their efforts to lead an authentic life in accordance with their intuition. In her private practice for psychotherapy and coaching Alexandra Christina Bauer works with clients longing for a professional and private life that really meets their vital needs.
www.serenity-therapy.com



Recognising the Signs

BACKLIST

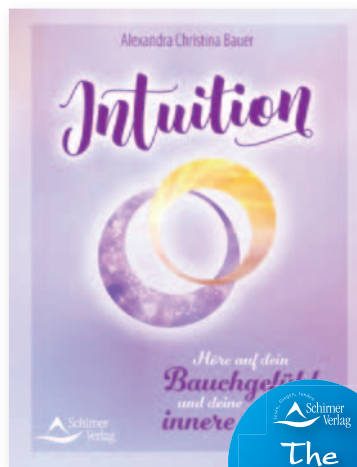
The heart's satnav

Our intuition knows exactly where to go. If we follow it, it will lead us safely into a fulfilled life full of trust, happiness and contentment – even if the path gets bumpy. To trust the inner voice, we have to listen to our heart completely. How this can be done, Alexandra Christina Bauer shows by simple exercises and meditations that strengthen the awareness of the self and our own needs and explain how we can stay with ourselves even in stressful everyday life. Beliefs are reprogrammed and doubts overcome so that the tender voice of intuition becomes a strong and reliable one again.

- › **extended new edition: more information, more exercises, and with a chapter about female intuition**
- › **exercises can be implemented immediately and without prior knowledge**
- › **for everyone who wants to slow down**
- › **ideal addition to the card set of the same title**



Alexandra Christina Bauer lives in the heart of her hometown Munich. After several attempts to pursue a conventional career she turned her passion into her profession: that is accompanying other people in their efforts to lead an authentic life in accordance with their intuition. In her private practice for psychotherapy and coaching Alexandra Christina Bauer works with clients longing for a professional and private life that really meets their vital needs.
www.serenity-therapy.com



Alexandra Christina Bauer
Intuition

Listen to your gut feeling and your inner voice

paperback
134 x 175 mm
136 pages
colour illustrations throughout

€ 9,95 (GER)

ISBN: 978-3-8434-1467-8

Publication: March 2021



How to Bring More
Magic into Your Life

BACKLIST

Living feminine power

To be a woman – what does that actually mean? Whether playful or tough, motherly or sensual, gentle or wild: Every woman has many different facets. Social expectations, classic role models or the rejection of these, however, often lead to aspects being suppressed and others being overemphasized. The result is an inner imbalance, which means that women do not live all of their strength. Susanne Hühn shows how women can find their way back into their midst. With the help of numerous exercises, the readers gain access to their femininity in all its diversity and learn how to gain the freedom to be completely themselves. In this way they create new spaces in which can unfold whatever wants to enter this world through them.

- › **powerful exercises to discover and strengthen true femininity**
- › **author gives seminars on the topic of »being a woman«**
- › **your inner woman finally finding home**



Already more than
1,200 copies sold



Susanne Hühn

A Haven for Your Inner Woman

How to find the wisdom of femininity and use its power of creation

gatefolded paperback
144 x 205 mm
160 pages
colour illustrations throughout

€ 17,95 (GER)

ISBN: 978-3-8434-1486-9

Publication: December 2021

Rights already sold: Spanish

Susanne Hühn's works have been translated into 8 languages.



The Imago Process



The Inner Adult

BACKLIST



Susanne Hühn lives in Reinheim (Hesse) and is a trained life coach, holistic physiotherapist and a successful author of spiritual self-help books. Since 1986 she has been supporting people on their way to a fulfilled life. With her numerous books and CDs she is among Schirner's best-selling authors. Furthermore, she conveys her knowledge in speeches and seminars in Germany, abroad and online.
www.susannehuehn.de

Embrace your inner child

Already more than
1,000 copies sold

Experiences from the childhood have a lasting impact on our future life. But the images and thoughts that we associate with this time are not always positive. Many people gloss over their childhood or suppress it completely, giving up conscious control over their actions and feelings; and then the inner child and the inner critic direct our life. Yet it does not have to be like this. Ulrike Dahm, an expert in systemic psychotherapy, uses numerous simple exercises and examples to show how stressful memories can be processed, emotional injuries can be healed and reconciliation with the past can take place. With a lot of empathy, she deals with the various aspects of the parent-child relationship and shows how we can leave behind the victim role and transform deficits into strengths.

- › many people want to reconcile with their past
- › numerous exercises and practical tips that can be implemented at once
- › valuable advisor, also for therapists
- › more than 14,000 copies sold of the previous edition



Ulrike Dahm
Make Peace with Your Childhood
How wounds of the past get healed

paperback
144 x 205 mm
176 pages
coloured, with illustrations

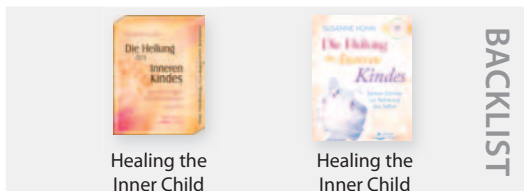
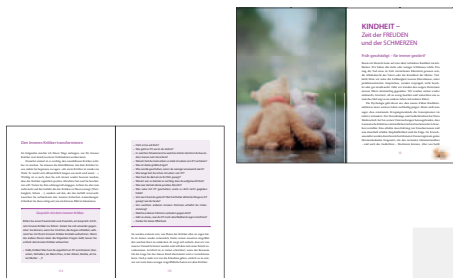
€ 16,95 (GER)

ISBN: 978-3-8434-1487-6

Publication: October 2021

Rights already sold: Czech

SELF-HELP / COUNSELLING



Healing the
Inner Child

Healing the
Inner Child

BACKLIST



Ulrike Dahm is a naturopath for psychotherapy, mindfulness trainer, and systemic family and couple therapist with her own practice in Munich. She is the author of several books and a trainer in voice dialogue and systemic constellation work. Her work focuses on the subjects of »self-worth and self-love«, »demarcation«, »closeness and distance« as well as family constellations according to Bert Hellinger.
www.psychotherapie-paartherapie-muenchen.de

Body in Balance



Tibetan Pulsing brings together body and soul

It has been known in the monasteries of Tibet for a long time: Every cell in the body consists of pulsating energy, and energetic blockages can lead to physical symptoms. The Tibetan Pulsing Healing makes these energies flow again via gentle pressure on the body together with the power of the heartbeat. The 24 »internal organs«, for example the heart, spleen and lungs as well as the Hara, and their specific topics undergo, one after another for two weeks each, special support corresponding to the so-called »organ calendar«; be it by means of mudra meditations, healing touches and partner exercises. This stimulates the self-healing powers, the body gets harmonised and vitalised, and negative feelings give way to clarity and peace of mind. Elvira Schneider, alternative practitioner and body therapist, has been using this traditional technique of healing and energy work for over 30 years, in which she was initiated by the founder of the method himself. Her indispensable basic manual is an introduction to Tibetan Pulsing, a comprehensive review of the 24 internal organs and at the same time an instructive practical book with numerous exercises, also for advanced users and therapists.

- › **effective technique for harmonizing the body**
- › **new: with intensive body-related partner exercises**
- › **also suitable for alternative practitioners and therapists**



Elvira Schneider is a naturopath and body therapist, both in her own practice and at »Gut Saunstorf – Ort der Stille« (Saunstorf Manor – Place of Silence) in Wismar, Mecklenburg-West Pomerania. She was an Osho student and learned Tibetan Pulsing Healing from Shantam Dheeraj in India. She received permission to pass on the technique in individual sessions and seminars. In addition, she acquired knowledge of Shiatsu, Yoga, trauma work (Somatic Experiencing), working with the Enneagram and homeopathy.
www.heilpraxis-schneider.de



Elvira Schneider **The Tibetan Pulsing Organ Calendar**

Harmonise the 24 internal organs with
the power of the heartbeat

softcover
170 x 240 mm
304 pages
colour illustrations throughout

€ 24,95 (GER)

ISBN: 978-3-8434-1475-3

Publication: April 2021

Rights already sold: Czech, Dutch

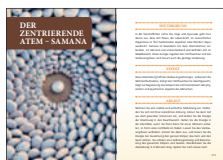
Elvira Schneider's works have been
translated into 1 language.

Would you like to be fully vitality again, work focused, or just be wide awake?

Then give your whole body a shake, pat your thymus gland, or do your kidneys a treat with a hot foot bath. Grant yourself a delicious Qi shot, or just move backwards. Surprisingly simple power kicks give you noticeably more energy.

75 tried and tested physical exercises, mental techniques for letting go and for concentration, tasty recipes and liberating breathing techniques will release blockages in the flow of energy and inspire you. Even a small, yet conscious smile has an unexpected effect. Try it out, and live your full strength again!

- › **more than 33,000 copies sold of the previous edition**
- › **the classic now extended and revised, with 30 new exercises and tips**
- › **all exercises and techniques are surprising and surprisingly simple**



Already more than
1,700 copies sold



Sandy Taikyu Kuhn Shimu
What Makes Your Energy Flow
75 surprisingly simple power kicks for every day

paperback
144 x 205 mm
176 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1477-7

Publication: May 2021

Rights already sold: Czech, English, Italian, Polish, Vietnamese

Sandy Taikyu Kuhn Shimu's works
have been translated into 5 languages.



Sandy Taikyu Kuhn Shimu, born and raised in Zurich, is a Swiss author, Zen master and teacher for Asian arts of life and movement. She writes and teaches in Switzerland and abroad and lives and works in alignment with the WULIN principle she developed herself.
www.taikyu.ch | www.wulin.ch



Small Daily
Sources of Energy



Vegan for
Happiness

BACKLIST

Based on the unique exercise concept of the experienced forest therapist

Already more than
4,000 copies sold

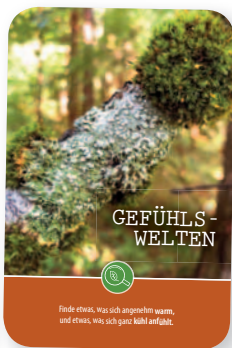
An outtime in the forest is simply beneficial – this is well known and even scientifically proven. Breathe aromatic forest air, listen to the noises on the forest floor and in the distance or feel the bark of a tree ... all of this is forest bathing and promotes well-being, strengthens the immune system and relieves stress.

If you are looking for new ideas to make your time in the forest even more conscious, you will find simple, powerful exercises for short breaks in the countryside on these cards. Mindfulness and breathing exercises, nature rituals and tree messages inspire you to deeply discover, experience and, above all, enjoy the forest.

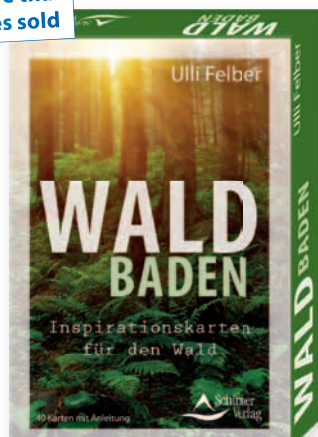
- › The author is one of the first international clinical forest therapists in Europe according to the INFTA
- › finding easily and intuitively to the right forest bathing exercise
- › recharging your batteries in nature in no time
- › ideal addition to the book of the same title



»Unity«



»Emotional Worlds«



Ulli Felber **Forest Bathing**

New exercises for your time in the woods

card deck
100 x 150 mm
40 exercise cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9156-3

Publication: March 2021

Ulli Felber's works have been translated into 5 languages.



Ulli Felber from Graz (Austria) is an experienced copywriter and has completed trainings as a burnout prophylaxis trainer, forest pedagogue and international clinical forest therapist according to the »International Nature and Forest Therapy Alliance« (INFTA). She offers individual sessions, workshops and training on the subject of »forest bathing« and has developed many exercises herself. Her exercise concept was published in 2019 in »International Handbook of Forest Therapy«.

www.waldwelt.at

The soul of a plant ...

Already more than
7,100 copies sold

... unfolds in its scent. Whether the grandmotherly spirit of ginger, which rekindles the fire of life, or the mysterious spirit of black pepper, which compensates for emotional wounds, these wisdom cards retain the original emotional and spiritual healing power of 40 plants and their devas. Sensitive messages, information on the plants' powers, application tips and healing affirmations make this card deck the perfect companion for everyone who wants to fathom the souls behind the beautiful scents and accept the gift of their healing power.

- › supports aromatherapy with short exercises and effective affirmations
- › profound soul messages from 40 plant spirits



Dennis Möck & Ulrike Annyma Kern
The Healing Power of Plant Spirits
Wisdom oracle

card deck
100 x 150 mm
40 spirit cards including instruction
coloured

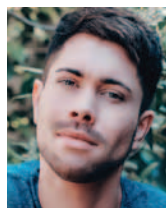
€ 19,95 (GER)

ISBN: 978-3-8434-9159-4

Publication: April 2021



»Palo Santo (Bursera graveolens).
Power of Sun and Fire.«



Dennis Möck lives in Dreieich, Hesse. He is a trained mental coach and successful blogger. He offers individual sessions and online courses as well as trainings, and organizes retreats and workshops on the topics of »inner-world journeys«, »shift in awareness«, »Ayurveda«, »aromatherapy« and »modern rituals«.

www.dennismoeck.com



Ulrike Annyma Kern, artist, author and life coach, has been accompanying people on their spiritual path for more than 15 years. In her seminars and trainings as well as through her books, card decks and artwork she conveys the nature of universal divine energies and the way they work. Together with her husband she lives in Herboren, Hesse, and supports people in finding to themselves and carrying the light of their soul essence into the world.

www.ulrikeannymakern.com

Simply releasing blockages by holding energetic points on the body

Already more than
2,000 copies sold

Every now and then, life confronts us with challenges and difficult times. Sylvia Bieber, an expert in holistic life counselling, developed a method with which you can support your body, mind and soul on your own if things don't go so smoothly and stuck issues are burdening your everyday life.

By holding one of the 21 Energetic Information Points (EIPs), which are clearly shown on illustrative photos, and speaking the associated affirmation, you can address your soul via the body level and integrate specific positive information into your cell system. Peace of mind returns, joy and vitality spread again and pave the way for new solutions. Whether with yourself, your loved ones or your clients – you can use the method directly and without prior knowledge. Give it a try!

- › achieving a harmonious soul life and zest for life by holding specific body points
- › usable by anyone without prior knowledge
- › also suitable for therapists and trainers



Sylvia Bieber
**Energetic Touting for
Emotional Balance**
How to work with the
21 Energetic Information Points

paperback
144 x 205 mm
176 pages
colour illustrations throughout

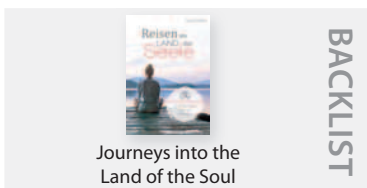
€ 14,95 (GER)

ISBN: 978-3-8434-1473-9

Publication: March 2021



Sylvia Bieber works as a coach in her own practice in Goldbach, Bavaria, since 1994. In several institutions and private academies she acquired her qualifications as a certified mental trainer, psychological counsellor, energy therapist (according to Dr. Banis), hypnotherapist, inner-world therapist and coach. She has been conducting seminars on the topic of »development of conscious being« in Germany and abroad, and has been training instructors, inner-world therapists and coaches for more than 25 years.
www.sylvia-bieber-coaching.de



Journeys into the
Land of the Soul

Zest for life is just a breath away

Smelling is the sense most strongly linked to the soul, and this is why fragrances are connected to our emotions in a special way: They make us dream, help us to concentrate and to find inner balance, or evoke pleasure and well-being.

The expert for essential oils Karin Opitz-Kreher and the experienced diplom pedagoge and coach Michelle Amecke show you how you can use various fine fragrances in a targeted manner to meet the challenges of everyday life. Get into action with peppermint, increase the zest for life with orange, relax with lavender, or ground yourself with blue spruce ... With many examples, application possibilities and smell combinations, the authors provide you with an extraordinary toolbox to get rid of everyday worries from A to Z.

- › written by experts on aromatherapy and coaching
- › offering quick solutions to everyday worries
- › more than 40,000 sold copies of Karin Opitz-Kreher's books on the field of »aromatherapy«



Already more than
1,600 copies sold



Karin Opitz-Kreher & Michelle Amecke **The Fragrance Coach**

How to increase zest for life, emotional clarity and decisiveness with the help of essential oils

paperback
144 x 205 mm
280 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1476-0

Publication: June 2021



Karin Opitz-Kreher is trained in Aura Soma, Aura Soma Bodywork and the harmonisation of foot reflex zones. She works in her own wellness practice focusing on stress reduction and harmonisation. Since 2013 she has been using the traditional knowledge about essential oils and offering workshops in this field.

www.lebeenergetisch.de

Karin Opitz-Kreher's works have been translated into 2 languages.



Michelle Amecke is a qualified pedagoge, systemic coach and couples therapist. She works in the fields of »self-leadership« and »embodiment« and has combined coaching and body therapy for over 15 years. Since 2020, she has also been using the knowledge of human design and gene keys in her consultations to mindfully transform lingering conditionings.

www.michelle-amecke.de

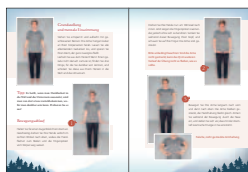
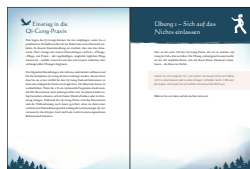
For health, power and a peaceful mind

Already more than
2,300 copies sold

Free Flow, the technique of free energy flow, is still little known, yet it is highly effective! It can be practiced independently or after any Qi Gong exercise. The Free Flow strengthens the Qi, breaks blockages in the meridians and sets deep healing impulses. The experienced Qi Gong teacher Frithjof Krepp shows in this book how everyone can find their way into Free Flow.

An insight into three popular Qi Gong systems and many illustrative photos of the move sequences allow an easy introduction and are a valuable source of inspiration even for advanced learners. The Meridian Tapping Techniques, an ideal complement to Qi Gong, even make it possible to dissolve beliefs and stressful thoughts that prevent an effective Qi Gong practice. Thus it is very easy to throw off emotional baggage and take health, strength and zest for life into your own hands!

- › **Free Flow makes Qi Gong even more effective**
- › **author was instructed in Free Flow Qi Gong by Master Bai Yin**



Frithjof Krepp **Free Flow Qi Gong and Meridian Tapping Techniques**

How to boost vitality and zest for life with energetic move sequences

softcover
162 x 220 mm
208 pages
colour illustrations throughout

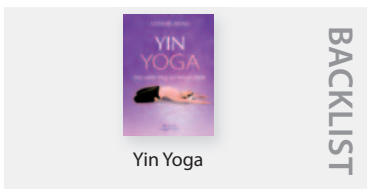
€ 19,95 (GER)

ISBN: 978-3-8434-1474-6

Publication: April 2021



Frithjof Krepp lives in Bad Homburg v. d. H., Hesse, and has been involved in relaxation techniques, psychology, mental training and alternative medicine for 35 years. He has been practicing Qi Gong himself since 1996, and in 2001 he received the qualification to teach »Qi Gong for Life« from Master Bai Yin. He regularly gives seminars on Qi Gong and meridian tapping techniques all over Germany and also offers holiday seminars in Crete (Greece).
www.lebensenergie-coaching.de



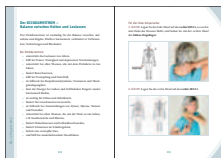
BACKLIST

Easy to apply energetic self-help

Laying on your hand when you are in pain is a reflex known by everyone. For example, if you have a headache or stomach ache, you automatically reach for the affected area to provide relief. With Jin Shin Jyutsu, also called healing touch, you can make conscious use of this intuitive knowledge: By touching specific spots on the body, the blockages that cause the complaints are released. This causes the energy of life to flow freely again and the pain to disappear.

The experienced Jin Shin Jyutsu practitioner Tina Stümpfig shows you with simple explanations and numerous illustrations how to apply this method on yourself. Whether general pain relievers, comprehensively harmonising touch sequences or grips that have a targeted effect on certain ailments – there is a remedy for any pain.

- › **fast, natural self-help for acute and chronic pain**
- › **Jin Shin Jyutsu is also used for prevention**
- › **usable immediately without prior knowledge**
- › **already more than 42,000 sold copies of the author's books on the field of »Jin Shin Jyutsu«**



Already more than
1,400 copies sold



Tina Stümpfig
Healing Touch to Ease Pain
Jin Shin Jyutsu as a quick remedy
against everyday issues

paperback
144 x 205 mm
264 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1492-0

Publication: August 2021

Rights already sold: Polish

Tina Stümpfig's works have been
translated into 6 languages.



Jin Shin Jyutsu
for Resilience and Bliss



Jin Shin Jyutsu
for Cats

BACKLIST



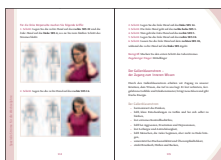
Psychologist and special educator **Tina Stümpfig** lives in the Allgäu region and has been working as a Jin-Shin-Jyutsu practitioner for many years, treating both human patients and animals. During individual treatments as well as in group seminars she shows that everything we need to be healthy and happy lies within ourselves. She has already published several reference books on the subject of »Jin Shin Jyutsu«.
www.harmonie-in-der-mitte.de

Gentle and natural self-help for HER

Already more than
1,100 copies sold

Hot flushes, mood swings, insomnia, lack of concentration, weight gain, exhaustion ... During the menopause, the woman's body and psyche seem to go crazy. Jin Shin Jyutsu is a gentle art of healing, which facilitates the hormonal change, alleviates symptoms and allows us to enter the new phase of life with full confidence. All we need are our hands: These are placed on certain energy points on the body in order to harmonize the flow of life energy. The experienced Jin Shin Jyutsu practitioner Tina Stümpfig explains in an easy-to-understand manner using numerous illustrations how to use the various handles on oneself and thus regain physical and mental balance.

- › around 75% of all women experience menopause symptoms
- › Jin Shin Jyutsu is a natural alternative to hormone therapy
- › **already more than 42,000 sold copies of the author's books on the field of »Jin Shin Jyutsu«**



Tina Stümpfig
Jin Shin Jyutsu and the Menopause
Healing touch for a natural hormonal balance

paperback
144 x 205 mm
184 pages
colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1470-8

Publication: April 2021

Tina Stümpfig's works have been translated into 6 languages.



Jin Shin Jyutsu
for Dogs



The Jin Shin Jyutsu
Medicine Chest

BACKLIST



Psychologist and special educator **Tina Stümpfig** lives in the Allgäu region and has been working as a Jin-Shin-Jyutsu practitioner for many years, treating both human patients and animals. During individual treatments as well as in group seminars she shows that everything we need to be healthy and happy lies within ourselves. She has already published several reference books on the subject of »Jin Shin Jyutsu«.
www.harmonie-in-der-mitte.de

Your face – a true image of your health

We all want to enjoy life, eat to our heart's content and at the same time stay healthy as long as possible. Not always, however, do we provide our bodies with everything they need. It's in our faces where these deficits eventually become apparent. If we discover puffiness, reddening, paleness or blemishes these issues are usually due to an undersupply of certain nutrients. Reduced performance, discomfort, sleep and concentration difficulties or constipation frequently are the result.

As an expert in face reading Eric Standop points out the facial characteristics and changes in our faces' appearance indicating mineral deficiencies and particular metabolic insufficiencies. Sample photos allow us to recognize certain deficiencies ourselves and easy-to-follow nutritional tips help us balance them and restore our inner health so we can radiate our regained vitality.

- › »feeling healthy« and »looking healthy« are closely related aspects of our well-being
- › simple explanations and many illustrations demonstrate the strong link between deficiency symptoms and facial characteristics
- › internationally acclaimed author and founder of the »Face Reading Academy«, who is also known as a TV expert on the topic of »face reading«

Already more than
2,000 copies sold



Eric Standop
**Spotting and Balancing
Mineral Nutrient Deficiency
and Metabolism Weakness**
Face Reading

paperback
120 x 170 mm
112 pages
colour illustrations throughout

€ 6,95 (GER)

ISBN: 978-3-8434-5184-0

Publication: March 2020

Eric Standop's works have been
translated into 3 languages.



Eric Standop started his career in the entertainment business where he held leading positions. He had to quit due to severe health problems and subsequently devoted himself to holism. Today, he advises and teaches people from all over the world as a face reader. He is skilled in facial diagnosis and physiognomy as well as in the art of the Siang-Mien masters from China. He heads the »Academy of Face Reading« in Hong Kong and is a lecturer for relaxation techniques at the Pedagogic University of Karlsruhe, Germany.
www.gesicht-lesen.de



Character and
Personality



Detecting and Under-
standing Diseases

BACKLIST

Spotting specific health problems in the eyes – and doing something about it

Already more than
1,100 copies sold

If the eyes change and the eye-sight suffers, the quality of life decreases immediately. But there is not always an eye disease or ametropia behind it – neurological, autoimmune or infectious diseases may affect the organs of vision as well.

Yet illnesses are a physical expression of inner disharmonies. The well-known eye trainer and master optician Caroline Ebert and the psychological health advisor Andreas Ebert examine the complex interrelations of diseases that can »get into the eye«. Be it migraine, rheumatism, multiple sclerosis, Parkinson's or tumors, the authors explain the specific messages of an ailment. With gentle methods such as meditations, essential oils, medicinal herbs and eye exercises, they give you the opportunity to do something beneficial for your health on your own.

- › **easy-to-understand presentation of the medical background**
- › **comprehensive overview of the underlying diseases behind eye disorders**
- › **already more than 36,000 sold copies of Caroline Ebert's books on the field of »eye health«**
- › **Caroline Ebert is a master optician as well as an eye trainer according to Bates**



Caroline Ebert & Andreas Ebert
How Diseases Reflect in the Eyes
The mental background of vision problems

paperback
144 x 205 mm
248 pages
colour illustrations throughout

€ 16,95 (GER)

ISBN: 978-3-8434-1472-2

Publication: April 2021



Caroline Ebert is a master optician, holistic eye trainer and eye kinesiologist. The techniques she teaches allowed her to successfully treat her own short-sightedness. She runs the eye school »Eyeland« where she already could help many patients and regularly holds eye training courses in companies.
www.augenschule-eyeland.de

Caroline Ebert's works have been translated into 1 language.



Andreas Ebert is trained as a psychological health advisor, as a hearing trainer according to Anton Stucki and as a holistic vision trainer according to Caroline Ebert. He uses the complementary techniques for both individual consultations and training.

Indulge your soul with scents

The most important thing about working with essential oils is to know their effects and possible uses. But in practice, aromatherapy is way more complex. Why else do we feel drawn to one scent one day and dislike it another? Why do some people feel reminded of the most beautiful hours of their childhood by the aroma of vanilla, whereas in others it awakens the pressure to perform or the fear of deep relationships? To understand this, we have to take a look behind the classic themes of aromatherapy and fathom the true soul of plants.

Dennis Möck and Corinna Hanika have decades of experience in the practical use of essential oils and guide us to find an individual approach to the plant essences. We learn how we use scents to create a space in which individual growth and the development of potential are possible and how we use fine scents in a targeted manner to strengthen ourselves emotionally, physically, mentally and energetically. Many tips, wonderful scent recipes and a holistic view at selected essential oils provide inspiration for our daily »oil routine«, unleash our zest for life and allow us to express our true selves.

- › authors are experts in the field of »aromatherapy«
- › aromatherapy linked to the topic of »lifestyle«
- › the holistic applications can easily be integrated into everyday life

Already more than
3,000 copies sold



Dennis Möck & Corinna Hanika
Holistic Aromatherapy for the Soul
 Unfold your potential guided by
 essential oils

paperback
 162 x 220 mm
 208 pages
 colour illustrations throughout

€ 18,95 (GER)

ISBN: 978-3-8434-1494-4

Publication: October 2021



Dennis Möck lives in Dreieich, Hesse. He is a trained mental coach and successful blogger. He offers individual sessions and online courses as well as trainings, and organizes retreats and workshops on the topics of »inner-world journeys«, »shift in awareness«, »Ayurveda«, »aromatherapy« and »modern rituals«.
www.dennismoeck.com



Corinna Hanika is a trained librarian and bookseller. Her connection to nature and her interest in people led her early on through various trainings on the topic of »essential oils«. For more than 15 years she has been offering courses and coaching in the field of »personality development«. In addition, she leads a large network marketing team. She lives in Berlin and works all over the world.
www.corinnahanika.com

The colourful world of stones and gemstones

Already more than
4,200 copies sold

Diamonds, amethysts, emeralds ... these and many more of earth's treasures are not only beautiful, valuable and colourful, they also bear healing powers. Be it the relaxing amazon stone, the encouraging and energising garnet or the protective serpentine: Your children will find the stone that helps them with learning, dispels their worries or strengthens their self-confidence, and they will learn surprising and fascinating things about stones and gemstones, their powers and how to use them. Moreover, wonderful dream journeys and entertaining games await these young fans and curious treasure hunters.

- › offering everything that children love about gemstones and minerals
- › explanations, games and imaginary journeys specially tailored to the needs of children
- › for children of age 8 years and older
- › **already more than 47,000 sold copies of Ulla Rosenberger's books on the field of »stones and gemstones«**



Ulla Rosenberger **Amazing Healing Stones for Children**

With trivia, games and dream journeys
for little adventurers

paperback
144 x 205 mm
144 pages
colour illustrations throughout

€ 12,95 (GER)

ISBN: 978-3-8434-1498-2

Publication: July 2021

Rights already sold: Dutch

Ulla Rosenberger's works have been
translated into 2 languages.



The Shungite



Power- and
Protection Stones

BACKLIST



Ulla Rosenberger lives in Mühltal, Hesse. During her goldsmith apprenticeship and mastership, she approached geology, mineralogy and gemmology (classification of gemstones). She found access to the lore of healing stones in 1992 and has devoted herself to their powers ever since. Furthermore, she is a yoga trainer specialising in teaching children as well as a trained pedagogue.

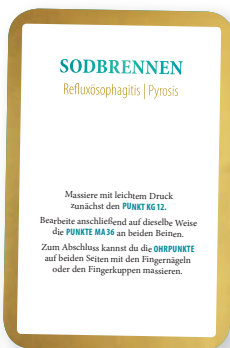
Be it a cold, toothache, tinnitus ...

... or be it high blood pressure, migraines, hay fever or menstrual pain – we can give ourselves first aid with our own hands, thanks to the cards' clear illustrations and exact descriptions. By stimulating certain reflex points on the skin, we activate the self-healing powers and can alleviate or even simply »push away« many everyday complaints. The reason is that energetic pathways run through the body, and these can be used to influence any organ system. Acupressure is a traditional method that brings movement into blocked energies and thereby can bring about healing.

- › simple technique free of side-effects that can be used without training
- › quick help with the most common ailments in everyday life
- › internationally successful and well-known author



»Heartburn«



Already more than
1,400 copies sold



Markus Schirner
First-Aid Acupoints
How to activate self-healing processes
and alleviate everyday discomfort

card deck
100 x 150 mm
41 cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9174-7

Publication: October 2021



Breathing Techniques

BACKLIST



Markus Schirner is a trained teacher for kinesiology, »Brain Gym« and »Touch for Health« as well as a massage therapist. Among his further areas of expertise are aroma and herbal lore, meditation and breathing therapy as well as Buddhist philosophy. The Schirner Verlag, founded by Markus Schirner and his wife Heidi Schirner, is among the most important spiritually oriented publishing houses in Germany.
www.schirner.com

Markus Schirner's works have been
translated into 9 languages.

Tasty tricks with concentrated plant essences

Essential oils are not only full of scent, they are also health boosters because they contain the concentrated power of plants. So why should we only enjoy their fragrance? The oil expert and passionate hobby cook Karin Opitz-Kreher describes in her delicious recipes how we can spice up our food with concentrated plant essences. With sophisticated scent and flavor profiles, we give our dishes that certain something and also support our health, because the valuable ingredients of the essential oils can heal, detoxify and rejuvenate us! From Asparagus salad with lemon oil to grilled tomatoes with marjoram oil further to a tart with lavender oil, from savory to sweet, from snacks to feasts: Here every creation offers a drop more of pleasure.

- › well-known and successful expert for essential oils
- › author impressed professional chefs and culinary experts in the TV show »Küchenschlacht« (Kitchen Battle)
- › Karin Opitz-Kreher is a writer for numerous blogs



Karin Opitz-Kreher **Cooking Lifehacks**

How to boost food and drinks with essential oils
With 78 recipes

softcover
144 x 205 mm
192 pages
colour illustrations throughout

€ 18,95 (GER)

ISBN: 978-3-8434-1495-1

Publication: October 2021

Karin Opitz-Kreher's works have been translated into 2 languages.



Radically Holistic
Detoxification



Facial Oils

BACKLIST



Karin Opitz-Kreher is trained in Aura Soma, Aura Soma Bodywork and the harmonisation of foot reflex zones. She works in her own wellness practice focusing on stress reduction and harmonisation. Since 2013 she has been using the traditional knowledge about essential oils and offering workshops in this field.

www.lebeenergetisch.de

A valuable card deck, even for advanced users!

Qigong is a traditional combination of meditation, the art of movement and breathing techniques originating in Traditional Chinese Medicine (TCM). It strengthens our vitality, trains our muscles and stimulates the circulation as well as it promotes mental and spiritual development and inner stability. With the help of this exercise card deck, it is very easy to put together a tailor-made Qigong programme at home without professional guidance. Physical, energetic and meditative figures are clearly explained and can be combined according to individual needs.

- › **Qigong has been confirmed to be beneficial to health in scientific studies**
- › **offering all exercises that Qigong beginners need for their practice**
- › **the cards can be combined with one another as you wish**

Already more than
1,600 copies sold



Reinhold Becker
Qigong for Your Health
Easily arranging simple exercises

card deck
100 x 150 mm
39 cards including instruction
coloured

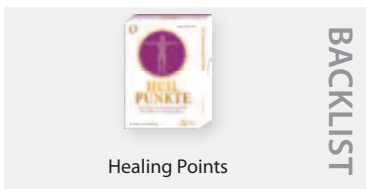
€ 19,95 (GER)

ISBN: 978-3-8434-9175-4

Publication: October 2021



»The Primordial Wave«



Healing Points



Reinhold Becker is a Qigong teacher in the Spessart, Hesse/Bavaria, and looks after several groups both privately and at two adult education centers. Together with her teacher Emil Sandkuhl, she published four reference books on Qigong. During the Corona-related non-teaching time, their students increasingly wanted to have a simple aid for independent practice. Out of this impulse she developed her first card deck.

Never again hurting eyes

Home office, online meetings, streaming ... more than ever, we spend many, many hours in front of screens. With this we put a lot of strain on our organs of vision: Burning eyes, poor concentration and myopia among others can be the consequences. The master optician and eye trainer Caroline Ebert and the specialist for essential oils Karin Opitz-Kreher have therefore designed a wellness program for the eyes that is unique on the market! Their combination of tried and tested eye-training techniques and aromatherapy works like a short break for the sense of sight. In this way, we quickly regain full view, both professionally and privately, both literally and metaphorically.

- › offering suitable measures for everyday use for screen work as well as acute eye problems
- › written by experts on essential oils and eye healing
- › with oil applications for the treatment of the most common ametropia and eye diseases



Karin Opitz-Kreher & Caroline Ebert
Aromatherapy for the Eyes
 How to relax and strengthen stressed eyes with essential oils and eye training

paperback
 144 x 205 mm
 176 pages
 colour illustrations throughout

€ 14,95 (GER)

ISBN: 978-3-8434-1496-8

Publication: November 2021



Caroline Ebert is a master optician, holistic eye trainer and eye kinesiologist. The techniques she teaches allowed her to successfully treat her own short-sightedness. She runs the eye school »Eyeland« where she already could help many patients and regularly holds eye training courses in companies.
www.augenschule-eyeland.de

Caroline Ebert's works have been translated into 1 language.



Karin Opitz-Kreher is trained in Aura Soma, Aura Soma Bodywork and the harmonisation of foot reflex zones. She works in her own wellness practice focusing on stress reduction and harmonisation. Since 2013 she has been using the traditional knowledge about essential oils and offering workshops in this field.
www.lebeenergetisch.de

Karin Opitz-Kreher's works have been translated into 2 languages.

Let your energy flow – and do something beneficial for yourself and others!

Already more than
2,800 copies sold

Everyone of us bears the universal healing power within themselves. But most of us do not know that they also have the ability to transfer energy, or they do not dare to do so. Tanja Kohl, Reiki teacher and hypnosis coach, step by step introduces you to this gift that is dormant in you. She shows you how you can let the healing energy flow out of your own hands and how you can use it in a targeted manner. Whether you want to give well-being to your loved ones or take your health into your own hands, you will be surprised how easy it is.

- › healing with laying-on hands explained easily
- › numerous tips on how the self-healing powers and well-being can be strengthened
- › usable in conjunction with conventional medical therapy



Tanja Kohl
Healing Hands
The basics of energetic healing

softcover
162 x 220 mm
160 pages
colour illustrations throughout

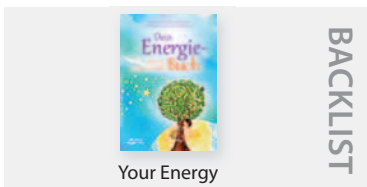
€ 17,95 (GER)

ISBN: 978-3-8434-1493-7

Publication: September 2021



Tanja Kohl, who lives with her family and her dogs in Lower Saxony, works as a Reiki teacher and NLP-hypnosis coach in her own practice. For many years now she has been touching people with her books and supporting them in courageously following their own path.
www.energie-zentrum-kohl.de



BACKLIST

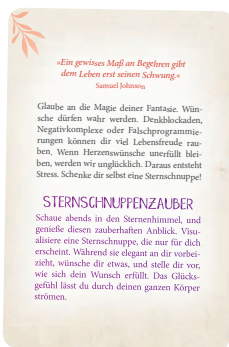
Create yourself islands of tranquility – every day!

The experienced relaxation coaches Abbas Schirmohammadi and Christiane Krieg have put together a large repertoire of easy-to-implement methods for you: short meditations, healing touch or autogenic training – the exercises, guided on handy cards, quickly calm your mind and support your well-being. Physical and mental overload, stress-related illnesses and the dreaded burn-out no longer stand a chance. Get into relaxation – and you will find your way back to health and unshakable zest for life!

- › simple methods usable without prior knowledge
- › experienced authors of numerous CDs on various topics
- › a daily relaxation routine is recommended also by academic medicine and health insurances



»Shooting Star Magic«



Already more than
1,200 copies sold



Abbas Schirmohammadi &
Christiane Krieg
Simply Relaxed
40 ways to come down, reduce stress
and recharge your batteries

card deck
100 x 150 mm
40 cards including instruction
coloured

€ 19,95 (GER)

ISBN: 978-3-8434-9173-0

Publication: August 2021



Abbas Schirmohammadi is a naturopath for psychotherapy, high performance coach and mediator. He is one of Germany's leading experts on the fields of »coaching« and »autogenic training«. In his practice he works with client-centered conversation, relaxation techniques and solution-oriented coaching. For over 15 years he has been helping clients to achieve more success, health and happiness. He is the author of numerous psychological books as well as relaxation, mental training and coaching CDs.
www.abbas-schirmohammadi.de



Christiane Krieg, trained animal communicator and holistic coach, lives with her husband and their animals near Hamburg. Training in healing touch, shamanism and quantum healing complete her repertoire, with which she works as an animal interpreter, medium and life coach. She seeks to help each individual to unveil and strengthen their soul light, which is often covered under beliefs and old injuries.
www.christianekrieg.com

Selected Titles – SUCCESSFULLY LICENSED

Bestseller



Ulrich Emil Duprée
Ho'oponopono
Small Series (March 2011,
Relaunch May 2018)

Rights sold: Croatian, Czech,
Dutch, English, French,
Hungarian, Italian, Polish,
Portuguese, Russian, Slovenian,
Spanish, Turkish, Vietnamese



Ulrich Emil Duprée
**Ho'oponopono und
Family Constellation**
Paperback (August 2015)

Rights sold: Czech, English,
French, Hungarian, Italian,
Portuguese, Slovenian, Spanish



Markus Schirmer
Breathing Techniques
Paperback (October 2000,
Relaunch July 2020)

Rights sold: Czech, Dutch, French,
Hungarian, Italian, Polish, Spanish



Lothar Ursinus
The Organ Clock
Compact Series (November 2009,
Relaunch July 2016)

Rights sold: Czech, Dutch, English,
Hungarian, Italian, Polish, Spanish

Bestseller



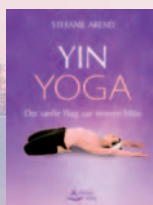
Ulli Felber
Forest Bathing
Small Series (March 2018)

Rights sold: Czech, French, Italian,
Polish, Spanish



Jeanne Ruland
Power Animals
Accompany your Life
Softcover (May 2004,
Relaunch March 2017)

Rights sold: Czech, Dutch,
Hungarian, Polish



Stefanie Arend
Yin Yoga
Paperback (October 2011)

Rights sold: Czech, Dutch, French,
Italian



Susanne Hühn
Healing the Inner Child
Paperback (February 2008,
Relaunch June 2017)

Rights sold: Czech, Dutch, French,
Polish

Bestseller



Markus Schirmer
Pendulum Worlds
Paperback (April 1995,
Relaunch May 2018)

Rights sold: Czech, French,
Lithuanian, Polish, Spanish



Barbara Heider-Rauter
**The Power of the
Horizontal Eight**
Compact Series (June 2016)

Rights sold: Czech, English,
Spanish

Selected Titles – SUCCESSFULLY LICENSED



Tina Stümpfig
Jin Shin Jyutsu for Resilience and Bliss
Paperback (August 2017)

Rights sold: French, Italian, Spanish

Bestseller



Jeanne Ruland
The Secret of the Twelvenights
Small Series (November 2009, Relaunch September 2019)

Rights sold: Dutch, English, Spanish



Lisa Biritz
Shamanic Fasting
Paperback (March 2015)

Rights sold: Czech, French, Polish



Georg Huber
Energetic Room Cleansing
Compact Series (February 2009, Relaunch October 2020)

Rights sold: Czech, Hungarian, Polish



Jeanne Ruland & Shantidevi Felgenhauer
Ancestral Healing
Paperback (October 2013, Relaunch September 2019)

Rights sold: English, Italian



Christine Arana Fader
Soul Realm
Card Deck with Guidebook (February 2019)

Rights sold: English, Spanish



Karin Opitz-Kreher & Dr. med. dent. Jutta Schreiber
Essential Oils for Healthy and Pain-Free Teeth
Compact Series (February 2018)

Rights sold: Czech, English



Eric Standop
Facereading – Character and Personality
Paperback (October 2012)

Rights sold: Dutch, Spanish



Barbara Simonssohn
Acidosis Therapy
Compact Series (September 2016)

Rights sold: Italian, Polish



Lothar Ursinus
My Blood Tells Me...
Paperback (January 2015, Relaunch September 2019)

Rights sold: Dutch, Polish

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Birkenweg 14a
D-64295 Darmstadt
+49 6151 39 18 31 03
rights@schirner.com

Agents

Agence Schweiger

Christian Schweiger
Passage Francois Miquel
F-46090 Pradines
+33 622 45 56 87
France
christian@schweiger.fr

CoHerence Media

Dr. Hueiling Yen
2 F., No.24, Ln. 332, Yongzhen Rd., Yonghe Dist.,
New Taipei City 23446, Taiwan
dr.hueiling.yen@gmail.com

Sabine Weeke Agency

Sabine Weeke
4 Bay Views, Forres IV36 3XY
Moray
United Kingdom
sabine@findhornpress.com